

# Trimtex MTBO-14 afd.

# Strekketider

Rold Skov-15-09-2018

Class Navn

Klasse

Tid

## D14

<b>1</b>	<b>Theresa Skouboe</b>	<b>6</b>	<b>1:04:54</b>												
03:47=	10:44=	13:58=	19:49=	23:40=	29:43=	32:20=	39:44=	44:19=	47:34=	49:18=	52:26=	56:14=	60:29=	63:50=	64:54=
03:47=	06:57=	03:14=	05:51=	03:51=	06:03=	02:37=	07:24=	04:35=	03:15=	01:44=	03:08=	03:48=	04:15=	03:21=	01:04=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### Beste strekketid for klassen

03:47 06:57 03:14 05:51 03:51 06:03 02:37 07:24 04:35 03:15 01:44 03:08 03:48 04:15 03:21 01:04

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D20

<b>1</b>	<b>Christine Reibert Hansen</b>	<b>1</b>	<b>1:07:45</b>																			
01:09=	03:23=	05:05=	08:51=	12:30=	15:01=	16:59=	20:27=	23:25=	26:14=	30:51=	35:27=	39:17=	43:53=	46:47=	51:47=	54:38=	56:30=	58:54=	61:45=	65:27=	67:00=	67:45=
01:09=	02:14=	01:42=	03:46=	03:39=	02:31=	01:58=	03:28=	02:58=	02:49=	04:37=	04:36=	03:50=	04:36=	02:54=	05:00=	02:51=	01:52=	02:24=	02:51=	03:42=	01:33=	00:45=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

### Beste strekketid for klassen

01:09 02:14 01:42 03:46 03:39 02:31 01:58 03:28 02:58 02:49 04:37 04:36 03:50 04:36 02:54 05:00 02:51 01:52 02:24 02:51 03:42 01:33 00:45

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D21

<b>1</b>	<b>Anke Dannowski</b>	<b>15</b>	<b>57:48</b>																			
01:07=	03:02=	05:01=	08:16=	11:38=	14:23=	16:02=	19:14=	21:19=	23:41=	27:04=	30:32=	33:33=	37:15=	39:15=	42:56=	45:42=	47:56=	49:47=	52:28=	55:41=	57:05=	57:48=
01:07=	01:55=	01:59=	03:15=	03:22=	02:45=	01:39=	03:12=	02:05=	02:22=	03:23=	03:28=	03:01=	03:42=	02:00=	03:41=	02:46=	02:14=	01:51=	02:41=	03:13=	01:24=	00:43=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Cæcilie Rueløkke Christoffersen</b>	<b>15</b>	<b>1:05:48</b>																			
01:15+	03:25+	05:10+	09:00+	12:40+	15:56+	17:45+	20:47+	23:25+	26:09+	31:01+	35:12+	39:20+	43:30+	45:49+	49:58+	53:02+	54:37+	57:12+	59:53+	63:41+	65:06+	65:48+
01:15+	02:10+	01:45-	03:50+	03:40+	03:16+	01:49+	03:02-	02:38+	02:44+	04:52+	04:11+	04:08+	04:10+	02:19+	04:09+	03:04+	01:35-	02:35+	02:41=	03:48+	01:25+	00:42-
00:08#	00:15#	00:14-	00:35#	00:18+	00:31#	00:10#	00:10-	00:33&	00:22#	01:29&	00:43#	01:07&	00:28#	00:19#	00:28#	00:18#	00:39-	00:44&	00:00=	00:35#	00:01+	00:01-

<b>3</b>	<b>Ea Lykke Otte</b>	<b>20</b>	<b>1:51:07</b>																			
02:55+	05:58+	13:02+	17:26+	22:26+	26:58+	29:13+	32:50+	39:01+	42:02+	51:05+	55:30+	59:40+	65:05+	70:32+	75:03+	83:12+	86:37+	92:20+	99:28+	108:37+	110:21+	111:07+
02:55+	03:03+	07:04+	04:24+	05:00+	04:32+	02:15+	03:37+	06:11+	03:01+	09:03+	04:25+	04:10+	05:25+	05:27+	04:31+	08:09+	03:25+	05:43+	07:08+	09:09+	01:44+	00:46+
01:48@	01:08&	05:05@	01:09&	01:38&	01:47&	00:36&	00:25#	04:06@	00:39&	05:40@	00:57&	01:09&	01:43&	03:27@	00:50#	05:23@	01:11&	03:52@	04:27@	05:56@	00:20#	00:03+

<b>4</b>	<b>Sigen Overgaard Jensen</b>	<b>3</b>	<b>2:08:09</b>																			
03:00+	06:25+	09:02+	48:53+	54:40+	58:20+	60:47+	64:57+	69:57+	73:37+	82:07+	86:56+	91:03+	95:47+	98:41+	103:36+	110:20+	113:41+	117:11+	120:28+	125:31+	127:14+	128:09+
03:00+	03:25+	02:37+	39:51+	05:47+	03:40+	02:27+	04:10+	05:00+	03:40+	08:30+	04:49+	04:07+	04:44+	02:54+	04:55+	06:44+	03:21+	03:30+	03:17+	05:03+	01:43+	00:55+
01:53@	01:30&	00:38&	36:36@	02:25&	00:55&	00:48&	00:58&	02:55@	01:18&	05:07@	01:21&	01:06&	01:02&	00:54&	01:14&	03:58@	01:07&	01:39&	00:36#	01:50&	00:19#	00:12&

### Beste strekketid for klassen

01:07 01:55 01:45 03:15 03:22 02:45 01:39 03:02 02:05 02:22 03:23 03:28 03:01 03:42 02:00 03:41 02:46 01:35 01:51 02:41 03:13 01:24 00:42

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## D40

<b>1</b>	<b>Anne R. Boye-Møller</b>	<b>6</b>	<b>1:28:19</b>																			
03:24=	05:50=	12:03=	18:50=	23:27=	25:52=	27:57=	33:48=	36:37=	39:32=	45:10=	49:48=	54:45=	59:09=	63:05=	67:32=	72:23=	75:19=	78:20=	81:48=	85:48=	87:27=	88:19=
03:24=	02:26=	06:13=	06:47=	04:37=	02:25=	02:05=	05:51=	02:49=	02:55=	05:38=	04:38=	04:57=	04:24=	03:56=	04:27=	04:51=	02:56=	03:01=	03:28=	04:00=	01:39=	00:52=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Katja Reibert Hansen</b>	<b>1</b>	<b>1:29:26</b>																			
01:41-	06:32+	11:58-	15:57-	21:41-	24:04-	26:11-	30:01-	34:23-	37:26-	42:17-	47:36-	52:00-	56:39-	59:49-	64:52-	70:00-	73:06-	78:38+	82:31+	86:52+	88:32+	89:26+
01:41-	04:51+	05:26-	03:59-	05:44+	02:23-	02:07+	03:50-	04:22+	03:03+	04:51-	05:19+	04:24-	04:39+	03:10-	05:03+	05:08+	03:06+	05:32+	03:53+	04:21+	01:40+	00:54+
01:43-	02:25&	00:47-	02:48-	01:07#	00:02-	00:02+	02:01-	01:33&	00:08+	00:47-	00:41#	00:33-	00:15+	00:00=	00:46-	00:36#	00:17+	00:10+	02:31&	00:25#	00:21+	00:01+

15-09-2018 15:53:22

Side:1



Class	Navn	Klasse										Tid													
<b>3</b>	<b>Lasse Holch Nielsen</b>	<b>19</b>										<b>1:14:19</b>													
01:50+	03:56+	05:11+	10:37+	18:16+	21:20+	23:54+	28:41+	31:57+	37:32+	39:06+	43:06+	44:39+	47:39+	51:20+	53:33+	54:47+	57:01+	59:16+	60:57+	63:48+	66:40+	69:15+	72:18+	73:36+	74:19+
01:50+	02:06+	01:15-	05:26+	07:39+	03:04+	02:34-	04:47+	03:16-	05:35+	01:34-	04:00+	01:33-	03:00+	03:41+	02:13-	01:14-	02:14+	02:15+	01:41+	02:51+	02:52+	02:35-	03:03+	01:18-	00:43-
00:37&	00:45&	00:11-	00:18+	04:21&	00:20#	00:24-	02:34&	00:20-	02:22&	01:18-	02:28&	02:15-	01:40&	00:41#	00:59-	00:41-	01:11&	00:46&	00:05+	01:22&	00:43&	00:10-	00:45&	01:36-	00:33-

### Beste strekketid for klassen

01:13 00:16 01:15 05:08 03:18 02:44 02:34 02:13 03:16 03:13 01:34 01:32 01:33 01:20 03:00 02:13 01:14 01:03 01:29 01:36 01:29 02:09 02:35 02:18 01:18 00:43 00:40

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H40

1	Lasse Svenningsen										18										1:19:01									
01:47=	05:21=	06:50=	12:13=	16:20=	19:27=	22:29=	25:07=	28:45=	32:09=	35:58=	37:36=	41:20=	43:39=	47:20=	50:57=	53:38=	55:34=	58:28=	61:00=	62:31=	65:15=	71:14=	73:47=	77:02=	78:22=					
01:47=	03:34=	01:29=	05:23=	04:07=	03:07=	03:02=	02:38=	03:38=	03:24=	03:49=	01:38=	03:44=	02:19=	03:41=	03:37=	02:41=	01:56=	02:54=	02:32=	01:31=	02:44=	05:59=	02:33=	03:15=	01:20=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
79:01=																														
00:39=																														
00:00=																														

2	Preben Brinch										4										1:20:24									
01:26-	03:18-	05:05-	10:47-	15:41-	18:48-	22:20-	25:08+	29:09+	33:30+	37:26+	39:20+	43:43+	45:31+	49:15+	53:19+	56:25+	57:54+	60:41+	62:47+	64:51+	67:42+	71:12-	74:25+	78:07+	79:39+					
01:26-	01:52-	01:47+	05:42+	04:54+	03:07=	03:32+	02:48+	04:01+	04:21+	03:56+	01:54+	04:23+	01:48-	03:44+	04:04+	03:06+	01:29-	02:47-	02:06-	02:04+	02:51+	03:30-	03:13+	03:42+	01:32+					
00:21-	01:42-	00:18#	00:19+	00:47#	00:00=	00:30#	00:10+	00:23#	00:57&	00:07+	00:16#	00:39#	00:31-	00:03+	00:27#	00:25#	00:27-	00:07-	00:26-	00:33&	00:07+	02:29-	00:40&	00:27#	00:12#					
80:24+																														
00:45+																														
00:06#																														

3	Martin Thorwrat										10										1:33:05									
01:55+	04:48-	06:29-	13:13+	18:58+	23:59+	28:11+	31:12+	35:58+	40:54+	44:38+	46:45+	51:44+	53:39+	58:09+	62:47+	66:28+	68:23+	71:05+	73:38+	76:00+	78:59+	82:31+	86:27+	90:21+	92:08+					
01:55+	02:53-	01:41+	06:44+	05:45+	05:01+	04:12+	03:01+	04:46+	04:56+	03:44-	02:07+	04:59+	01:55-	04:30+	04:38+	03:41+	01:55-	02:42-	02:33+	02:22+	02:59+	03:32-	03:56+	03:54+	01:47+					
00:08+	00:41-	00:12#	01:21&	01:38&	01:54&	01:10&	00:23#	01:08&	01:32&	00:05-	00:29&	01:15&	00:24-	00:49#	01:01&	01:00&	00:01-	00:12-	00:01+	00:51&	00:15+	02:27-	01:23&	00:39#	00:27&					
93:05+																														
00:57+																														
00:18&																														

### Beste strekketid for klassen

01:26 01:52 01:29 05:23 04:07 03:07 03:02 02:38 03:38 03:24 03:44 01:38 03:44 01:48 03:41 03:37 02:41 01:29 02:42 02:06 01:31 02:44 03:30 02:33 03:15 01:20 00:39

= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

## H50

1	Allan Topp										15										1:02:39									
01:18=	03:41=	05:51=	09:06=	13:34=	15:15=	16:56=	20:15=	23:00=	25:32=	29:23=	33:27=	36:42=	40:25=	42:32=	46:28=	49:23=	51:35=	54:01=	57:17=	60:31=	61:56=	62:39=								
01:18=	02:23=	02:10=	03:15=	04:28=	01:41=	01:41=	03:19=	02:45=	02:32=	03:51=	04:04=	03:15=	03:43=	02:07=	03:56=	02:55=	02:12=	02:26=	03:16=	03:14=	01:25=	00:43=								
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					

2	Laus Seir Hansen										5										1:04:39									
01:58+	04:11+	05:55+	09:21+	13:18-	15:30+	17:10+	20:00-	23:16+	25:49+	29:23=	33:26-	37:22+	42:36+	44:45+	48:40+	51:30+	53:49+	56:03+	58:53+	62:23+	63:50+	64:39+								
01:58+	02:13-	01:44-	03:26+	03:57-	02:12+	01:40-	02:50-	03:16+	02:33+	03:34-	04:03-	03:56+	05:14+	02:09+	03:55-	02:50-	02:19+	02:14-	02:50-	03:30+	01:27+	00:49+								
00:40&	00:10-	00:26-	00:11+	00:31-	00:31&	00:01-	00:29-	00:31#	00:01+	00:17-	00:01-	00:41#	01:31&	00:02+	00:01-	00:05-	00:07+	00:12-	00:26-	00:16+	00:02+	00:06#								

3	Bjørn Sommer										21										1:05:31									
01:49+	05:38+	07:33+	11:16+	15:12+	17:17+	18:57+	22:05+	25:23+	27:56+	31:36+	35:19+	38:34+	42:16+	44:20+	48:24+	53:13+	55:45+	58:05+	60:31+	63:29+	64:47+	65:31+								
01:49+	03:49+	01:55-	03:43+	03:56-	02:05+	01:40-	03:08-	03:18+	02:33+	03:40-	03:43-	03:15=	03:42-	02:04-	04:04+	04:49+	02:32+	02:20-	02:26-	02:58-	01:18-	00:44+								
00:31&	01:26&	00:15-	00:28#	00:32-	00:24#	00:01-	00:11-	00:33#	00:01+	00:11-	00:21-	00:00=	00:01-	00:03-	00:08+	01:54&	00:20#	00:06-	00:50-	00:16-	00:07-	00:01+								

4	Ulrich Ghisler										8										1:10:11									
02:46+	06:39+	09:06+	12:34+	16:41+	20:01+	22:00+	24:48+	28:56+	31:47+	34:59+	38:08+	41:08+	44:27+	46:21+	50:09+	53:44+	55:56+	59:54+	64:03+	68:13+	69:31+	70:11+								
02:46+	03:53+	02:27+	03:28+	04:07-	03:20+	01:59+	02:48-	04:08+	02:51+	03:12-	03:09-	03:00-	03:19-	01:54-	03:48-	03:35+	02:12=	03:58+	04:09+	04:10+	01:18-	00:40-								
01:28&	01:30&	00:17#	00:13+	00:21-	01:39&	00:18#	00:31-	01:23&	00:19#	00:39-	00:55-	00:15-	00:24-	00:13-	00:08-	00:40#	00:00=	01:32&	00:53&	00:56&	00:07-	00:03-								

5	Peter Sandvad										4										1:27:38									
02:10+	04:23+	06:42+	11:45+	15:38+	22:32+	24:10+	27:07+	29:42+	32:19+	36:16+	39:55+	53:38+	57:15+	59:34+	63:23+	73:06+	76:39+	78:56+	82:02+	85:30+	86:54+	87:38+								
02:10+	02:13-	02:19+	05:03+	03:53-	06:54+	01:38-	02:57-	02:35-	02:37+	03:57+	03:39-	13:43+	03:37-	02:19+	03:49-	09:43+	03:33+	02:17-	03:06-	03:28+	01:24-	00:44+								
00:52&	00:10-	00:09+	01:48&	00:35-	05:13&	00:03-	00:22-	00:10-	00:05+	00:06+	00:25-	10:28&	00:06-	00:12+	00:07-	06:48&	01:21&	00:09-	00:10-	00:14+	00:01-	00:01+								

<b>Plass</b>	<b>Navn</b>	<b>Klasse</b>	<b>Tid</b>
<b>6</b>	<b>Carl Peter Noe</b>	<b>19</b>	<b>1:27:54</b>
02:25+	07:29+	11:24+	18:28+
02:25+	03:01+	02:03-	03:55+
01:07&	00:38&	00:07-	00:40#
07:29+	11:24+	18:28+	22:08+
02:19+	04:51+	03:46+	03:14+
00:38&	01:32&	01:01&	00:42&
24:27+	29:18+	33:04+	36:18+
02:19+	04:51+	03:46+	03:14+
00:38&	01:32&	01:01&	00:42&
29:18+	33:04+	36:18+	41:50+
04:54+	05:19+	03:13+	05:19+
01:39&	01:36&	01:06&	01:23&
47:34+	52:28+	57:47+	61:00+
04:54+	05:19+	03:13+	05:19+
01:39&	01:36&	01:06&	01:23&
52:28+	57:47+	61:00+	66:19+
04:52+	02:26+	03:08+	03:41+
01:57&	00:14#	00:42&	00:25#
71:11+	73:37+	76:45+	80:26+
02:26+	03:08+	03:41+	05:01+
00:14#	00:42&	00:25#	01:47&
73:37+	76:45+	80:26+	85:27+
03:08+	03:41+	05:01+	01:34+
00:25#	01:47&	00:09#	00:10#
85:27+	87:01+	87:54+	
87:01+	87:54+		

<b>7</b>	<b>Anders Harfot</b>	<b>6</b>	<b>1:27:55</b>
06:23+	11:32+	14:11+	17:52+
06:23+	05:09+	02:39+	03:41+
05:05#	00:29#	00:26#	01:49&
24:09+	28:31+	30:44+	35:33+
04:22+	02:13+	04:49+	03:12+
00:32&	01:30&	00:27#	00:37#
28:31+	30:44+	35:33+	38:45+
02:13+	04:49+	03:12+	03:09+
00:32&	01:30&	00:27#	00:37#
30:44+	35:33+	38:45+	41:54+
04:33+	05:13+	04:21+	04:38+
01:09&	01:06&	00:55#	00:22#
41:54+	46:27+	51:40+	56:01+
04:33+	05:13+	04:21+	04:38+
01:09&	01:06&	00:55#	00:22#
51:40+	56:01+	60:39+	63:08+
04:21+	04:38+	02:29+	04:15+
01:06&	00:55#	00:22#	00:19+
60:39+	63:08+	67:23+	71:22+
04:15+	03:59+	03:07+	02:59+
00:19+	01:04&	00:55&	00:33#
63:08+	67:23+	71:22+	74:29+
03:59+	03:07+	02:59+	03:31+
01:04&	00:55&	00:33#	00:15+
71:22+	74:29+	77:28+	80:59+
03:07+	02:59+	03:31+	04:25+
00:33#	00:15+	01:11&	00:14#
74:29+	77:28+	80:59+	85:24+
02:59+	03:31+	04:25+	01:39+
00:15+	01:11&	00:14#	00:09#
80:59+	85:24+	87:03+	87:54+
01:39+	00:52+		
00:09#	00:09#		

**Beste strekktid for klassen**  
01:18 02:13 01:44 03:15 03:53 01:41 01:38 02:48 02:35 02:32 03:12 03:09 03:00 03:19 01:54 03:48 02:50 02:12 02:14 02:26 02:58 01:18 00:40  
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

<b>H60</b>	<b>1</b>	<b>Jens Kristian Kjærgaard</b>	<b>Ok Pan</b>	<b>57:09</b>
01:29=	04:14=	06:34=	08:59=	13:47=
01:29=	02:45=	02:20=	02:25=	04:48=
00:00=	00:00=	00:00=	00:00=	00:00=
21:22=	25:13=	29:17=	31:16=	34:53=
05:10=	03:51=	04:04=	01:59=	03:37=
00:00=	00:00=	00:00=	00:00=	00:00=
39:40=	44:07=	46:15=	49:13=	51:34=
02:45=	04:27=	02:08=	02:58=	02:21=
00:00=	00:00=	00:00=	00:00=	00:00=
54:12=	56:24=	57:09=		
02:12=	02:38=	02:12=	00:45=	
00:00=	00:00=	00:00=	00:00=	

<b>2</b>	<b>Søren Tarp</b>	<b>Ok Pan</b>	<b>1:07:41</b>
01:28-	04:44+	07:30+	10:12+
01:28-	03:16+	02:46+	02:42+
00:01-	00:31#	00:26#	00:17#
25:07+	29:33+	33:35+	35:32+
04:24-	04:26+	04:02-	01:57-
00:46-	00:35#	00:02-	00:12#
35:32+	39:44+	42:03+	45:31+
04:12+	02:19+	03:28+	04:53+
00:17#	00:43&	00:26+	00:54&
42:03+	45:31+	50:24+	53:26+
03:28+	04:53+	03:02+	03:25+
00:43&	00:26+	00:54&	00:27#
50:24+	53:26+	56:51+	60:03+
04:53+	03:02+	03:25+	03:12+
00:54&	00:27#	00:51&	00:51&
53:26+	56:51+	60:03+	63:32+
03:25+	03:12+	03:29+	03:15+
00:51&	00:51&	01:03&	00:09#
60:03+	63:32+	66:47+	67:41+
03:12+	03:29+	03:15+	00:54+
00:51&	00:51&	01:03&	00:09#

<b>3</b>	<b>Palle Sørensen</b>	<b>14</b>	<b>1:18:58</b>
02:14+	06:21+	09:00+	11:55+
02:14+	04:07+	02:39+	02:55+
00:45&	01:22&	00:19#	00:30#
17:35+	22:05+	27:49+	33:42+
05:40+	04:30+	05:44+	05:53+
00:34#	02:05&	00:34#	02:02&
33:42+	39:01+	41:12+	45:50+
05:19+	02:11+	04:38+	02:55+
01:15&	00:12#	01:01&	00:53&
39:01+	41:12+	45:50+	48:45+
02:11+	04:38+	02:55+	05:18+
00:12#	01:01&	00:53&	02:33&
41:12+	45:50+	48:45+	54:03+
04:38+	02:55+	05:18+	05:29+
01:01&	00:53&	02:33&	01:02#
54:03+	59:32+	63:36+	67:35+
05:29+	04:04+	03:59+	03:02+
01:02#	01:56&	01:01&	00:41&
59:32+	63:36+	67:35+	70:37+
04:04+	03:59+	03:02+	04:14+
01:56&	01:01&	00:41&	01:36&
63:36+	67:35+	70:37+	74:51+
03:59+	03:02+	04:14+	03:13+
00:41&	00:36&	01:01&	00:09#
70:37+	74:51+	78:04+	78:58+
03:02+	04:14+	03:13+	00:54+
00:36&	01:01&	00:09#	

<b>4</b>	<b>Carl Malling</b>	<b>16</b>	<b>1:22:21</b>
02:08+	04:52+	07:33+	11:40+
02:08+	02:44-	02:41+	04:07+
00:39&	00:01-	00:21#	01:42&
27:27+	32:25+	36:32+	41:25+
06:16+	04:58+	04:07+	04:53+
01:06#	01:07&	00:03+	02:54#
41:25+	43:25+	47:50+	49:58+
04:25+	02:08-	02:49-	03:11+
01:37-	02:23#	00:37-	01:38-
43:25+	47:50+	49:58+	52:47+
04:25+	02:08-	02:49-	03:11+
01:37-	02:23#	00:37-	01:38-
47:50+	49:58+	52:47+	64:09+
04:25+	02:08-	02:49-	03:11+
01:38-	09:14#	00:13+	01:09&
52:47+	64:09+	67:20+	70:50+
03:11+	03:30+	02:39+	03:36+
01:09&	00:01+	01:24&	03:34#
64:09+	67:20+	70:50+	73:29+
03:30+	02:39+	03:36+	04:19+
00:01+	01:24&	03:34#	00:57+
70:50+	73:29+	77:05+	81:24+
03:36+	04:19+	00:57+	
73:29+	77:05+	81:24+	82:21+
04:19+	00:57+		

<b>5</b>	<b>Evald Christensen</b>	<b>17</b>	<b>1:39:32</b>
01:54+	05:18+	08:24+	14:15+
01:54+	03:24+	03:06+	05:51+
00:25&	00:39#	00:46&	03:26#
21:37+	26:17+	32:09+	41:02+
07:22+	04:40+	05:52+	08:53+
02:15&	00:42#	05:02#	04:57#
32:09+	41:02+	50:03+	53:10+
04:40+	05:52+	08:53+	09:01+
00:42#	05:02#	04:57#	01:08&
50:03+	53:10+	59:03+	61:40+
05:52+	08:53+	09:01+	03:07+
01:08&	02:16&	00:35&	01:25&
53:10+	59:03+	61:40+	65:50+
03:07+	05:53+	02:37+	04:10+
02:16&	00:35&	01:25&	02:02&
61:40+	65:50+	72:19+	76:29+
04:10+	03:58+	08:35+	05:42+
02:02&	02:02&	01:00&	06:14#
72:19+	76:29+	80:27+	89:02+
03:58+	08:35+	05:42+	03:40+
02:02&	01:00&	06:14#	03:04#
80:27+	89:02+	94:44+	98:24+
05:42+	03:40+	01:08+	
89:02+	94:44+	98:24+	99:32+
03:40+	01:08+		

**Beste strekktid for klassen**  
01:28 02:44 02:20 02:25 04:33 02:25 04:24 03:51 04:02 01:57 02:00 02:02 02:08 02:49 02:08 02:58 02:21 02:38 02:12 00:45  
= Som klassevinner , - raskere, + senere, # 10% tap, & 25% tap, @ 100% tap.

<b>H70</b>	<b>1</b>	<b>Ole Hoffmann</b>	<b>11</b>	<b>59:59</b>
03:31=	05:45=	08:10=	14:55=	21:05=
03:31=	02:14=	02:25=	06:45=	06:10=
00:00=	00:00=	00:00=	00:00=	00:00=
31:22=	37:49=	42:22=	44:49=	47:19=
02:21=	06:27=	04:33=	02:27=	02:30=
00:00=	00:00=	00:00=	00:00=	00:00=
59:59=	58:56=	59:59=		
01:03=	01:03=	00:00=	00:00=	

<b>2</b>	<b>Per Jørgensen</b>	<b>20</b>	<b>1:03:17</b>
03:22-	06:26+	10:35+	15:51+
03:22-	03:04+	04:09+	05:16-
00:09-	00:50&	01:44&	01:29-
37:37+	43:47+	48:06+	50:15+
05:20+	06:10-	04:19-	02:09-
02:59#	00:17-	00:14-	00:18-
43:47+	48:06+	50:15+	51:54+
02:09-	01:39-	02:42-	01:25-
00:18-	00:51-	00:24-	00:06-
51:54+	54:36+	56:01+	59:55+
01:39-	02:42-	01:25-	03:54-
00:06-	00:15-	00:24-	00:08-
54:36+	56:01+	59:55+	62:22+
03:54-	02:27-	00:55-	00:55-
00:08-	00:24-	00:08-	
62:22+	63:17+		

<b>3</b>	<b>Søren Bjørnøen</b>	<b>15</b>	<b>2:14:08</b>
06:11+	14:24+	18:30+	30:48+
06:11+	08:13+	04:06+	12:18+
02:40&	05:59#	01:41&	05:33&
30:48+	38:22+	49:23+	53:05+
07:34+	11:01+	03:42+	10:54+
01:24#	03:05&	01:21&	04:27&
38:22+	49:23+	53:05+	63:59+
07:34+	11:01+	03:42+	10:54+
01:24#	03:05&	01:21&	04:27&
49:23+	53:05+	63:59+	73:21+
03:42+	10:54+	09:22+	22:36+
01:21&	04:27&	04:49#	20:09#
63:59+	73:21+	95:57+	99:27+
09:22+	22:36+	0	