

# Divisionsmatch op ned

# Stræktider

Rold Moskov-25-09-2016

Plads	Navn	Klasse	Tid																
<b>1</b>	<b>William Ove Kousgaard</b>	<b>1</b>	<b>20:45</b>																
00:37=	01:24=	02:05=	04:26=	06:49=	08:12=	10:01=	10:55=	11:59=	12:39=	13:37=	14:30=	15:30=	16:56=	17:42=	18:29=	19:04=	20:00=	20:35=	20:45=
00:37=	00:47=	00:41=	02:21=	02:23=	01:23=	01:49=	00:54=	01:04=	00:40=	00:58=	00:53=	01:00=	01:26=	00:46=	00:47=	00:35=	00:56=	00:35=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Liv Bloch Holm</b>	<b>4</b>	<b>24:00</b>																
00:42+	01:32+	02:30+	05:11+	07:14+	09:01+	11:00+	12:11+	13:06+	14:24+	15:35+	16:22+	17:46+	19:22+	20:00+	21:04+	22:02+	23:08+	23:50+	24:00+
00:42+	00:50+	00:58+	02:41+	02:03-	01:47+	01:59+	01:11+	00:55-	01:18+	01:11+	00:47-	01:24+	01:36+	00:38-	01:04+	00:58+	01:06+	00:42+	00:10=
00:05#	00:03+	00:17&	00:20#	00:20-	00:24&	00:10+	00:17&	00:09-	00:38&	00:13#	00:06-	00:24&	00:10#	00:08-	00:17&	00:23&	00:10#	00:07#	00:00=
<b>3</b>	<b>Klara Zaar Nielsen</b>	<b>4</b>	<b>24:01</b>																
00:38+	01:29+	02:28+	05:07+	07:11+	08:54+	10:55+	12:09+	13:00+	14:15+	15:31+	16:19+	17:42+	19:14+	20:06+	21:01+	21:55+	23:00+	23:51+	24:01+
00:38+	00:51+	00:59+	02:39+	02:04-	01:43+	02:01+	01:14+	00:51-	01:15+	01:16+	00:48-	01:23+	01:32+	00:52+	00:55+	00:54+	01:05+	00:51+	00:10=
00:01+	00:04+	00:18&	00:18#	00:19-	00:20#	00:12#	00:20&	00:13-	00:35&	00:18&	00:05-	00:23&	00:06+	00:06#	00:08#	00:19&	00:09#	00:16&	00:00=
<b>4</b>	<b>Ida Søe Christiansen</b>	<b>20</b>	<b>24:36</b>																
00:33-	01:25+	02:06+	05:03+	08:01+	09:28+	11:58+	12:53+	13:45+	14:33+	16:04+	17:01+	18:39+	20:17+	20:49+	21:31+	22:05+	23:31+	24:23+	24:36+
00:33-	00:52+	00:41=	02:57+	02:58+	01:27+	02:30+	00:55+	00:52-	00:48+	01:31+	00:57+	01:38+	01:38+	00:32-	00:42-	00:34-	01:26+	00:52+	00:13+
00:04-	00:05#	00:00=	00:36&	00:35#	00:04+	00:41&	00:01+	00:12-	00:08#	00:33&	00:04+	00:38&	00:12#	00:14-	00:05-	00:01-	00:30&	00:17&	00:03&
<b>5</b>	<b>Henrik Runholt</b>	<b>4</b>	<b>25:09</b>																
00:35-	01:35+	02:26+	05:41+	08:20+	10:26+	12:27+	13:26+	14:18+	15:02+	16:12+	16:58+	18:24+	20:26+	21:09+	21:55+	22:47+	24:17+	24:55+	25:09+
00:35-	01:00+	00:51+	03:15+	02:39+	02:06+	02:01+	00:59+	00:52-	00:44+	01:10+	00:46-	01:26+	02:02+	00:43-	00:46-	00:52+	01:30+	00:38+	00:14+
00:02-	00:13&	00:10#	00:54&	00:16#	00:43&	00:12#	00:05+	00:12-	00:04+	00:12#	00:07-	00:26&	00:36&	00:03-	00:01-	00:17&	00:34&	00:03+	00:04&
<b>6</b>	<b>Andreas Moesgaard Andersen</b>	<b>1</b>	<b>26:59</b>																
00:26-	01:25+	02:09+	04:48+	07:17+	08:55+	12:08+	13:13+	13:56+	14:35+	15:49+	16:27+	17:39+	19:00+	19:38+	20:31+	24:47+	26:06+	26:47+	26:59+
00:26-	00:59+	00:44+	02:39+	02:29+	01:38+	03:13+	01:05+	00:43-	00:39-	01:14+	00:38-	01:12+	01:21-	00:38-	00:53+	04:16+	01:19+	00:41+	00:12+
00:11-	00:12&	00:03+	00:18#	00:06+	00:15#	01:24&	00:11#	00:21-	00:01-	00:16&	00:15-	00:12#	00:05-	00:08-	00:06#	03:41@	00:23&	00:06#	00:02#
<b>7</b>	<b>Liv Henriksen</b>	<b>23</b>	<b>33:11</b>																
00:34-	01:23-	02:17+	06:57+	11:18+	12:43+	15:32+	16:55+	18:02+	19:15+	21:21+	22:27+	24:29+	27:11+	28:10+	29:08+	29:58+	31:44+	33:00+	33:11+
00:34-	00:49+	00:54+	04:40+	04:21+	01:25+	02:49+	01:23+	01:07+	01:13+	02:06+	01:06+	02:02+	02:42+	00:59+	00:58+	00:50+	01:46+	01:16+	00:11+
00:03-	00:02+	00:13&	02:19&	01:58&	00:02+	01:00&	00:29&	00:03+	00:33&	01:08@	00:13#	01:02@	01:16&	00:13&	00:11#	00:15&	00:50&	00:41@	00:01+
<b>8</b>	<b>Benjamin Birk Nielsen</b>	<b>8</b>	<b>33:29</b>																
00:28-	01:23-	02:31+	05:58+	09:12+	11:21+	13:59+	15:30+	16:31+	17:40+	21:05+	22:35+	25:00+	27:57+	29:33+	30:38+	31:20+	32:34+	33:17+	33:29+
00:28-	00:55+	01:08+	03:27+	03:14+	02:09+	02:38+	01:31+	01:01-	01:09+	03:25+	01:30+	02:25+	02:57+	01:36+	01:05+	00:42+	01:14+	00:43+	00:12+
00:09-	00:08#	00:27&	01:06&	00:51&	00:46&	00:49&	00:37&	00:03-	00:29&	02:27@	00:37&	01:25@	01:31@	00:50@	00:18&	00:07#	00:18&	00:08#	00:02#
<b>9</b>	<b>Kirsten J. Nielsen</b>	<b>4</b>	<b>34:19</b>																
00:47+	01:50+	03:04+	07:16+	11:12+	13:21+	15:59+	18:24+	19:26+	20:47+	22:26+	23:37+	25:23+	28:01+	28:59+	30:03+	30:58+	32:54+	33:56+	34:19+
00:47+	01:03+	01:14+	04:12+	03:56+	02:09+	02:38+	02:25+	01:02-	01:21+	01:39+	01:11+	01:46+	02:38+	00:58+	01:04+	00:55+	01:56+	01:02+	00:23+
00:10&	00:16&	00:33&	01:51&	01:33&	00:46&	00:49&	01:31@	00:02-	00:41@	00:41&	00:18&	00:46&	01:12&	00:12&	00:17&	00:20&	01:00@	00:27&	00:13@
<b>10</b>	<b>Kristian Veggerby Jensen</b>	<b>20</b>	<b>36:58</b>																
00:33-	02:00+	03:08+	07:49+	13:44+	16:35+	19:16+	21:05+	22:04+	22:59+	24:22+	25:26+	27:18+	30:15+	31:16+	32:47+	34:15+	35:37+	36:44+	36:58+
00:33-	01:27+	01:08+	04:41+	05:55+	02:51+	02:41+	01:49+	00:59-	00:55+	01:23+	01:04+	01:52+	02:57+	01:01+	01:31+	01:28+	01:22+	01:07+	00:14+
00:04-	00:40&	00:27&	02:20&	03:32@	01:28@	00:52&	00:55@	00:05-	00:15&	00:25&	00:11#	00:52&	01:31@	00:15&	00:44&	00:53@	00:26&	00:32&	00:04&
<b>11</b>	<b>Matilde Riis Madsen</b>	<b>20</b>	<b>39:19</b>																
00:30-	01:52+	02:59+	06:18+	09:43+	12:05+	15:16+	17:20+	18:24+	19:16+	21:17+	22:08+	25:06+	29:17+	30:18+	33:01+	34:53+	37:38+	39:05+	39:19+
00:30-	01:22+	01:07+	03:19+	03:25+	02:22+	03:11+	02:04+	01:04=	00:52+	02:01+	00:51-	02:58+	04:11+	01:01+	02:43+	01:52+	02:45+	01:27+	00:14+
00:07-	00:35&	00:26&	00:58&	01:02&	00:59&	01:22&	01:10@	00:00=	00:12&	01:03@	00:02-	01:58@	02:45@	00:15&	01:56@	01:17@	01:49@	00:52@	00:04&
<b>12</b>	<b>Martin Christiansen</b>	<b>7</b>	<b>40:48</b>																
00:58+	01:47+	02:51+	06:15+	11:40+	16:39+	19:53+	21:19+	22:19+	23:26+	25:30+	26:45+	29:32+	32:37+	33:29+	37:20+	38:12+	39:30+	40:22+	40:48+
00:58+	00:49+	01:04+	03:24+	05:25+	04:59+	03:14+	01:26+	01:00-	01:07+	02:04+	01:15+	02:47+	03:05+	00:52+	03:51+	00:52+	01:18+	00:52+	00:26+
00:21&	00:02+	00:23&	01:03&	03:02@	03:36@	01:25&	00:32&	00:04-	00:27&	01:06@	00:22&	01:47@	01:39@	00:06#	03:04@	00:17&	00:22&	00:17&	00:16@
<b>13</b>	<b>Elias Mejlsø Christiansen</b>	<b>7</b>	<b>40:51</b>																
01:01+	01:43+	02:41+	06:10+	11:35+	16:45+	19:48+	21:15+	22:24+	23:22+	25:40+	26:50+	29:25+	32:33+	33:24+	37:15+	38:16+	39:25+	40:27+	40:51+
01:01+	00:42-	00:58+	03:29+	05:25+	05:10+	03:03+	01:27+	01:09+	00:58+	02:18+	01:10+	02:35+	03:08+	00:51+	03:51+	01:01+	01:09+	01:02+	00:24+
00:24&	00:05-	00:17&	01:08&	03:02@	03:47@	01:14&	00:33&	00:05+	00:18&	01:20@	00:17&	01:35@	01:42@	00:05#	03:04@	00:26&	00:13#	00:27&	00:14@
<b>14</b>	<b>Nanna Tange</b>	<b>20</b>	<b>42:01</b>																
00:36-	01:26+	02:38+	07:11+	11:22+	14:44+	18:36+	21:53+	23:39+	24:45+	26:42+	27:30+	29:57+	33:35+	34:47+	36:26+	37:50+	39:54+	41:26+	42:01+
00:36-	00:50+	01:12+	04:33+	04:11+	03:22+	03:52+	03:17+	01:46+	01:06+	01:57+	00:48-	02:27+	03:38+	01:12+	01:39+	01:24+	02:04+	01:32+	00:35+
00:01-	00:03+	00:31&	02:12&	01:48&	01:59@	02:03@	02:23@	00:42&	00:26&	00:59@	00:05-	01:27@	02:12@	00:26&	00:52@	00:49@	01:08@	00:57@	00:25@

Class	Navn	Klasse	Tid																
<b>15</b>	<b>Rasmus Mejlsø Christiansen</b>	<b>7</b>	<b>42:02</b>																
00:44+	01:56+	03:34+	07:22+	11:37+	12:59+	15:56+	17:17+	18:29+	19:20+	20:52+	21:59+	24:31+	27:45+	28:55+	33:05+	38:44+	40:42+	41:33+	42:02+
00:44+	01:12+	01:38+	03:48+	04:15+	01:22-	02:57+	01:21+	01:12+	00:51+	01:32+	01:07+	02:32+	03:14+	01:10+	04:10+	05:39+	01:58+	00:51+	00:29+
00:07#	00:25&	00:57@	01:27&	01:52&	00:01-	01:08&	00:27&	00:08#	00:11&	00:34&	00:14&	01:32@	01:48@	00:24&	03:23@	05:04@	01:02@	00:16&	00:19@
<b>16</b>	<b>Maibritt Mejlsø Christiansen</b>	<b>7</b>	<b>42:14</b>																
00:53+	01:57+	03:54+	08:02+	11:46+	13:09+	16:09+	17:27+	18:43+	19:30+	21:01+	22:13+	24:40+	27:47+	29:03+	33:16+	38:53+	40:51+	41:46+	42:14+
00:53+	01:04+	01:57+	04:08+	03:44+	01:23-	03:00+	01:18+	01:16+	00:47+	01:31+	01:12+	02:27+	03:07+	01:16+	04:13+	05:37+	01:58+	00:55+	00:28+
00:16&	00:17&	01:16@	01:47&	01:21&	00:00=	01:11&	00:24&	00:12#	00:07#	00:33&	00:19&	01:27@	01:41@	00:30&	03:26@	05:02@	01:02@	00:20&	00:18@
<b>17</b>	<b>Jens Jørgen Madsen</b>	<b>5</b>	<b>42:23</b>																
00:30-	01:32+	02:22+	05:36+	10:01+	21:55+	23:58+	25:17+	26:12+	27:03+	28:37+	29:31+	30:48+	32:40+	34:32+	35:35+	38:36+	40:17+	42:06+	42:23+
00:30-	01:02+	00:50+	03:14+	04:25+	11:54+	02:03+	01:19+	00:55-	00:51+	01:34+	00:54+	01:17+	01:52+	01:52+	01:03+	03:01+	01:41+	01:49+	00:17+
00:07-	00:15&	00:09#	00:53&	02:02&	10:31@	00:14#	00:25&	00:09-	00:11&	00:36&	00:01+	00:17&	00:26&	01:06@	00:16&	02:26@	00:45&	01:14@	00:07&
<b>18</b>	<b>Silas A Jørgensen</b>	<b>1</b>	<b>43:50</b>																
00:49+	02:11+	03:20+	07:19+	12:13+	15:20+	18:30+	20:32+	22:10+	23:29+	26:46+	29:00+	31:54+	35:23+	37:19+	39:17+	40:43+	42:32+	43:23+	43:50+
00:49+	01:22+	01:09+	03:59+	04:54+	03:07+	03:10+	02:02+	01:38+	01:19+	03:17+	02:14+	02:54+	03:29+	01:56+	01:58+	01:26+	01:49+	00:51+	00:27+
00:12&	00:35&	00:28&	01:38&	02:31@	01:44@	01:21&	01:08@	00:34&	00:39&	02:19@	01:21@	01:54@	02:03@	01:10@	01:11@	00:51@	00:53&	00:16&	00:17@
<b>19</b>	<b>Josephine Friis Gade</b>	<b>7</b>	<b>45:33</b>																
00:27-	01:16-	02:12+	06:02+	10:54+	12:35+	15:41+	17:11+	18:05+	18:59+	21:15+	22:19+	24:27+	38:21+	39:27+	40:51+	42:33+	44:43+	45:23+	45:33+
00:27-	00:49+	00:56+	03:50+	04:52+	01:41+	03:06+	01:30+	00:54-	00:54+	02:16+	01:04+	02:08+	13:54+	01:06+	01:24+	01:42+	02:10+	00:40+	00:10=
00:10-	00:02+	00:15&	01:29&	02:29@	00:18#	01:17&	00:36&	00:10-	00:14&	01:18@	00:11#	01:08@	12:28@	00:20&	00:37&	01:07@	01:14@	00:05#	00:00=
<b>20</b>	<b>Freya Friis Gade</b>	<b>7</b>	<b>45:38</b>																
00:35-	01:21-	02:17+	06:06+	10:53+	12:38+	15:45+	17:09+	18:02+	18:57+	21:20+	22:17+	24:19+	38:24+	39:38+	40:49+	42:44+	44:50+	45:26+	45:38+
00:35-	00:46-	00:56+	03:49+	04:47+	01:45+	03:07+	01:24+	00:53-	00:55+	02:23+	00:57+	02:02+	14:05+	01:14+	01:11+	01:55+	02:06+	00:36+	00:12+
00:02-	00:01-	00:15&	01:28&	02:24@	00:22&	01:18&	00:30&	00:11-	00:15&	01:25@	00:04+	01:02@	12:39@	00:28&	00:24&	01:20@	01:10@	00:01+	00:02#
<b>Beste stræktid for klassen</b>																			
00:26	00:42	00:41	02:21	02:03	01:22	01:49	00:54	00:43	00:39	00:58	00:38	01:00	01:21	00:32	00:42	00:34	00:56	00:35	00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D-10

<b>1</b>	<b>Andrea Ebert Svenningsen</b>	<b>20</b>	<b>20:33</b>																
00:23=	01:09=	01:57=	04:22=	06:24=	07:31=	09:11=	10:15=	11:03=	11:41=	12:51=	13:36=	14:44=	16:13=	16:45=	17:26=	18:09=	19:13=	20:17=	20:33=
00:23=	00:46=	00:48=	02:25=	02:02=	01:07=	01:40=	01:04=	00:48=	00:38=	01:10=	00:45=	01:08=	01:29=	00:32=	00:41=	00:43=	01:04=	01:04=	00:16=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Sofie Flyvbjerg</b>	<b>20</b>	<b>20:38</b>																
00:23=	01:03-	01:38-	04:16-	06:41+	07:51+	09:31+	10:30+	11:09+	11:56+	12:57+	13:39+	14:49+	16:27+	17:07+	17:58+	18:37+	19:44+	20:27+	20:38+
00:23=	00:40-	00:35-	02:38+	02:25+	01:10+	01:40=	00:59-	00:39-	00:47+	01:01-	00:42-	01:10+	01:38+	00:40+	00:51+	00:39-	01:07+	00:43-	00:11-
00:00=	00:06-	00:13-	00:13+	00:23#	00:03+	00:00=	00:05-	00:09-	00:09#	00:09-	00:03-	00:02+	00:09#	00:08#	00:10#	00:04-	00:03+	00:21-	00:05-
<b>3</b>	<b>Ella Klærke Mikkelsen</b>	<b>2</b>	<b>24:16</b>																
00:21-	01:01-	01:38-	04:02-	06:08-	07:20-	10:26+	11:16+	12:00+	12:40+	13:51+	14:25+	15:24+	17:19+	17:56+	18:37+	22:19+	23:27+	24:05+	24:16+
00:21-	00:40-	00:37-	02:24-	02:06+	01:12+	03:06+	00:50-	00:44-	00:40+	01:11+	00:34-	00:59-	01:55+	00:37+	00:41=	03:42+	01:08+	00:38-	00:11-
00:02-	00:06-	00:11-	00:01-	00:04+	00:05+	01:26&	00:14-	00:04-	00:02+	00:01+	00:11-	00:09-	00:26&	00:05#	00:00=	02:59@	00:04+	00:26-	00:05-
<b>4</b>	<b>Esther Henriksen</b>	<b>2</b>	<b>26:13</b>																
00:28+	01:07-	01:55-	04:31+	07:25+	09:11+	11:36+	12:50+	13:32+	14:28+	16:00+	16:49+	18:54+	20:57+	21:39+	22:33+	23:17+	24:27+	26:03+	26:13+
00:28+	00:39-	00:48=	02:36+	02:54+	01:46+	02:25+	01:14+	00:42-	00:56+	01:32+	00:49+	02:05+	02:03+	00:42+	00:54+	00:44+	01:10+	01:36+	00:10-
00:05#	00:07-	00:00=	00:11+	00:52&	00:39&	00:45&	00:10#	00:06-	00:18&	00:22&	00:04+	00:57&	00:34&	00:10&	00:13&	00:01+	00:06+	00:32&	00:06-
<b>5</b>	<b>Sofie Bønlykke Riis</b>	<b>2</b>	<b>26:56</b>																
00:41+	01:40+	02:33+	05:55+	08:37+	11:13+	13:07+	15:12+	15:56+	17:35+	18:20+	19:45+	21:42+	22:51+	23:40+	24:39+	25:48+	26:41+	26:56+	
00:41+	00:59+	00:53+	03:22+	02:42+	02:36+	01:54+	02:05+	00:44-	01:39+	00:45-	01:25+	01:57+	01:09-	00:49+	00:59+	01:09+	00:53-	00:15-	
00:18&	00:13&	00:05#	00:57&	00:40&	01:29@	00:14#	01:01&	00:04-	01:01@	00:25-	00:40&	00:49&	00:20-	00:17&	00:18&	00:26&	00:11-	00:49-	
<b>6</b>	<b>Kristine Skouboe</b>	<b>2</b>	<b>28:21</b>																
00:29+	01:33+	02:27+	05:16+	08:09+	09:53+	13:14+	14:53+	16:17+	17:10+	18:32+	19:43+	21:17+	23:20+	24:09+	25:19+	26:18+	27:31+	28:04+	28:21+
00:29+	01:04+	00:54+	02:49+	02:53+	01:44+	03:21+	01:39+	01:24+	00:53+	01:22+	01:11+	01:34+	02:03+	00:49+	01:10+	00:59+	01:13+	00:33-	00:17+
00:06&	00:18&	00:06#	00:24#	00:51&	00:37&	01:41@	00:35&	00:36&	00:15&	00:12#	00:26&	00:26&	00:34&	00:17&	00:29&	00:16&	00:09#	00:31-	00:01+
<b>7</b>	<b>Mathilde Bobach</b>	<b>20</b>	<b>30:25</b>																
00:32+	01:13+	02:12+	05:45+	08:49+	10:06+	13:44+	14:56+	15:35+	16:49+	19:29+	20:38+	22:39+	24:42+	25:36+	27:09+	27:56+	29:37+	30:14+	30:25+
00:32+	00:41-	00:59+	03:33+	03:04+	01:17+	03:38+	01:12+	00:39-	01:14+	02:40+	01:09+	02:01+	02:03+	00:54+	01:33+	00:47+	01:41+	00:37-	00:11-
00:09&	00:05-	00:11#	01:08&	01:02&	00:10#	01:58@	00:08#	00:09-	00:36&	01:30@	00:24&	00:53&	00:34&	00:22&	00:52@	00:04+	00:37&	00:27-	00:05-

Class	Navn	Klasse	Tid																
<b>8</b>	<b>Freja Duedal Nielsen</b>	<b>2</b>	<b>35:40</b>																
00:27+	02:39+	03:36+	07:39+	12:12+	14:41+	17:08+	18:31+	19:47+	20:39+	22:49+	23:39+	25:24+	28:31+	29:57+	31:16+	32:44+	34:32+	35:29+	35:40+
00:27+	02:12+	00:57+	04:03+	04:33+	02:29+	02:27+	01:23+	01:16+	00:52+	02:10+	00:50+	01:45+	03:07+	01:26+	01:19+	01:28+	01:48+	00:57-	00:11-
00:04#	01:26@	00:09#	01:38&	02:31@	01:22@	00:47&	00:19&	00:28&	00:14&	01:00&	00:05#	00:37&	01:38@	00:54@	00:38&	00:45@	00:44&	00:07-	00:05-
<b>9</b>	<b>Gry Duedal Nielsen</b>	<b>2</b>	<b>50:54</b>																
00:58+	02:40+	04:30+	10:54+	16:31+	21:02+	24:35+	29:16+	31:36+	32:53+	35:15+	36:31+	39:20+	42:52+	44:30+	46:06+	47:16+	49:27+	50:35+	50:54+
00:58+	01:42+	01:50+	06:24+	05:37+	04:31+	03:33+	04:41+	02:20+	01:17+	02:22+	01:16+	02:49+	03:32+	01:38+	01:36+	01:10+	02:11+	01:08+	00:19+
00:35@	00:56@	01:02@	03:59@	03:35@	03:24@	01:53@	03:37@	01:32@	00:39@	01:12@	00:31&	01:41@	02:03@	01:06@	00:55@	00:27&	01:07@	00:04+	00:03#
<b>Beste stræktid for klassen</b>																			
00:21	00:39	00:35	02:24	02:02	01:07	01:40	00:50	00:39	00:38	00:45	00:34	00:59	01:09	00:32	00:41	00:39	00:53	00:15	00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D-12

<b>1</b>	<b>Anna Harbo Flyvbjerg</b>	<b>20</b>	<b>24:10</b>																			
00:24=	00:58=	01:38=	04:10=	06:02=	07:00=	09:03=	10:23=	11:35=	12:32=	13:11=	14:32=	16:08=	17:30=	18:09=	19:13=	19:50=	20:56=	21:27=	22:33=	23:27=	23:59=	24:10=
00:24=	00:34=	00:40=	02:32=	01:52=	00:58=	02:03=	01:20=	01:12=	00:57=	00:39=	01:21=	01:36=	01:22=	00:39=	01:04=	00:37=	01:06=	00:31=	01:06=	00:54=	00:32=	00:11=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Camilla Flyvbjerg</b>	<b>20</b>	<b>25:23</b>																			
00:20-	00:53-	01:34-	03:40-	06:05+	06:54-	09:17+	11:11+	12:14+	13:15+	13:58+	15:23+	16:38+	18:06+	18:59+	20:06+	20:38+	21:58+	22:34+	23:36+	24:42+	25:14+	25:23+
00:20-	00:33-	00:41+	02:06-	02:25+	00:49-	02:23+	01:54+	01:03-	01:01+	00:43+	01:25+	01:15-	01:28+	00:53+	01:07+	00:32-	01:20+	00:36+	01:02-	01:06+	00:32=	00:09-
00:04-	00:01-	00:01+	00:26-	00:33&	00:09-	00:20#	00:34&	00:09-	00:04+	00:04#	00:04+	00:21-	00:06+	00:14&	00:03+	00:05-	00:14#	00:05#	00:04-	00:12#	00:00=	00:02-
<b>3</b>	<b>Silja Ebert Svenningsen</b>	<b>20</b>	<b>27:14</b>																			
00:23-	01:02+	01:35-	03:50-	06:09+	07:03+	09:30+	10:53+	11:51+	13:43+	14:17+	15:41+	17:12+	19:35+	20:15+	21:16+	21:52+	23:00+	23:33+	25:44+	26:36+	27:04+	27:14+
00:23-	00:39+	00:33-	02:15-	02:19+	00:54-	02:27+	01:23+	00:58-	01:52+	00:34-	01:24+	01:31-	02:23+	00:40+	01:01-	00:36-	01:08+	00:33+	01:08+	00:52-	00:28-	00:10-
00:01-	00:05#	00:07-	00:17-	00:27#	00:04-	00:24#	00:03+	00:14-	00:55&	00:05-	00:03+	00:05-	01:01&	00:01+	00:03-	00:01-	00:02+	00:02+	01:05&	00:02-	00:04-	00:01-
<b>4</b>	<b>Johanne Skouboe</b>	<b>2</b>	<b>28:03</b>																			
00:40+	01:33+	02:25+	05:59+	09:28+	10:45+	13:01+	14:28+	15:28+	16:15+	17:02+	18:20+	20:02+	21:26+	22:00+	23:04+	23:38+	24:38+	25:08+	26:28+	27:20+	27:52+	28:03+
00:40+	00:53+	00:52+	03:34+	03:29+	01:17+	02:16+	01:27+	01:00-	00:47-	00:47+	01:18-	01:42+	01:24+	00:34-	01:04=	00:34-	01:00-	00:30-	01:20+	00:52-	00:32=	00:11=
00:16&	00:19&	00:12&	01:02&	01:37&	00:19&	00:13#	00:07+	00:12-	00:10-	00:08#	00:03-	00:06+	00:02+	00:05-	00:00=	00:03-	00:06-	00:01-	00:14#	00:02-	00:00=	00:00=
<b>5</b>	<b>Sara Clausen</b>	<b>5</b>	<b>36:25</b>																			
00:23-	00:58=	01:43+	04:09-	07:09+	08:18+	14:11+	15:24+	22:04+	22:57+	23:39+	25:11+	26:38+	28:09+	28:59+	30:07+	30:53+	32:05+	32:43+	34:40+	35:43+	36:16+	36:25+
00:23-	00:35+	00:45+	02:26-	03:00+	01:09+	05:53+	01:13-	06:40+	00:53-	00:42+	01:32+	01:27-	01:31+	00:50+	01:08+	00:46+	01:12+	00:38+	01:57+	01:03+	00:33+	00:09-
00:01-	00:01+	00:05#	00:06-	01:08&	00:11#	03:50@	00:07-	05:28@	00:04-	00:03+	00:11#	00:09-	00:09#	00:11&	00:04+	00:09#	00:06+	00:07#	00:51&	00:09#	00:01+	00:02-
<b>6</b>	<b>Anna Bo Kølback</b>	<b>9</b>	<b>43:42</b>																			
00:22-	01:06+	01:57+	05:01+	08:39+	09:51+	12:01+	13:22+	19:57+	21:07+	21:43+	23:28+	25:16+	27:18+	28:34+	29:48+	30:44+	32:16+	33:09+	42:00+	43:03+	43:32+	43:42+
00:22-	00:44+	00:51+	03:04+	03:38+	01:12+	02:10+	01:21+	06:35+	01:10+	00:36-	01:45+	01:48+	02:02+	01:16+	01:14+	00:56+	01:32+	00:53+	08:51+	01:03+	00:29-	00:10-
00:02-	00:10&	00:11&	00:32#	01:46&	00:14#	00:07+	00:01+	05:23@	00:13#	00:03-	00:24&	00:12#	00:40&	00:37&	00:10#	00:19&	00:26&	00:22&	07:45@	00:09#	00:03-	00:01-
<b>7</b>	<b>Matilde Andersen-Otte</b>	<b>20</b>	<b>44:13</b>																			
00:28+	01:13+	01:55+	04:51+	09:53+	11:35+	15:35+	18:09+	20:14+	21:47+	22:58+	25:35+	28:02+	30:52+	32:11+	34:17+	35:34+	37:47+	38:50+	40:51+	42:40+	43:52+	44:13+
00:28+	00:45+	00:42+	02:56+	05:02+	01:42+	04:00+	02:34+	02:05+	01:33+	01:11+	02:37+	02:27+	02:50+	01:19+	02:06+	01:17+	02:13+	01:03+	02:01+	01:49+	01:12+	00:21+
00:04#	00:11&	00:02+	00:24#	03:10@	00:44&	01:57&	01:14&	00:53&	00:36&	00:32&	01:16&	00:51&	01:28@	00:40@	01:02&	00:40@	01:07@	00:32@	00:55&	00:55@	00:40@	00:10&
<b>8</b>	<b>Agnes Johansen</b>	<b>7</b>	<b>53:46</b>																			
00:28+	01:14+	02:04+	04:42+	07:21+	13:11+	15:25+	17:14+	18:29+	19:39+	20:27+	22:39+	25:22+	27:35+	28:26+	29:42+	30:52+	32:21+	33:01+	51:55+	52:51+	53:34+	53:46+
00:28+	00:46+	00:50+	02:38+	02:39+	05:50+	02:14+	01:49+	01:15+	01:10+	00:48+	02:12+	02:43+	02:13+	00:51+	01:16+	01:10+	01:29+	00:40+	18:54+	00:56+	00:43+	00:12+
00:04#	00:12&	00:10#	00:06+	00:47&	04:52@	00:11+	00:29&	00:03+	00:13#	00:09#	00:51&	01:07&	00:51&	00:12&	00:12#	00:33&	00:23&	00:09&	17:48@	00:02+	00:11&	00:01+
<b>Beste stræktid for klassen</b>																						
00:20	00:33	00:33	02:06	01:52	00:49	02:03	01:13	00:58	00:47	00:34	01:18	01:15	01:22	00:34	01:01	00:32	01:00	00:30	01:02	00:52	00:28	00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D-12B

<b>1</b>	<b>Juliane Fuglgaard</b>	<b>2</b>	<b>23:51</b>																
00:23=	01:10=	02:03=	05:08=	07:40=	09:38=	11:17=	12:30=	13:17=	14:03=	15:27=	16:18=	17:30=	19:15=	19:58=	21:19=	22:09=	23:10=	23:39=	23:51=
00:23=	00:47=	00:53=	03:05=	02:32=	01:58=	01:39=	01:13=	00:47=	00:46=	01:24=	00:51=	01:12=	01:45=	00:43=	01:21=	00:50=	01:01=	00:29=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid
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**Beste stræktid for klassen**

00:23 00:47 00:53 03:05 02:32 01:58 01:39 01:13 00:47 00:46 01:24 00:51 01:12 01:45 00:43 01:21 00:50 01:01 00:29 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D-14**

<b>1</b>	<b>Theresa Skouboe</b>	<b>2</b>	<b>26:16</b>
01:31=	02:25=	04:37=	07:17=
01:31=	00:54=	02:12=	02:40=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Elanor Henriksen</b>	<b>2</b>	<b>27:39</b>
01:30-	02:22-	05:44+	07:49+
01:30-	00:52-	03:22+	02:05-
00:01-	00:02-	01:10&	00:35-
<b>3</b>	<b>Gertrud Riis Madsen</b>	<b>20</b>	<b>28:28</b>
01:41+	02:46+	04:50+	07:21+
01:41+	01:05+	02:04-	02:31-
00:10#	00:11#	00:08-	00:09-
<b>4</b>	<b>Laura Holm Nielsen</b>	<b>2</b>	<b>30:52</b>
03:44+	04:53+	05:43+	07:47+
03:44+	01:09+	00:50-	02:04-
02:13@	00:15&	01:22-	00:36-
<b>5</b>	<b>Sara Tange Jacobsen</b>	<b>20</b>	<b>37:00</b>
01:51+	03:06+	05:50+	09:15+
01:51+	01:15+	02:44+	03:25+
00:20#	00:21&	00:32#	00:45&

**Beste stræktid for klassen**

01:30 00:52 00:50 02:04 01:09 00:45 00:57 02:27 01:08 01:12 02:05 01:18 01:06 00:32 00:31 00:57 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D-16**

<b>1</b>	<b>Rebecca Loft Thyssen</b>	<b>2</b>	<b>47:12</b>
03:17=	07:44=	11:14=	13:04=
03:17=	04:27=	03:30=	01:50=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Anne Sofie Thyssen Harfot</b>	<b>2</b>	<b>55:38</b>
05:54+	10:24+	14:29+	17:34+
05:54+	04:30+	04:05+	03:05+
02:37&	00:03+	00:35#	01:15&
<b>3</b>	<b>Ida Riis Madsen</b>	<b>20</b>	<b>57:22</b>
05:32+	10:30+	15:39+	17:29+
05:32+	04:58+	05:09+	01:50=
02:15&	00:31#	01:39&	00:00=
<b>4</b>	<b>Laura Bobach</b>	<b>20</b>	<b>1:04:32</b>
03:42+	09:29+	13:33+	16:35+
03:42+	05:47+	04:04+	03:02+
00:25#	01:20&	00:34#	01:12&
<b>5</b>	<b>Katinka Kilden</b>	<b>18</b>	<b>1:08:57</b>
06:00+	13:42+	18:45+	20:41+
06:00+	07:42+	05:03+	01:56+
02:43&	03:15&	01:33&	00:06+
<b>6</b>	<b>Maria Bo Kølbæk</b>	<b>9</b>	<b>2:07:50</b>
10:12+	23:47+	31:17+	49:32+
10:12+	13:35+	07:30+	18:15+
06:55@	09:08@	04:00@	16:25@

Class	Navn	Klasse														Tid			
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**Beste stræktid for klassen**

03:17 04:27 03:30 01:50 01:27 00:44 02:49 02:08 03:10 01:44 02:43 02:19 02:12 03:04 01:22 01:49 02:56 01:06 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D-20**

<b>1</b>	<b>Gréti Péntek</b>	<b>2</b>	<b>52:12</b>
02:04=	04:19= 06:07= 10:18= 11:25= 12:05= 15:47= 18:09= 20:42= 25:58= 29:05= 32:10= 34:52= 36:35= 39:42= 40:52= 44:56= 48:36= 49:55= 51:13= 52:03= 52:12=		
02:04=	02:15= 01:48= 04:11= 01:07= 00:40= 03:42= 02:22= 02:33= 05:16= 03:07= 03:05= 02:42= 01:43= 03:07= 01:10= 04:04= 03:40= 01:19= 01:18= 00:50= 00:09=		
00:00=	00:00= 00:00=		
<b>2</b>	<b>Henriette Nygaard Skjorbæk</b>	<b>1</b>	<b>54:29</b>
02:07+	04:29+ 06:31+ 11:03+ 12:12+ 12:49+ 16:17+ 19:14+ 21:45+ 29:01+ 32:14+ 34:00+ 37:18+ 39:33+ 42:19+ 43:31+ 47:30+ 51:10+ 52:28+ 53:38+ 54:20+ 54:29+		
02:07+	02:22+ 02:02+ 04:32+ 01:09+ 00:37- 03:28- 02:57+ 02:31- 07:16+ 03:13+ 01:46- 03:18+ 02:15+ 02:46- 01:12+ 03:59- 03:40= 01:18- 01:10- 00:42- 00:09=		
00:03+	00:07+ 00:14# 00:21+ 00:02+ 00:03- 00:14- 00:35# 00:02- 02:00& 00:06+ 01:19- 00:36# 00:32& 00:21- 00:02+ 00:05- 00:00= 00:01- 00:08- 00:08- 00:00=		
<b>3</b>	<b>Celine Hinge Krogsgaard</b>	<b>21</b>	<b>55:50</b>
02:06+	04:44+ 06:54+ 12:06+ 13:15+ 14:01+ 17:49+ 20:11+ 22:50+ 29:07+ 30:42+ 34:21+ 37:12+ 39:10+ 42:10+ 43:32+ 47:51+ 52:10+ 53:30+ 54:52+ 55:40+ 55:50+		
02:06+	02:38+ 02:10+ 05:12+ 01:09+ 00:46+ 03:48+ 02:22= 02:39+ 06:17+ 01:35- 03:39+ 02:51+ 01:58+ 03:00- 01:22+ 04:19+ 04:19+ 01:20+ 01:22+ 00:48- 00:10+		
00:02+	00:23# 00:22# 01:01# 00:02+ 00:06# 00:06+ 00:00= 00:06+ 01:01# 01:32- 00:34# 00:09+ 00:15# 00:07- 00:12# 00:15+ 00:39# 00:01+ 00:04+ 00:02- 00:01#		
<b>4</b>	<b>Anne Beukel Bak</b>	<b>8</b>	<b>1:00:08</b>
02:40+	04:59+ 06:53+ 12:23+ 13:54+ 14:43+ 18:09+ 21:15+ 24:18+ 31:44+ 35:12+ 38:13+ 41:10+ 43:12+ 46:14+ 47:41+ 51:59+ 56:18+ 57:39+ 59:06+ 60:00+ 60:08+		
02:40+	02:19+ 01:54+ 05:30+ 01:31+ 00:49+ 03:26- 03:06+ 03:03+ 07:26+ 03:28+ 03:01- 02:57+ 02:02+ 03:02- 01:27+ 04:18+ 04:19+ 01:21+ 01:27+ 00:54+ 00:08-		
00:36&	00:04+ 00:06+ 01:19& 00:24& 00:09# 00:16- 00:44& 00:30# 02:10& 00:21# 00:04- 00:15+ 00:19# 00:05- 00:17# 00:14+ 00:39# 00:02+ 00:09# 00:04+ 00:01-		
<b>5</b>	<b>Alberte Loft Thyssen</b>	<b>2</b>	<b>1:01:29</b>
02:17+	04:29+ 06:19+ 17:17+ 18:25+ 19:07+ 23:45+ 26:12+ 28:37+ 35:23+ 36:59+ 40:19+ 42:50+ 44:40+ 47:40+ 48:54+ 52:58+ 57:35+ 59:02+ 60:27+ 61:18+ 61:29+		
02:17+	02:12= 01:50+ 10:58+ 01:08+ 00:42+ 04:38+ 02:27+ 02:25- 06:46+ 01:36- 03:20+ 02:31- 01:50+ 03:00- 01:14+ 04:04= 04:37+ 01:27+ 01:25+ 00:51+ 00:11+		
00:13#	00:03- 00:02+ 06:47@ 00:01+ 00:02+ 00:56& 00:05+ 00:08- 01:30& 01:31- 00:15+ 00:11- 00:07+ 00:07- 00:04+ 00:00= 00:57& 00:08# 00:07+ 00:01+ 00:02#		
<b>6</b>	<b>Charlotte Nygaard Skjorbæk</b>	<b>1</b>	<b>1:11:26</b>
02:20+	05:32+ 08:46+ 14:19+ 15:30+ 16:13+ 19:58+ 22:27+ 25:29+ 39:38+ 41:40+ 43:37+ 48:54+ 51:07+ 55:17+ 57:06+ 62:04+ 66:43+ 68:32+ 70:11+ 71:17+ 71:26+		
02:20+	03:12+ 03:14+ 05:33+ 01:11+ 00:43+ 03:45+ 02:29+ 03:02+ 14:09+ 02:02- 01:57- 05:17+ 02:13+ 04:10+ 01:49+ 04:58+ 04:39+ 01:49+ 01:39+ 01:06+ 00:09=		
00:16#	00:57& 01:26& 01:22& 00:04+ 00:03+ 00:03+ 00:07+ 00:29# 08:53@ 01:05- 01:08- 02:35& 00:30& 01:03& 00:39& 00:54# 00:59& 00:30& 00:21& 00:16& 00:00=		
<b>7</b>	<b>Anne Benedikte Vindum Larsen</b>	<b>8</b>	<b>1:18:49</b>
03:07+	05:55+ 08:17+ 19:46+ 21:14+ 22:11+ 25:53+ 29:46+ 33:15+ 45:20+ 47:18+ 49:33+ 54:49+ 57:23+ 61:14+ 63:01+ 68:07+ 73:35+ 75:26+ 77:31+ 78:38+ 78:49+		
03:07+	02:48+ 02:22+ 11:29+ 01:28+ 00:57+ 03:42= 03:53+ 03:29+ 12:05+ 01:58- 02:15- 05:16+ 02:34+ 03:51+ 01:47+ 05:06+ 05:28+ 01:51+ 02:05+ 01:07+ 00:11+		
01:03&	00:33# 00:34& 07:18@ 00:21& 00:17& 00:00= 01:31& 00:56& 06:49@ 01:09- 00:50- 02:34& 00:51& 00:44# 00:37& 01:02& 01:48& 00:32& 00:47& 00:17& 00:02#		

**Beste stræktid for klassen**

02:04 02:12 01:48 04:11 01:07 00:37 03:26 02:22 02:25 05:16 01:35 01:46 02:31 01:43 02:46 01:10 03:59 03:40 01:18 01:10 00:42 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D-20B**

<b>1</b>	<b>Ditte Gottlieb</b>	<b>1</b>	<b>42:11</b>
02:14=	03:34= 06:04= 15:51= 17:20= 19:03= 22:21= 25:43= 27:30= 30:17= 33:20= 35:52= 37:16= 37:59= 40:33= 42:01= 42:11=		
02:14=	01:20= 02:30= 09:47= 01:29= 01:43= 03:18= 03:22= 01:47= 02:47= 03:03= 02:32= 01:24= 00:43= 02:34= 01:28= 00:10=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Emma Klitnæs</b>	<b>9</b>	<b>43:58</b>
04:30+	05:53+ 08:27+ 16:13+ 18:12+ 19:47+ 24:23+ 28:05+ 29:40+ 33:55+ 36:46+ 38:15+ 39:30+ 40:19+ 42:39+ 43:46+ 43:58+		
04:30+	01:23+ 02:34+ 07:46- 01:59+ 01:35- 04:36+ 03:42+ 01:35- 04:15+ 02:51- 01:29- 01:15- 00:49+ 02:20- 01:07- 00:12+		
02:16@	00:03+ 00:04+ 02:01- 00:30& 00:08- 01:18& 00:20+ 00:12- 01:28& 00:12- 01:03- 00:09- 00:06# 00:14- 00:21- 00:02#		
<b>3</b>	<b>Ida Johansen</b>	<b>7</b>	<b>49:06</b>
05:35+	06:51+ 09:37+ 20:23+ 22:22+ 24:25+ 28:28+ 32:26+ 34:55+ 37:54+ 40:44+ 42:09+ 43:31+ 44:27+ 47:01+ 48:51+ 49:06+		
05:35+	01:16- 02:46+ 10:46+ 01:59+ 02:03+ 04:03+ 03:58+ 02:29+ 02:59+ 02:50- 01:25- 01:22- 00:56+ 02:34= 01:50+ 00:15+		
03:21@	00:04- 00:16# 00:59# 00:30& 00:20# 00:45# 00:36# 00:42& 00:12+ 00:13- 01:07- 00:02- 00:13& 00:00= 00:22# 00:05&		
<b>4</b>	<b>Marianne Albertsen</b>	<b>7</b>	<b>51:32</b>
01:59-	03:07- 05:21- 11:58- 13:52- 22:46+ 25:44+ 29:14+ 30:46+ 37:02+ 40:15+ 41:44+ 43:08+ 43:52+ 49:42+ 51:20+ 51:32+		
01:59-	01:08- 02:14- 06:37- 01:54+ 08:54+ 02:58- 03:30+ 01:32- 06:16+ 03:13+ 01:29- 01:24= 00:44+ 05:50+ 01:38+ 00:12+		
00:15-	00:12- 00:16- 03:10- 00:25& 07:11@ 00:20- 00:08+ 00:15- 03:29@ 00:10+ 01:03- 00:00= 00:01+ 03:16@ 00:10# 00:02#		

Class	Navn	Klasse	Tid
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**Beste stræktid for klassen**

01:59 01:08 02:14 06:37 01:29 01:35 02:58 03:22 01:32 02:47 02:50 01:25 01:15 00:43 02:20 01:07 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D21-**

<b>1</b>	<b>Helle Bobach</b>	<b>8</b>	<b>56:51</b>
02:14=	04:49= 07:05= 12:13= 13:36= 14:23= 18:13= 21:05= 24:02= 30:05= 31:39= 33:44= 36:42= 38:55= 42:08= 43:32= 48:08= 52:34= 54:06= 55:45= 56:40= 56:51=		
02:14=	02:35= 02:16= 05:08= 01:23= 00:47= 03:50= 02:52= 02:57= 06:03= 01:34= 02:05= 02:58= 02:13= 03:13= 01:24= 04:36= 04:26= 01:32= 01:39= 00:55= 00:11=		
00:00=	00:00= 00:00=		
<b>2</b>	<b>Astrid Ank Jørgensen</b>	<b>2</b>	<b>57:58</b>
02:01-	04:18- 06:03- 10:25- 11:41- 12:27- 19:30+ 22:35+ 25:19+ 31:06+ 33:50+ 36:08+ 39:52+ 41:36+ 44:31+ 45:52+ 50:12+ 54:09+ 55:32+ 56:57+ 57:49+ 57:58+		
02:01-	02:17- 01:45- 04:22- 01:16- 00:46- 07:03+ 03:05+ 02:44- 05:47- 02:44+ 02:18+ 03:44+ 01:44- 02:55- 01:21- 04:20- 03:57- 01:23- 01:25- 00:52- 00:09-		
00:13-	00:18- 00:31- 00:46- 00:07- 00:01- 03:13& 00:13+ 00:13- 00:16- 01:10& 00:13# 00:46& 00:29- 00:18- 00:03- 00:16- 00:29- 00:09- 00:14- 00:03- 00:02-		
<b>3</b>	<b>Camilla Bertel Andersen</b>	<b>3</b>	<b>1:08:12</b>
02:55+	05:48+ 08:11+ 13:35+ 14:52+ 15:34+ 20:28+ 27:03+ 30:06+ 36:09+ 37:40+ 39:55+ 43:55+ 46:24+ 49:36+ 50:59+ 55:57+ 60:05+ 65:34+ 67:01+ 68:02+ 68:12+		
02:55+	02:53+ 02:23+ 05:24+ 01:17- 00:42- 04:54+ 06:35+ 03:03+ 06:03= 01:31- 02:15+ 04:00+ 02:29+ 03:12- 01:23- 04:58+ 04:08- 05:29+ 01:27- 01:01+ 00:10-		
00:41&	00:18# 00:07+ 00:16+ 00:06- 00:05- 01:04& 03:43@ 00:06+ 00:00= 00:03- 00:10+ 01:02& 00:16# 00:01- 00:01- 00:22+ 00:18- 03:57@ 00:12- 00:06# 00:01-		
<b>4</b>	<b>Marie-Louise Møller</b>	<b>8</b>	<b>1:09:16</b>
03:20+	06:13+ 10:45+ 16:04+ 17:36+ 18:32+ 22:32+ 26:43+ 30:54+ 39:59+ 41:41+ 43:54+ 47:56+ 50:20+ 53:55+ 55:17+ 60:37+ 65:08+ 66:40+ 68:14+ 69:08+ 69:16+		
03:20+	02:53+ 04:32+ 05:19+ 01:32+ 00:56+ 04:00+ 04:11+ 04:11+ 09:05+ 01:42+ 02:13+ 04:02+ 02:24+ 03:35+ 01:22- 05:20+ 04:31+ 01:32= 01:34- 00:54- 00:08-		
01:06&	00:18# 00:16& 00:11+ 00:09# 00:10+ 01:19& 01:14& 03:02& 00:08+ 00:08+ 01:04& 00:11+ 00:22# 00:02- 00:44# 00:05+ 00:00= 00:05- 00:01- 00:03-		
<b>5</b>	<b>Kristine Baagø</b>	<b>7</b>	<b>1:11:31</b>
02:45+	05:22+ 08:02+ 13:58+ 15:20+ 16:10+ 22:17+ 25:06+ 28:23+ 35:46+ 37:53+ 46:26+ 51:03+ 53:03+ 56:22+ 57:53+ 62:54+ 67:09+ 68:56+ 70:26+ 71:21+ 71:31+		
02:45+	02:37+ 02:40+ 05:56+ 01:22- 00:50+ 06:07+ 02:49- 03:17+ 07:23+ 02:07+ 08:33+ 04:37+ 02:00- 03:19+ 01:31+ 05:01+ 04:15- 01:47+ 01:30- 00:55= 00:10-		
00:31#	00:02+ 00:24# 00:48# 00:01- 00:03+ 02:17& 00:03- 00:20# 01:20# 00:33& 06:28@ 01:39& 00:13- 00:06+ 00:07+ 00:25+ 00:11- 00:15# 00:09- 00:00= 00:01-		
<b>6</b>	<b>Tine Juul Gade</b>	<b>7</b>	<b>1:21:27</b>
02:59+	06:11+ 08:36+ 17:38+ 19:11+ 20:02+ 29:00+ 32:30+ 35:54+ 44:50+ 47:00+ 52:24+ 56:55+ 59:51+ 64:07+ 65:55+ 71:25+ 76:43+ 78:31+ 80:20+ 81:19+ 81:27+		
02:59+	03:12+ 02:25+ 09:02+ 01:33+ 00:51+ 08:58+ 03:30+ 03:24+ 08:56+ 02:10+ 05:24+ 04:31+ 02:56+ 04:16+ 01:48+ 05:30+ 05:18+ 01:48+ 01:49+ 00:59+ 00:08-		
00:45&	00:37# 00:09+ 03:54& 00:10# 00:04+ 05:08@ 00:38# 00:27# 02:53& 00:36& 03:19@ 01:33& 00:43& 01:03& 00:24& 00:54# 00:52# 00:16# 00:10# 00:04+ 00:03-		
<b>7</b>	<b>Anne Blom</b>	<b>4</b>	<b>1:22:52</b>
02:32+	05:18+ 07:35+ 24:13+ 26:11+ 26:58+ 31:23+ 34:53+ 37:32+ 44:09+ 46:01+ 48:21+ 52:44+ 64:13+ 67:35+ 69:16+ 74:31+ 78:49+ 80:16+ 81:48+ 82:42+ 82:52+		
02:32+	02:46+ 02:17+ 16:38+ 01:58+ 00:47= 04:25+ 03:30+ 02:39- 06:37+ 01:52+ 02:20+ 04:23+ 11:29+ 03:22+ 01:41+ 05:15+ 04:18- 01:27- 01:32- 00:54- 00:10-		
00:18#	00:11+ 00:01+ 11:30@ 00:35& 00:00= 00:35# 00:38# 00:18- 00:34+ 00:18# 00:15# 01:25& 09:16@ 00:09+ 00:17# 00:39# 00:08- 00:05- 00:07- 00:01- 00:01-		
<b>8</b>	<b>Signe Just Olsen</b>	<b>5</b>	<b>1:53:33</b>
04:57+	11:08+ 14:48+ 24:53+ 27:17+ 28:41+ 35:52+ 42:39+ 48:32+ 60:21+ 62:53+ 69:08+ 77:16+ 81:22+ 86:54+ 89:33+ 98:40+ 106:22+ 108:46+ 111:39+ 113:13+ 113:33+		
04:57+	06:11+ 03:40+ 10:05+ 02:24+ 01:24+ 07:11+ 06:47+ 05:53+ 11:49+ 02:32+ 06:15+ 08:08+ 04:06+ 05:32+ 02:39+ 09:07+ 07:42+ 02:24+ 02:53+ 01:34+ 00:20+		
02:43@	03:36@ 01:24& 04:57& 01:01& 00:37& 03:21& 03:55@ 02:56& 05:46& 00:58& 04:10@ 05:10@ 01:53& 02:19& 01:15& 04:31& 03:16& 00:52& 01:14& 00:39& 00:09&		

**Beste stræktid for klassen**

02:01 02:17 01:45 04:22 01:16 00:42 03:50 02:49 02:39 05:47 01:31 02:05 02:58 01:44 02:55 01:21 04:20 03:57 01:23 01:25 00:52 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D21-B**

<b>1</b>	<b>Pernille Simonsen</b>	<b>6</b>	<b>35:57</b>
02:04=	03:10= 06:01= 09:31= 11:05= 12:30= 15:41= 20:04= 21:29= 24:39= 27:44= 29:32= 31:06= 31:45= 34:29= 35:45= 35:57=		
02:04=	01:06= 02:51= 03:30= 01:34= 01:25= 03:11= 04:23= 01:25= 03:10= 03:05= 01:48= 01:34= 00:39= 02:44= 01:16= 00:12=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Hanne Skovrider</b>	<b>4</b>	<b>36:21</b>
02:24+	03:21+ 05:41- 11:51+ 13:40+ 15:08+ 18:07+ 21:13+ 22:57+ 25:48+ 28:33+ 30:03+ 31:24+ 32:08+ 34:38+ 36:12+ 36:21+		
02:24+	00:57- 02:20- 06:10+ 01:49+ 01:28+ 02:59- 03:06- 01:44+ 02:51- 02:45- 01:30- 01:21- 00:44+ 02:30- 01:34+ 00:09-		
00:20#	00:09- 00:31- 02:40& 00:15# 00:03+ 00:12- 01:17- 00:19# 00:19- 00:20- 00:18- 00:13- 00:05# 00:14- 00:18# 00:03-		
<b>3</b>	<b>Nina E. Kristiansen</b>	<b>15</b>	<b>37:41</b>
01:54-	03:13+ 05:33- 09:32+ 11:52+ 14:03+ 17:48+ 21:16+ 22:54+ 26:05+ 29:02+ 30:42+ 32:12+ 32:56+ 35:37+ 37:30+ 37:41+		
01:54-	01:19+ 02:20- 03:59+ 02:20+ 02:11+ 03:45+ 03:28- 01:38+ 03:11+ 02:57- 01:40- 01:30- 00:44+ 02:41- 01:53+ 00:11-		
00:10-	00:13# 00:31- 00:29# 00:46& 00:46& 00:34# 00:55- 00:13# 00:01+ 00:08- 00:08- 00:04- 00:05# 00:03- 00:37& 00:01-		

Class	Navn	Klasse	Tid													
<b>4</b>	<b>Nanna Christensen</b>	<b>5</b>	<b>42:47</b>													
02:24+	03:38+	06:24+	09:53+	12:09+	13:43+	17:22+	21:00+	22:49+	26:01+	29:17+	30:55+	32:34+	33:16+	40:38+	42:34+	42:47+
02:24+	01:14+	02:46-	03:29-	02:16+	01:34+	03:39+	03:38-	01:49+	03:12+	03:16+	01:38-	01:39+	00:42+	07:22+	01:56+	00:13+
00:20#	00:08#	00:05-	00:01-	00:42&	00:09#	00:28#	00:45-	00:24&	00:02+	00:11+	00:10-	00:05+	00:03+	04:38@	00:40&	00:01+
<b>5</b>	<b>Sofie Eg Jørgensen</b>	<b>9</b>	<b>43:40</b>													
06:57+	08:13+	10:59+	15:39+	18:07+	19:26+	23:08+	26:28+	27:52+	30:46+	34:11+	36:22+	37:44+	38:24+	41:40+	43:28+	43:40+
06:57+	01:16+	02:46-	04:40+	02:28+	01:19-	03:42+	03:20-	01:24-	02:54-	03:25+	02:11+	01:22-	00:40+	03:16+	01:48+	00:12=
04:53@	00:10#	00:05-	01:10&	00:54&	00:06-	00:31#	01:03-	00:01-	00:16-	00:20#	00:23#	00:12-	00:01+	00:32#	00:32&	00:00=
<b>6</b>	<b>Sara Konstantin Nissen</b>	<b>9</b>	<b>44:21</b>													
04:12+	05:22+	16:27+	20:08+	21:37+	22:35+	26:47+	29:39+	31:20+	34:04+	36:51+	38:44+	40:06+	40:41+	43:02+	44:08+	44:21+
04:12+	01:10+	11:05+	03:41+	01:29-	00:58-	04:12+	02:52-	01:41+	02:44-	02:47-	01:53+	01:22-	00:35-	02:21-	01:06-	00:13+
02:08@	00:04+	08:14@	00:11+	00:05-	00:27-	01:01&	01:31-	00:16#	00:26-	00:18-	00:05+	00:12-	00:04-	00:23-	00:10-	00:01+
<b>7</b>	<b>Betina Gram Johansen</b>	<b>4</b>	<b>44:22</b>													
01:50-	02:44-	04:49-	19:49+	21:13+	22:16+	27:40+	29:58+	31:44+	34:46+	36:59+	38:58+	40:14+	40:43+	43:11+	44:09+	44:22+
01:50-	00:54-	02:05-	15:00+	01:24-	01:03-	05:24+	02:18-	01:46+	03:02-	02:13-	01:59+	01:16-	00:29-	02:28-	00:58-	00:13+
00:14-	00:12-	00:46-	11:30@	00:10-	00:22-	02:13&	02:05-	00:21#	00:08-	00:52-	00:11#	00:18-	00:10-	00:16-	00:18-	00:01+
<b>8</b>	<b>Sanne Andersen</b>	<b>8</b>	<b>53:08</b>													
03:51+	05:33+	08:29+	12:54+	17:49+	18:54+	23:44+	34:00+	36:32+	40:07+	43:33+	45:16+	47:04+	48:05+	51:17+	52:56+	53:08+
03:51+	01:42+	02:56+	04:25+	04:55+	01:05-	04:50+	10:16+	02:32+	03:35+	03:26+	01:43-	01:48+	01:01+	03:12+	01:39+	00:12=
01:47&	00:36&	00:05+	00:55&	03:21@	00:20-	01:39&	05:53@	01:07&	00:25#	00:21#	00:05-	00:14#	00:22&	00:28#	00:23&	00:00=
<b>Beste stræktid for klassen</b>																
01:50	00:54	02:05	03:29	01:24	00:58	02:59	02:18	01:24	02:44	02:13	01:30	01:16	00:29	02:21	00:58	00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D21-C

<b>1</b>	<b>Merete Kirkegaard</b>	<b>2</b>	<b>33:18</b>																			
00:41=	01:18=	02:01=	04:20=	06:15=	07:15=	09:56=	11:34=	14:30=	15:50=	16:28=	19:01=	20:33=	21:57=	22:43=	23:48=	24:31=	25:51=	26:34=	30:49=	32:35=	33:06=	33:18=
00:41=	00:37=	00:43=	02:19=	01:55=	01:00=	02:41=	01:38=	02:56=	01:20=	00:38=	02:33=	01:32=	01:24=	00:46=	01:05=	00:43=	01:20=	00:43=	04:15=	01:46=	00:31=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Mette Klinge Cornelius</b>	<b>2</b>	<b>34:19</b>																			
00:29-	01:10-	01:50-	04:33+	10:53+	15:00+	16:59+	18:20+	19:33+	20:23+	22:23+	23:59+	25:46+	26:33+	27:43+	28:28+	29:57+	30:47+	32:16+	33:23+	34:05+	34:19+	
00:29-	00:41+	00:40-	02:43+	06:20+	01:24+	02:43+	01:59+	01:21-	01:13-	00:50+	02:00-	01:36+	01:47+	00:47+	01:10+	00:45+	01:29+	00:50+	01:29-	01:07-	00:42+	00:14+
00:12-	00:04#	00:03-	00:24#	04:25@	00:24&	00:02+	00:21#	01:35-	00:07-	00:12&	00:33-	00:04+	00:23&	00:01+	00:05+	00:02+	00:09#	00:07#	02:46-	00:39-	00:11&	00:02#
<b>3</b>	<b>Vibeke Gottlieb</b>	<b>1</b>	<b>37:40</b>																			
00:39-	01:26+	02:19+	05:51+	10:41+	13:11+	16:27+	18:55+	20:06+	21:20+	22:10+	24:10+	26:30+	28:30+	29:32+	30:53+	31:36+	33:04+	33:46+	35:22+	36:43+	37:26+	37:40+
00:39-	00:47+	00:53+	03:32+	04:50+	02:30+	03:16+	02:28+	01:11-	01:14-	00:50+	02:00-	02:20+	02:00+	01:02+	01:21+	00:43=	01:28+	00:42-	01:36-	01:21-	00:43+	00:14+
00:02-	00:10&	00:10#	01:13&	02:55@	01:30@	00:35#	00:50&	01:45-	00:06-	00:12&	00:33-	00:48&	00:36&	00:16&	00:16#	00:00=	00:08+	00:01-	02:39-	00:25-	00:12&	00:02#
<b>4</b>	<b>Lotte Kirk Mortensen</b>	<b>1</b>	<b>37:51</b>																			
00:27-	01:17-	02:00-	04:49+	09:26+	10:59+	13:44+	15:38+	19:22+	20:48+	21:49+	23:36+	26:05+	27:47+	28:44+	30:08+	31:11+	32:38+	33:24+	35:18+	36:32+	37:39+	37:51+
00:27-	00:50+	00:43=	02:49+	04:37+	01:33+	02:45+	01:54+	03:44+	01:26+	01:01+	01:47-	02:29+	01:42+	00:57+	01:24+	01:03+	01:27+	00:46+	01:54-	01:14-	01:07+	00:12=
00:14-	00:13&	00:00=	00:30#	02:42@	00:33&	00:04+	00:16#	00:48&	00:06+	00:23&	00:46-	00:57&	00:18#	00:11#	00:19&	00:20&	00:07+	00:03+	02:21-	00:32-	00:36@	00:00=
<b>5</b>	<b>Jeanette Salling</b>	<b>4</b>	<b>39:13</b>																			
00:42+	01:39+	02:37+	05:44+	08:17+	09:12+	12:12+	14:45+	15:50+	16:46+	17:40+	21:30+	22:54+	25:49+	26:31+	28:37+	29:13+	30:19+	31:03+	37:03+	38:13+	38:56+	39:13+
00:42+	00:57+	00:58+	03:07+	02:33+	00:55-	03:00+	02:33+	01:05-	00:56-	00:54+	03:50+	01:24-	02:55+	00:42-	02:06+	00:36-	01:06-	00:44+	06:00+	01:10-	00:43+	00:17+
00:01+	00:20&	00:15&	00:48&	00:38&	00:05-	00:19#	00:55&	01:51-	00:24-	00:16&	01:17&	00:08-	01:31@	00:04-	01:01&	00:07-	00:14-	00:01+	01:45&	00:36-	00:12&	00:05&
<b>6</b>	<b>Ulla Hvid Steffensen</b>	<b>5</b>	<b>41:01</b>																			
00:44+	01:27+	02:14+	04:57+	09:21+	11:29+	14:04+	17:05+	19:07+	20:20+	21:29+	23:08+	25:06+	27:11+	28:22+	29:53+	30:41+	32:17+	32:59+	35:18+	39:43+	40:43+	41:01+
00:44+	00:43+	00:47+	02:43+	04:24+	02:35-	03:01+	02:02-	01:13-	01:09+	01:39-	01:39-	01:58+	02:05+	00:42-	01:11+	00:48+	00:42-	02:19-	04:25+	01:00+	00:18+	
00:03+	00:06#	00:04+	00:24#	02:29@	01:08@	00:06-	01:23&	00:54-	00:07-	00:31&	00:54-	00:26&	00:41&	00:25&	00:26&	00:05#	00:16#	00:01-	01:56-	02:39@	00:29&	00:06&
<b>7</b>	<b>Lene Johannesen</b>	<b>3</b>	<b>44:24</b>																			
19:53+	25:34+	32:30+	34:25+	36:25+	37:30+	44:08+	44:24+															
19:53+	05:41+	06:56+	01:55-	02:00+	01:05+	06:38+	00:16-															
19:12@	05:04@	06:13@	00:24-	00:05+	00:05+	03:57@	01:22-															
<b>8</b>	<b>Berit Smallwood</b>	<b>4</b>	<b>50:40</b>																			
00:31-	01:20+	02:09+	04:54+	10:46+	12:01+	18:29+	25:30+	27:19+	28:43+	29:57+	33:10+	35:14+	37:50+	38:50+	40:31+	41:19+	43:02+	43:50+	48:08+	49:32+	50:27+	50:40+
00:31-	00:49+	00:49+	02:45+	05:52+	01:15+	06:28+	07:01+	01:49-	01:24+	01:14+	03:13+	02:04+	02:36+	01:00+	01:41+	00:48+	01:43+	00:48+	04:18+	01:24-	00:55+	00:13+
00:10-	00:12&	00:06#	00:26#	03:57@	00:15#	03:47@	05:23@	01:07-	00:04+	00:36&	00:40&	00:32&	01:12&	00:14&	00:36&	00:05#	00:23&	00:05#	00:03+	00:22-	00:24&	00:01+

Class	Navn	Klasse	Tid
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**Beste stræktid for klassen**

00:27 00:37 00:40 01:55 01:55 00:55 02:35 00:16 01:05 00:56 00:38 01:39 01:24 01:24 00:42 01:05 00:36 01:06 00:42 01:29 01:07 00:31 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D35-**

<b>1</b>	<b>Rikke Holm Jensen</b>	<b>2</b>	<b>54:20</b>
02:35=	05:01=	07:00=	11:38=
02:35=	02:26=	01:59=	04:38=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Heidi Hinge Krogsgaard</b>	<b>21</b>	<b>1:03:56</b>
02:13-	04:48-	07:22+	13:06+
02:13-	02:35+	02:34+	05:44+
00:22-	00:09+	00:35&	01:06#
<b>3</b>	<b>Anna Bobach</b>	<b>8</b>	<b>1:08:59</b>
03:01+	05:48+	07:51+	12:53+
03:01+	02:47+	02:03+	05:02+
00:26#	00:21#	00:04+	00:24+
<b>4</b>	<b>Pia Grønberg Hansen - Ufk</b>	<b>14</b>	<b>1:14:50</b>
03:49+	08:13+	14:12+	20:47+
03:49+	04:24+	05:59+	06:35+
01:14&	01:58&	04:00@	01:57&
<b>5</b>	<b>Mette Reiche Sørensen</b>	<b>5</b>	<b>2:28:02</b>
04:58+	10:24+	14:48+	25:19+
04:58+	05:26+	04:24+	10:31+
02:23&	03:00@	02:25@	05:53@

**Beste stræktid for klassen**

02:13 02:26 01:59 04:38 01:19 00:43 03:08 02:40 02:36 05:43 01:18 02:42 03:02 01:50 01:19 00:15 04:04 03:37 01:23 01:24 00:46 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**D35-B**

<b>1</b>	<b>Connie Henriksen</b>	<b>23</b>	<b>36:40</b>
02:12=	03:18=	05:56=	09:20=
02:12=	01:06=	02:38=	03:24=
00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Jane Clausen</b>	<b>5</b>	<b>36:55</b>
02:02-	03:18=	05:49-	12:42+
02:02-	01:16+	02:31-	06:53+
00:10-	00:10#	00:07-	03:29@
<b>3</b>	<b>Mette Fosvald</b>	<b>8</b>	<b>40:34</b>
05:19+	06:50+	09:55+	15:07+
05:19+	01:31+	03:05+	05:12+
03:07@	00:25&	00:27#	01:48&
<b>4</b>	<b>Andrea Höhnke</b>	<b>2</b>	<b>42:02</b>
04:39+	05:59+	08:29+	12:55+
04:39+	01:20+	02:30-	04:26+
02:27@	00:14#	00:08-	01:02&
<b>5</b>	<b>Kasia Bury</b>	<b>6</b>	<b>42:38</b>
03:28+	06:21+	10:17+	15:29+
03:28+	02:53+	03:56+	05:12+
01:16&	01:47@	01:18&	01:48&
<b>6</b>	<b>Louise Kolind</b>	<b>9</b>	<b>44:05</b>
02:13+	03:35+	07:19+	11:22+
02:13+	01:22+	03:44+	04:03+
00:01+	00:16#	01:06&	00:39#



Class	Navn	Klasse										Tid				
<b>7</b>	<b>Elin Jørgensen</b>	<b>1</b>										<b>47:51</b>				
06:31+	07:42+	10:01+	14:57+	16:23+	19:11+	28:20+	31:57+	33:47+	37:34+	40:10+	41:36+	43:09+	43:55+	46:16+	47:41+	47:51+
06:31+	01:11+	02:19-	04:56+	01:26-	09:09+	03:37+	01:50+	03:47+	02:36-	01:26-	01:33+	00:46+	02:21-	01:25+	00:10-	
04:19@	00:05+	00:19-	01:32&	00:58-	01:36@	04:24&	00:13+	00:20#	00:40#	00:17-	00:28-	00:12#	00:05#	00:11-	00:01+	00:03-
<b>8</b>	<b>Lone Wulff Pedersen</b>	<b>2</b>										<b>49:05</b>				
05:12+	06:33+	10:18+	15:12+	17:31+	19:21+	27:08+	30:48+	33:12+	37:48+	40:56+	42:34+	43:47+	44:36+	47:27+	48:52+	49:05+
05:12+	01:21+	03:45+	04:54+	02:19-	01:50+	07:47+	03:40+	02:24+	04:36+	03:08+	01:38-	01:13-	00:49+	02:51+	01:25+	00:13=
03:00@	00:15#	01:07&	01:30&	00:05-	00:38&	03:02&	00:16+	00:54&	01:29&	00:15+	00:16-	00:08-	00:08#	00:19#	00:01+	00:00=
<b>9</b>	<b>Karen Sieg</b>	<b>2</b>										<b>49:43</b>				
03:16+	04:32+	15:54+	19:07+	23:28+	25:26+	30:42+	34:23+	36:24+	39:22+	42:23+	43:29+	44:57+	45:45+	48:12+	49:31+	49:43+
03:16+	01:16+	11:22+	03:13-	04:21+	01:58+	05:16+	03:41+	02:01+	02:58-	03:01+	01:06-	01:28+	00:48+	02:27-	01:19-	00:12-
01:04&	00:10#	08:44@	00:11-	01:57&	00:46&	00:31#	00:17+	00:31&	00:09-	00:08+	00:48-	00:07+	00:07#	00:05-	00:05-	00:01-
<b>10</b>	<b>Tove Jessen</b>	<b>1</b>										<b>52:39</b>				
03:09+	04:45+	08:25+	12:57+	15:27+	17:36+	26:31+	30:35+	33:28+	38:24+	41:56+	45:04+	46:43+	47:37+	50:56+	52:25+	52:39+
03:09+	01:36+	03:40+	04:32+	02:30+	02:09+	08:55+	04:04+	02:53+	04:56+	03:32+	03:08+	01:39+	00:54+	03:19+	01:29+	00:14+
00:57&	00:30&	01:02&	01:08&	00:06+	00:57&	04:10&	00:40#	01:23&	01:49&	00:39#	01:14&	00:18#	00:13&	00:47&	00:05+	00:01+
<b>11</b>	<b>Birthe Lysgaard</b>	<b>NOTEAR</b>										<b>54:25</b>				
04:18+	06:09+	10:01+	14:58+	18:39+	20:45+	26:16+	30:17+	33:03+	38:13+	42:37+	45:21+	47:09+	48:13+	51:46+	53:57+	54:25+
04:18+	01:51+	03:52+	04:57+	03:41+	02:06+	05:31+	04:01+	02:46+	05:10+	04:24+	02:44+	01:48+	01:04+	03:33+	02:11+	00:28+
02:06&	00:45&	01:14&	01:33&	01:17&	00:54&	00:46#	00:37#	01:16&	02:03&	01:31&	00:50&	00:27&	00:23&	01:01&	00:47&	00:15@
<b>12</b>	<b>Ida Eller Skaarup</b>	<b>5</b>										<b>54:32</b>				
04:55+	06:28+	09:26+	14:16+	16:57+	20:16+	31:33+	35:33+	37:54+	41:54+	45:11+	46:36+	48:06+	48:54+	51:53+	54:18+	54:32+
04:55+	01:33+	02:58+	04:50+	02:41+	03:19+	11:17+	04:00+	02:21+	04:00+	03:17+	01:25-	01:30+	00:48+	02:59+	02:25+	00:14+
02:43@	00:27&	00:20#	01:26&	00:17#	02:07@	06:32@	00:36#	00:51&	00:53&	00:24#	00:29-	00:09#	00:07#	00:27#	01:01&	00:01+
<b>13</b>	<b>Dorte Bruun</b>	<b>8</b>										<b>1:00:50</b>				
02:53+	04:13+	13:51+	19:04+	21:29+	29:49+	33:24+	38:16+	40:35+	49:34+	52:33+	53:57+	55:23+	56:15+	59:02+	60:40+	60:50+
02:53+	01:20+	09:38+	05:13+	02:25+	08:20+	03:35-	04:52+	02:19+	08:59+	02:59+	01:24-	01:26+	00:52+	02:47+	01:38+	00:10-
00:41&	00:14#	07:00@	01:49&	00:01+	07:08@	01:10-	01:28&	00:49&	05:52@	00:06+	00:30-	00:05+	00:11&	00:15+	00:14#	00:03-
<b>14</b>	<b>Grethe Jørgensen</b>	<b>21</b>										<b>1:10:21</b>				
04:20+	05:59+	10:29+	15:31+	18:58+	20:40+	31:29+	39:45+	42:22+	51:41+	56:16+	59:02+	61:23+	62:44+	67:58+	70:02+	70:21+
04:20+	01:39+	04:30+	05:02+	03:27+	01:42+	10:49+	08:16+	02:37+	09:19+	04:35+	02:46+	02:21+	01:21+	05:14+	02:04+	00:19+
02:08&	00:33&	01:52&	01:38&	01:03&	00:30&	06:04@	04:52@	01:07&	06:12@	01:42&	00:52&	01:00&	00:40&	02:42@	00:40&	00:06&
<b>15</b>	<b>Inge Iversen</b>	<b>4</b>										<b>1:12:48</b>				
04:45+	06:39+	11:31+	16:31+	20:55+	23:22+	28:25+	43:27+	47:04+	51:43+	56:48+	60:43+	63:12+	64:26+	69:27+	72:27+	72:48+
04:45+	01:54+	04:52+	05:00+	04:24+	02:27+	05:03+	15:02+	03:37+	04:39+	05:05+	03:55+	02:29+	01:14+	05:01+	03:00+	00:21+
02:33@	00:48&	02:14&	01:36&	02:00&	01:15@	00:18+	11:38@	02:07@	01:32&	02:12&	02:01@	01:08&	00:33&	02:29&	01:36@	00:08&
<b>16</b>	<b>Vibeke Hansen</b>	<b>7</b>										<b>1:13:03</b>				
07:48+	09:55+	16:12+	21:51+	25:30+	28:34+	33:55+	40:49+	43:22+	51:30+	56:56+	59:50+	62:40+	64:11+	69:54+	72:40+	73:03+
07:48+	02:07+	06:17+	05:39+	03:39+	03:04+	05:21+	06:54+	02:33+	08:08+	05:26+	02:54+	02:50+	01:31+	05:43+	02:46+	00:23+
05:36@	01:01&	03:39@	02:15&	01:15&	01:52@	00:36#	03:30@	01:03&	05:01@	02:33&	01:00&	01:29@	00:50@	03:11@	01:22&	00:10&
<b>17</b>	<b>Gro Glans</b>	<b>5</b>										<b>1:15:11</b>				
04:42+	07:31+	12:41+	20:24+	24:09+	27:15+	34:57+	43:25+	46:53+	53:26+	59:33+	61:46+	64:37+	66:04+	71:59+	74:48+	75:11+
04:42+	02:49+	05:10+	07:43+	03:45+	03:06+	07:42+	08:28+	03:28+	06:33+	06:07+	02:13+	02:51+	01:27+	05:55+	02:49+	00:23+
02:30@	01:43@	02:32&	04:19@	01:21&	01:54@	02:57&	05:04@	01:58@	03:26@	03:14@	00:19#	01:30@	00:46@	03:23@	01:25@	00:10&
<b>18</b>	<b>Inge Løvig Pedersen</b>	<b>3</b>										<b>1:20:32</b>				
04:24+	05:41+	08:33+	45:09+	47:19+	48:42+	52:14+	56:38+	61:16+	66:18+	69:39+	71:50+	74:07+	74:59+	78:22+	80:16+	80:32+
04:24+	01:17+	02:52+	36:36+	02:10-	01:23+	03:32-	04:24+	04:38+	05:02+	03:21+	02:11+	02:17+	00:52+	03:23+	01:54+	00:16+
02:12&	00:11#	00:14+	33:12@	00:14-	00:11#	01:13-	01:00&	03:08@	01:55&	00:28#	00:17#	00:56&	00:11&	00:51&	00:30&	00:03#
<b>19</b>	<b>Dorte Friis</b>	<b>22</b>										<b>1:22:14</b>				
13:50+	16:04+	20:49+	28:59+	36:40+	39:31+	44:59+	51:44+	56:06+	62:13+	67:24+	70:32+	73:22+	74:36+	78:50+	81:57+	82:14+
13:50+	02:14+	04:45+	08:10+	07:41+	02:51+	05:28+	06:45+	04:22+	06:07+	05:11+	03:08+	02:50+	01:14+	04:14+	03:07+	00:17+
11:38@	01:08@	02:07&	04:46@	05:17@	01:39@	00:43#	03:21&	02:52@	03:00&	02:18&	01:14&	01:29@	00:33&	01:42&	01:43@	00:04&
<b>20</b>	<b>Helle Bach</b>	<b>6</b>										<b>1:58:33</b>				
05:34+	08:34+	15:08+	21:56+	27:11+	31:19+	39:16+	47:48+	52:17+	91:42+	98:23+	100:43+	103:55+	105:42+	115:17+	118:14+	118:33+
05:34+	03:00+	06:34+	06:48+	05:15+	04:08+	07:57+	08:32+	04:29+	39:25+	06:41+	02:20+	03:12+	01:47+	09:35+	02:57+	00:19+
03:22@	01:54@	03:56@	03:24&	02:51@	02:56@	03:12&	05:08@	02:59@	36:18@	03:48@	00:26#	01:51@	01:06@	07:03@	01:33@	00:06&
<b>Beste stræktid for klassen</b>																
02:02	01:06	02:19	03:13	01:26	01:09	02:38	02:37	01:18	02:43	02:36	01:06	01:13	00:40	02:21	01:13	00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### D40-

<b>1</b>	<b>Irene K. Mikkelsen</b>	<b>2</b>	<b>55:36</b>															
02:47=	05:28=	08:03=	10:28=	12:39=	19:15=	21:27=	23:06=	27:50=	30:29=	33:39=	40:40=	42:09=	46:35=	51:08=	52:15=	54:17=	55:28=	55:36=
02:47=	02:41=	02:35=	02:25=	02:11=	06:36=	02:12=	01:39=	04:44=	02:39=	03:10=	07:01=	01:29=	04:26=	04:33=	01:07=	02:02=	01:11=	00:08=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Maiken Rahbek Thyssen</b>	<b>2</b>	<b>1:01:27</b>															
03:03+	05:22-	08:40+	11:22+	13:20+	19:11-	21:46+	23:26+	33:54+	37:38+	41:16+	46:37+	47:57+	52:00+	56:17+	57:29+	59:21+	61:19+	61:27+
03:03+	02:19-	03:18+	02:42+	01:58-	05:51-	02:35+	01:40+	10:28+	03:44+	03:38+	05:21-	01:20-	04:03-	04:17-	01:12+	01:52-	01:58+	00:08=
00:16+	00:22-	00:43&	00:17#	00:13-	00:45-	00:23#	00:01+	05:44&	01:05&	00:28#	01:40-	00:09-	00:23-	00:16-	00:05+	00:10-	00:47&	00:00=
<b>3</b>	<b>Lene Bejer Damgaard</b>	<b>7</b>	<b>1:06:16</b>															
03:34+	06:40+	09:44+	12:11+	14:33+	20:24+	22:50+	24:39+	30:05+	32:34+	36:15+	49:00+	50:27+	55:06+	60:11+	61:36+	64:51+	66:06+	66:16+
03:34+	03:06+	03:04+	02:27+	02:22+	05:51-	02:26+	01:49+	05:26+	02:29-	03:41+	12:45+	01:27-	04:39+	05:05+	01:25+	03:15+	01:15+	00:10+
00:47&	00:25#	00:29#	00:02+	00:11+	00:45-	00:14#	00:10#	00:42#	00:10-	00:31#	05:44&	00:02-	00:13+	00:32#	00:18&	01:13&	00:04+	00:02#
<b>4</b>	<b>Ann Dissing</b>	<b>5</b>	<b>1:11:29</b>															
05:21+	08:53+	12:46+	15:39+	19:03+	24:03+	26:53+	28:56+	36:29+	39:49+	43:56+	52:22+	54:13+	59:23+	65:17+	66:47+	69:54+	71:18+	71:29+
05:21+	03:32+	03:53+	02:53+	03:24+	05:00-	02:50+	02:03+	07:33+	03:20+	04:07+	08:26+	01:51+	05:10+	05:54+	01:30+	03:07+	01:24+	00:11+
02:34&	00:51&	01:18&	00:28#	01:13&	01:36-	00:38&	00:24#	02:49&	00:41&	00:57&	01:25#	00:22#	00:44#	01:21&	00:23&	01:05&	00:13#	00:03&
<b>5</b>	<b>Susanne Kristensen</b>	<b>1</b>	<b>1:12:41</b>															
04:57+	08:51+	12:48+	17:08+	19:19+	24:25+	27:17+	29:00+	36:07+	38:19+	41:41+	48:42+	50:21+	58:44+	62:58+	69:11+	71:14+	72:30+	72:41+
04:57+	03:54+	03:57+	04:20+	02:11=	05:06-	02:52+	01:43+	07:07+	02:12-	03:22+	07:01=	01:39+	08:23+	04:14-	06:13+	02:03+	01:16+	00:11+
02:10&	01:13&	01:22&	01:55&	00:00=	01:30-	00:40&	00:04+	02:23&	00:27-	00:12+	00:00=	00:10#	03:57&	00:19-	05:06@	00:01+	00:05+	00:03&
<b>6</b>	<b>Mette Kanstrup</b>	<b>18</b>	<b>1:19:37</b>															
04:12+	06:33+	17:32+	20:49+	23:34+	28:09+	30:45+	32:37+	40:18+	44:04+	48:00+	54:50+	56:39+	66:51+	73:16+	75:06+	77:46+	79:26+	79:37+
04:12+	02:21-	10:59+	03:17+	02:45+	04:35-	02:36+	01:52+	07:41+	03:46+	03:56+	06:50-	01:49+	10:12+	06:25+	01:50+	02:40+	01:40+	00:11+
01:25&	00:20-	08:24@	00:52&	00:34&	02:01-	00:24#	00:13#	02:57&	01:07&	00:46#	00:11-	00:20#	05:46@	01:52&	00:43&	00:38&	00:29&	00:03&
<b>7</b>	<b>Louise Mielche</b>	<b>9</b>	<b>1:19:54</b>															
05:19+	14:06+	17:22+	20:35+	23:35+	28:28+	31:43+	33:56+	40:52+	43:54+	48:33+	57:26+	59:40+	66:13+	72:46+	74:53+	78:04+	79:37+	79:54+
05:19+	08:47+	03:16+	03:13+	03:00+	04:53-	03:15+	02:13+	06:56+	03:02+	04:39+	08:53+	02:14+	06:33+	06:33+	02:07+	03:11+	01:33+	00:17+
02:32&	06:06@	00:41&	00:48&	00:49&	01:43-	01:03&	00:34&	02:12&	00:23#	01:29&	01:52&	00:45&	02:07&	02:00&	01:00&	01:09&	00:22&	00:09@
<b>8</b>	<b>Pia Bo Kølbæk</b>	<b>9</b>	<b>1:55:08</b>															
09:19+	13:38+	19:52+	25:34+	30:03+	37:20+	42:18+	46:34+	57:37+	61:34+	69:45+	80:31+	83:51+	94:39+	104:16+	108:56+	112:38+	114:50+	115:08+
09:19+	04:19+	06:14+	05:42+	04:29+	07:17+	04:58+	04:16+	11:03+	03:57+	08:11+	10:46+	03:20+	10:48+	09:37+	04:40+	03:42+	02:12+	00:18+
06:32@	01:38&	03:39@	03:17@	02:18@	00:41#	02:46@	02:37@	06:19@	01:18&	05:01@	03:45&	01:51@	06:22@	05:04@	03:33@	01:40&	01:01&	00:10@

### Beste stræktid for klassen

02:47 02:19 02:35 02:25 01:58 04:35 02:12 01:39 04:44 02:12 03:10 05:21 01:20 04:03 04:14 01:07 01:52 01:11 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### D45-

<b>1</b>	<b>Lene Stick Nielsen</b>	<b>7</b>	<b>58:34</b>															
05:32=	08:04=	11:22=	14:07=	16:23=	20:09=	22:35=	24:18=	29:23=	32:12=	35:53=	41:00=	42:36=	48:28=	54:02=	55:15=	57:19=	58:25=	58:34=
05:32=	02:32=	03:18=	02:45=	02:16=	03:46=	02:26=	01:43=	05:05=	02:49=	03:41=	05:07=	01:36=	05:52=	05:34=	01:13=	02:04=	01:06=	00:09=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Susanne Loft Thyssen</b>	<b>2</b>	<b>1:00:46</b>															
03:40-	05:45-	10:22-	12:32-	14:30-	20:19+	22:23-	23:59-	29:14-	31:59-	35:25-	40:03-	41:29-	49:59+	54:30+	57:10+	59:34+	60:35+	60:46+
03:40-	02:05-	04:37+	02:10-	01:58-	05:49+	02:04-	01:36-	05:15+	02:45-	03:26-	04:38-	01:26-	08:30+	04:31-	02:40+	02:24+	01:01-	00:11+
01:52-	00:27-	01:19&	00:35-	00:18-	02:03&	00:22-	00:07-	00:10+	00:04-	00:15-	00:29-	00:10-	02:38&	01:03-	01:27@	00:20#	00:05-	00:02#
<b>3</b>	<b>Mette Ellegaard Kokholm</b>	<b>2</b>	<b>1:08:01</b>															
03:39-	07:08-	10:38-	17:22+	19:59+	24:56+	27:47+	29:46+	35:26+	38:29+	42:18+	48:53+	50:52+	57:13+	62:38+	64:02+	66:30+	67:48+	68:01+
03:39-	03:29+	03:30+	06:44+	02:37+	04:57+	02:51+	01:59+	05:40+	03:03+	03:49+	06:35+	01:59+	06:21+	05:25-	01:24+	02:28+	01:18+	00:13+
01:53-	00:57&	00:12+	03:59@	00:21#	01:11&	00:25#	00:16#	00:35#	00:14+	00:08+	01:28&	00:23#	00:29+	00:09-	00:11#	00:24#	00:12#	00:04&
<b>4</b>	<b>Lene Nygaard</b>	<b>1</b>	<b>1:08:47</b>															
14:38+	17:20+	20:37+	24:05+	26:15+	29:47+	32:14+	33:54+	39:52+	42:17+	45:56+	50:51+	52:31+	58:16+	64:18+	65:25+	67:24+	68:35+	68:47+
14:38+	02:42+	03:17-	03:28+	02:10-	03:32-	02:27+	01:40-	05:58+	02:25-	03:39-	04:55-	01:40+	05:45-	06:02+	01:07-	01:59-	01:11+	00:12+
09:06@	00:10+	00:01-	00:43&	00:06-	00:14-	00:01+	00:03-	00:53#	00:24-	00:02-	00:12-	00:04+	00:07-	00:28+	00:06-	00:05-	00:05+	00:03&

Class	Navn	Klasse															Tid		
<b>5</b>	<b>Gitte Isen</b>	<b>1</b>															<b>1:09:19</b>		
04:41-	07:23-	13:14+	16:10+	18:34+	23:04+	25:51+	27:52+	34:14+	37:21+	41:50+	48:25+	50:18+	58:03+	63:46+	65:11+	67:46+	69:07+	69:19+	
04:41-	02:42+	05:51+	02:56+	02:24+	04:30+	02:47+	02:01+	06:22+	03:07+	04:29+	06:35+	01:53+	07:45+	05:43+	01:25+	02:35+	01:21+	00:12+	
00:51-	00:10+	02:33&	00:11+	00:08+	00:44#	00:21#	00:18#	01:17&	00:18#	00:48#	01:28&	00:17#	01:53&	00:09+	00:12#	00:31#	00:15#	00:03&	
<b>6</b>	<b>Thora Damsgaard</b>	<b>7</b>															<b>1:09:43</b>		
03:31-	07:43-	10:54-	13:20-	15:34-	20:26+	23:01+	24:55+	31:17+	33:38+	37:08+	44:27+	45:56+	50:56+	55:53+	65:58+	68:10+	69:30+	69:43+	
03:31-	04:12+	03:11-	02:26-	02:14-	04:52+	02:35+	01:54+	06:22+	02:21-	03:30-	07:19+	01:29-	05:00-	04:57-	10:05+	02:12+	01:20+	00:13+	
02:01-	01:40&	00:07-	00:19-	00:02-	01:06&	00:09+	00:11#	01:17&	00:28-	00:11-	02:12&	00:07-	00:52-	00:37-	08:52@	00:08+	00:14#	00:04&	
<b>7</b>	<b>Lajla Præstgaard</b>	<b>4</b>															<b>1:11:00</b>		
03:47-	06:08-	10:05-	14:18+	16:58+	22:32+	25:04+	27:00+	36:04+	38:55+	43:34+	52:48+	54:40+	60:00+	66:13+	67:33+	69:37+	70:50+	71:00+	
03:47-	02:21-	03:57+	04:13+	02:40+	05:34+	02:32+	01:56+	09:04+	02:51+	04:39+	09:14+	01:52+	05:20-	06:13+	01:20+	02:04=	01:13+	00:10+	
01:45-	00:11-	00:39#	01:28&	00:24#	01:48&	00:06+	00:13#	03:59&	00:02+	00:58&	04:07&	00:16#	00:32-	00:39#	00:07+	00:00=	00:07#	00:01#	
<b>8</b>	<b>Lone Dybdal</b>	<b>9</b>															<b>1:14:42</b>		
04:16-	07:16-	10:24-	21:57+	24:21+	28:22+	31:07+	33:11+	39:59+	42:54+	47:46+	54:12+	56:25+	62:55+	68:28+	69:52+	72:43+	74:28+	74:42+	
04:16-	03:00+	03:08-	11:33+	02:24+	04:01+	02:45+	02:04+	06:48+	02:55+	04:52+	06:26+	02:13+	06:30+	05:33-	01:24+	02:51+	01:45+	00:14+	
01:16-	00:28#	00:10-	08:48@	00:08+	00:15+	00:19#	00:21#	01:43&	00:06+	01:11&	01:19&	00:37&	00:38#	00:01-	00:11#	00:47&	00:39&	00:05&	
<b>9</b>	<b>Dorte Jenny Bak</b>	<b>8</b>															<b>1:15:01</b>		
04:01-	06:51-	10:52-	16:13+	19:42+	24:23+	27:03+	29:14+	35:55+	39:13+	43:31+	51:28+	53:41+	61:00+	67:42+	70:37+	73:11+	74:50+	75:01+	
04:01-	02:50+	04:01+	05:21+	03:29+	04:41+	02:40+	02:11+	06:41+	03:18+	04:18+	07:57+	02:13+	07:19+	06:42+	02:55+	02:34+	01:39+	00:11+	
01:31-	00:18#	00:43#	02:36&	01:13&	00:55#	00:14+	00:28&	01:36&	00:29#	00:37#	02:50&	00:37&	01:27#	01:08#	01:42@	00:30#	00:33&	00:02#	
<b>10</b>	<b>Bettina Gjedde</b>	<b>4</b>															<b>1:18:53</b>		
04:43-	07:48-	11:11-	20:05+	22:48+	28:21+	31:43+	33:51+	39:46+	43:06+	48:35+	55:24+	57:31+	64:32+	71:55+	73:41+	76:56+	78:35+	78:53+	
04:43-	03:05+	03:23+	08:54+	02:43+	05:33+	03:22+	02:08+	05:55+	03:20+	05:29+	06:49+	02:07+	07:01+	07:23+	01:46+	03:15+	01:39+	00:18+	
00:49-	00:33#	00:05+	06:09@	00:27#	01:47&	00:56&	00:25#	00:50#	00:31#	01:48&	01:42&	00:31&	01:09#	01:49&	00:33&	01:11&	00:33&	00:09&	
<b>11</b>	<b>Susanne Nielsen</b>	<b>5</b>															<b>1:23:16</b>		
04:04-	06:56-	11:24+	18:07+	21:08+	25:59+	29:38+	32:43+	42:24+	46:08+	50:59+	59:28+	62:32+	69:20+	75:46+	77:42+	81:19+	83:03+	83:16+	
04:04-	02:52+	04:28+	06:43+	03:01+	04:51+	03:39+	03:05+	09:41+	03:44+	04:51+	08:29+	03:04+	06:48+	06:26+	01:56+	03:37+	01:44+	00:13+	
01:28-	00:20#	01:10&	03:58@	00:45&	01:05&	01:13&	01:22&	04:36&	00:55&	01:10&	03:22&	01:28&	00:56#	00:52#	00:43&	01:33&	00:38&	00:04&	
<b>12</b>	<b>Kirsten Hald Holdensen</b>	<b>5</b>															<b>1:25:23</b>		
05:38+	16:49+	20:52+	27:45+	30:53+	38:29+	40:58+	43:59+	49:12+	51:32+	55:46+	61:21+	68:04+	73:23+	78:45+	81:12+	83:43+	85:13+	85:23+	
05:38+	11:11+	04:03+	06:53+	03:08+	07:36+	02:29+	03:01+	05:13+	02:20-	04:14+	05:35+	06:43+	05:19-	05:22-	02:27+	02:31+	01:30+	00:10+	
00:06+	08:39@	00:45#	04:08@	00:52&	03:50@	00:03+	01:18&	00:08+	00:29-	00:33#	00:28+	05:07@	00:33-	00:12-	01:14@	00:27#	00:24&	00:01#	
<b>13</b>	<b>Hanne Mohapeloa</b>	<b>8</b>															<b>1:27:56</b>		
05:39+	09:15+	13:59+	20:00+	22:42+	29:06+	33:34+	36:31+	46:11+	50:31+	55:44+	64:17+	66:45+	73:39+	80:23+	82:33+	85:48+	87:43+	87:56+	
05:39+	03:36+	04:44+	06:01+	02:42+	06:24+	04:28+	02:57+	09:40+	04:20+	05:13+	08:33+	02:28+	06:54+	06:44+	02:10+	03:15+	01:55+	00:13+	
00:07+	01:04&	01:26&	03:16@	00:26#	02:38&	02:02&	01:14&	04:35&	01:31&	01:32&	03:26&	00:52&	01:02#	01:10#	00:57&	01:11&	00:49&	00:04&	
<b>Beste stræktid for klassen</b>																			
	03:31	02:05	03:08	02:10	01:58	03:32	02:04	01:36	05:05	02:20	03:26	04:38	01:26	05:00	04:31	01:07	01:59	01:01	00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D50-

<b>1</b>	<b>Lucia Aagaard</b>	<b>1</b>																	<b>53:21</b>
03:20=	07:03=	15:48=	18:39=	20:09=	21:02=	23:43=	29:05=	32:35=	34:24=	37:15=	39:27=	42:12=	45:21=	46:42=	48:58=	51:54=	53:11=	53:21=	
03:20=	03:43=	08:45=	02:51=	01:30=	00:53=	02:41=	05:22=	03:30=	01:49=	02:51=	02:12=	02:45=	03:09=	01:21=	02:16=	02:56=	01:17=	00:10=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Claudia Greiner</b>	<b>18</b>																	<b>1:09:40</b>
05:42+	10:40+	14:52-	19:59+	21:49+	22:49+	25:22+	37:33+	46:30+	48:49+	52:03+	54:47+	58:10+	61:32+	62:54+	65:00+	68:09+	69:27+	69:40+	
05:42+	04:58+	04:12-	05:07+	01:50+	01:00+	02:33-	12:11+	08:57+	02:19+	03:14+	02:44+	03:23+	03:22+	01:22+	02:06-	03:09+	01:18+	00:13+	
02:22&	01:15&	04:33-	02:16&	00:20#	00:07#	00:08-	06:49@	05:27@	00:30&	00:23#	00:32#	00:38#	00:13+	00:01+	00:10-	00:13+	00:01+	00:03&	
<b>3</b>	<b>Helle Nikkel</b>	<b>7</b>																	<b>1:13:54</b>
04:55+	11:44+	19:36+	28:17+	30:16+	31:11+	34:12+	37:34+	42:06+	44:33+	49:07+	52:56+	57:11+	62:03+	63:45+	67:49+	72:12+	73:40+	73:54+	
04:55+	06:49+	07:52-	08:41+	01:59+	00:55+	03:01+	03:22-	04:32+	02:27+	04:34+	03:49+	04:15+	04:52+	01:42+	04:04+	04:23+	01:28+	00:14+	
01:35&	03:06&	00:53-	05:50@	00:29&	00:02+	00:20#	02:00-	01:02&	00:38&	01:43&	01:37&	01:30&	01:43&	00:21&	01:48&	01:27&	00:11#	00:04&	
<b>4</b>	<b>Tina Udholm</b>	<b>8</b>																	<b>1:15:26</b>
06:58+	13:26+	20:11+	30:07+	32:24+	33:27+	36:31+	39:40+	43:57+	46:44+	51:55+	55:31+	61:01+	64:58+	66:48+	69:20+	73:44+	75:13+	75:26+	
06:58+	06:28+	06:45-	09:56+	02:17+	01:03+	03:04+	03:09-	04:17+	02:47+	05:11+	03:36+	05:30+	03:57+	01:50+	02:32+	04:24+	01:29+	00:13+	
03:38@	02:45&	02:00-	07:05@	00:47&	00:10#	00:23#	02:13-	00:47#	00:58&	02:20&	01:24&	02:45&	00:48&	00:29&	00:16#	01:28&	00:12#	00:03&	

Class	Navn	Klasse	Tid															
<b>5</b>	<b>Anita Mogensen</b>	<b>3</b>	<b>1:19:04</b>															
04:44+	12:51+	19:04+	24:00+	26:09+	27:02+	30:46+	37:44+	42:59+	45:05+	48:56+	52:44+	57:25+	63:41+	65:20+	72:44+	77:34+	78:55+	79:04+
04:44+	08:07+	06:13-	04:56+	02:09+	00:53=	03:44+	06:58+	05:15+	02:06+	03:51+	03:48+	04:41+	06:16+	01:39+	07:24+	04:50+	01:21+	00:09-
01:24&	04:24@	02:32-	02:05&	00:39&	00:00=	01:03&	01:36&	01:45&	00:17#	01:00&	01:36&	01:56&	03:07&	00:18#	05:08@	01:54&	00:04+	00:01-
<b>6</b>	<b>Karin Wæhrens</b>	<b>5</b>	<b>1:23:00</b>															
06:41+	12:41+	25:27+	31:34+	33:14+	34:03+	36:34+	43:12+	46:55+	48:39+	52:28+	57:02+	60:00+	67:39+	69:14+	78:26+	81:22+	82:51+	83:00+
06:41+	06:00+	12:46+	06:07+	01:40+	00:49-	02:31-	06:38+	03:43+	01:44-	03:49+	04:34+	02:58+	07:39+	01:35+	09:12+	02:56=	01:29+	00:09-
03:21@	02:17&	04:01&	03:16@	00:10#	00:04-	00:10-	01:16#	00:13+	00:05-	00:58&	02:22@	00:13+	04:30@	00:14#	06:56@	00:00=	00:12#	00:01-
<b>7</b>	<b>Anne Ellekrog</b>	<b>9</b>	<b>1:25:24</b>															
04:24+	25:57+	30:04+	32:38+	34:32+	35:15+	43:10+	45:52+	53:54+	56:23+	63:04+	66:46+	70:45+	74:24+	76:21+	79:33+	83:32+	85:13+	85:24+
04:24+	21:33+	04:07-	02:34-	01:54+	00:43-	07:55+	02:42-	08:02+	02:29+	06:41+	03:42+	03:59+	03:39+	01:57+	03:12+	03:59+	01:41+	00:11+
01:04&	17:50@	04:38-	00:17-	00:24&	00:10-	05:14@	02:40-	04:32@	00:40&	03:50@	01:30&	01:14&	00:30#	00:36&	00:56&	01:03&	00:24&	00:01+
<b>8</b>	<b>Lene Vindum</b>	<b>8</b>	<b>1:29:19</b>															
08:13+	14:24+	24:17+	34:21+	36:36+	37:28+	41:43+	45:25+	49:39+	53:02+	60:44+	64:49+	70:13+	74:14+	80:28+	83:15+	87:35+	89:08+	89:19+
08:13+	06:11&	09:53+	10:04+	02:15+	00:52-	04:15+	03:42-	04:14+	03:23+	07:42+	04:05+	05:24+	04:01+	06:14+	02:47+	04:20+	01:33+	00:11+
04:53@	02:28&	01:08#	07:13@	00:45&	00:01-	01:34&	01:40-	00:44#	01:34&	04:51@	01:53&	02:39&	00:52&	04:53@	00:31#	01:24&	00:16#	00:01+
<b>9</b>	<b>Helle Svenningsen</b>	<b>9</b>	<b>1:31:14</b>															
05:43+	13:22+	28:06+	35:18+	37:20+	38:20+	44:03+	52:53+	57:19+	61:34+	66:29+	70:10+	73:53+	78:36+	80:46+	84:32+	89:10+	90:58+	91:14+
05:43+	07:39+	14:44+	07:12+	02:02+	01:00+	05:43+	08:50+	04:26+	04:15+	04:55+	03:41+	03:43+	04:43+	02:10+	03:46+	04:38+	01:48+	00:16+
02:23&	03:56@	05:59&	04:21@	00:32&	00:07#	03:02@	03:28&	00:56&	02:26@	02:04&	01:29&	00:58&	01:34&	00:49&	01:30&	01:42&	00:31&	00:06&
<b>10</b>	<b>Gitte Fallesen</b>	<b>7</b>	<b>1:34:37</b>															
14:43+	20:55+	25:47+	34:43+	36:54+	45:30+	49:36+	54:13+	58:57+	60:56+	66:57+	70:40+	75:24+	79:49+	81:24+	89:03+	92:56+	94:26+	94:37+
14:43+	06:12+	04:52-	08:56+	02:11+	08:36+	04:06+	04:37-	04:44+	01:59+	06:01+	03:43+	04:44+	04:25+	01:35+	07:39+	03:53+	01:30+	00:11+
11:23@	02:29&	03:53-	06:05@	00:41&	07:43@	01:25&	00:45-	01:14&	00:10+	03:10@	01:31&	01:59&	01:16&	00:14#	05:23@	00:57&	00:13#	00:01+
<b>11</b>	<b>Solveig Topp</b>	<b>6</b>	<b>1:37:33</b>															
06:45+	17:39+	24:00+	31:20+	34:03+	35:28+	40:27+	44:40+	50:48+	55:03+	64:29+	68:41+	73:27+	78:54+	81:36+	88:01+	94:35+	97:08+	97:33+
06:45+	10:54+	06:21-	07:20+	02:43+	01:25+	04:59+	04:13-	06:08+	04:15+	09:26+	04:12+	04:46+	05:27+	02:42+	06:25+	06:34+	02:33+	00:25+
03:25@	07:11@	02:24-	04:29@	01:13&	00:32&	02:18&	01:09-	02:38&	02:26@	06:35@	02:00&	02:01&	02:18&	01:21&	04:09@	03:38@	01:16&	00:15@
<b>12</b>	<b>Signe Hachenberger Thomsen</b>	<b>6</b>	<b>1:53:04</b>															
07:03+	18:56+	24:27+	29:46+	31:57+	33:09+	40:45+	61:10+	67:06+	70:23+	76:43+	82:51+	91:53+	98:50+	102:22+	106:40+	111:18+	112:48+	113:04+
07:03+	11:53+	05:31-	05:19+	02:11+	01:12+	07:36+	20:25+	05:56+	03:17+	06:20+	06:08+	09:02+	06:57+	03:32+	04:18+	04:38+	01:30+	00:16+
03:43@	08:10@	03:14-	02:28&	00:41&	00:19&	04:55@	15:03@	02:26&	01:28&	03:29@	03:56@	06:17@	03:48@	02:11@	02:02&	01:42&	00:13#	00:06&
<b>13</b>	<b>Jonna Jørgensen</b>	<b>1</b>	<b>2:03:23</b>															
15:39+	30:23+	55:26+	60:25+	62:37+	63:52+	68:51+	74:16+	81:49+	89:42+	95:00+	99:35+	102:47+	109:36+	111:54+	116:36+	121:19+	123:08+	123:23+
15:39+	14:44+	25:03+	04:59+	02:12+	01:15+	04:59+	05:25+	07:33+	07:53+	05:18+	04:35+	03:12+	06:49+	02:18+	04:42+	04:43+	01:49+	00:15+
12:19@	11:01@	16:18@	02:08&	00:42&	00:22&	02:18&	00:03+	04:03@	06:04@	02:27&	02:23@	00:27#	03:40@	00:57&	02:26@	01:47&	00:32&	00:05&
<b>14</b>	<b>Anna Marie Søborg</b>	<b>5</b>	<b>2:25:08</b>															
06:21+	15:06+	54:53+	70:55+	74:22+	77:34+	98:48+	106:26+	109:42+	114:10+	122:38+	125:39+	131:31+	133:37+	137:59+	143:34+	144:58+	145:08+	
06:21+	08:45+	39:47+	16:02+	01:50+	01:37+	03:12+	21:14+	07:38+	03:16+	04:28+	08:28+	03:01+	05:52+	02:06+	04:22+	05:35+	01:24+	00:10=
03:01&	05:02@	31:02@	13:11@	00:20#	00:44&	00:31#	15:52@	04:08@	01:27&	01:37&	06:16@	00:16+	02:43&	00:45&	02:06&	02:39&	00:07+	00:00=
<b>Beste stræktid for klassen</b>																		
03:20	03:43	04:07	02:34	01:30	00:43	02:31	02:42	03:30	01:44	02:51	02:12	02:45	03:09	01:21	02:06	02:56	01:17	00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D55-

<b>1</b>	<b>Britta Ank Pedersen</b>	<b>2</b>	<b>50:11</b>															
03:42=	07:45=	11:39=	13:38=	15:09=	15:53=	20:36=	23:12=	26:40=	28:30=	31:44=	34:13=	37:34=	41:41=	43:02=	45:30=	48:51=	50:01=	50:11=
03:42=	04:03=	03:54=	01:59=	01:31=	00:44=	04:43=	02:36=	03:28=	01:50=	03:14=	02:29=	03:21=	04:07=	01:21=	02:28=	03:21=	01:10=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Pia Hejlskov Mogensen</b>	<b>22</b>	<b>1:03:00</b>															
04:23+	10:07+	14:09+	16:32+	18:31+	19:27+	23:49+	29:06+	32:37+	35:06+	39:18+	42:48+	47:34+	51:29+	54:01+	56:57+	61:07+	62:43+	63:00+
04:23+	05:44+	04:02+	02:23+	01:59+	00:56+	04:22-	05:17+	03:31+	02:29+	04:12+	03:30+	04:46+	03:55-	02:32+	02:56+	04:10+	01:36+	00:17+
00:41#	01:41&	00:08+	00:24#	00:28&	00:12&	00:21-	02:41@	00:03+	00:39&	00:58&	01:01&	01:25&	00:12-	01:11&	00:28#	00:49#	00:26&	00:07&
<b>3</b>	<b>Dorte Filskov</b>	<b>8</b>	<b>1:05:04</b>															
05:00+	11:15+	14:40+	19:06+	20:41+	21:25+	26:23+	38:59+	42:53+	44:46+	47:49+	51:05+	53:42+	57:01+	58:25+	60:49+	63:45+	64:54+	65:04+
05:00+	06:15+	03:25-	04:26+	01:35+	00:44=	04:58+	12:36+	03:54+	01:53+	03:03-	03:16+	02:37-	03:19-	01:24+	02:24-	02:56-	01:09-	00:10=
01:18&	02:12&	00:29-	02:27@	00:04+	00:00=	00:15+	10:00@	00:26#	00:03+	00:11-	00:47&	00:44-	00:48-	00:03+	00:04-	00:25-	00:01-	00:00=

Class	Navn	Klasse										Tid						
<b>4</b>	<b>Betty Lison</b>	<b>4</b>										<b>1:13:40</b>						
05:08+	12:52+	17:31+	19:52+	22:04+	22:58+	31:16+	34:00+	39:23+	41:53+	46:30+	50:38+	55:50+	60:57+	63:03+	66:26+	71:54+	73:27+	73:40+
05:08+	07:44+	04:39+	02:21+	02:12+	00:54+	08:18+	02:44+	05:23+	02:30+	04:37+	04:08+	05:12+	05:07+	02:06+	03:23+	05:28+	01:33+	00:13+
01:26&	03:41&	00:45#	00:22#	00:41&	00:10#	03:35&	00:08+	01:55&	00:40&	01:23&	01:39&	01:51&	01:00#	00:45&	00:55&	02:07&	00:23&	00:03&
<b>5</b>	<b>Birgitte Jørgensen</b>	<b>7</b>										<b>1:16:19</b>						
04:31+	09:38+	19:58+	26:16+	28:00+	28:52+	32:54+	36:51+	50:14+	52:09+	55:48+	58:37+	61:34+	66:18+	67:55+	70:49+	74:49+	76:06+	76:19+
04:31+	05:07+	10:20+	06:18+	01:44+	00:52+	04:02-	03:57+	13:23+	01:55+	03:39+	02:49+	02:57-	04:44+	01:37+	02:54+	04:00+	01:17+	00:13+
00:49#	01:04&	06:26@	04:19@	00:13#	00:08#	00:41-	01:21&	09:55@	00:05+	00:25#	00:20#	00:24-	00:37#	00:16#	00:26#	00:39#	00:07+	00:03&
<b>6</b>	<b>Tove Straarup</b>	<b>2</b>										<b>1:21:40</b>						
04:36+	11:34+	16:26+	23:59+	26:02+	31:22+	41:44+	45:07+	51:20+	53:26+	57:13+	60:19+	64:11+	68:29+	70:23+	75:32+	80:00+	81:27+	81:40+
04:36+	06:58+	04:52+	07:33+	02:03+	05:20+	10:22+	03:23+	06:13+	02:06+	03:47+	03:06+	03:52+	04:18+	01:54+	05:09+	04:28+	01:27+	00:13+
00:54#	02:55&	00:58#	05:34@	00:32&	04:36@	05:39@	00:47&	02:45&	00:16#	00:33#	00:37#	00:31#	00:11+	00:33&	02:41@	01:07&	00:17#	00:03&
<b>7</b>	<b>Vibeke Jørgensen</b>	<b>18</b>										<b>1:25:23</b>						
04:12+	09:25+	14:22+	32:40+	34:44+	35:40+	39:32+	45:44+	49:58+	52:27+	62:53+	66:27+	70:24+	74:23+	76:28+	80:07+	83:45+	85:10+	85:23+
04:12+	05:13+	04:57+	18:18+	02:04+	00:56+	03:52-	06:12+	04:14+	02:29+	10:26+	03:34+	03:57+	03:59-	02:05+	03:39+	03:38+	01:25+	00:13+
00:30#	01:10&	01:03&	16:19@	00:33&	00:12&	00:51-	03:36@	00:46#	00:39&	07:12@	01:05&	00:36#	00:08-	00:44&	01:11&	00:17+	00:15#	00:03&
<b>8</b>	<b>Birgitte Bach</b>	<b>7</b>										<b>1:26:48</b>						
05:48+	14:58+	26:24+	31:01+	33:38+	34:56+	39:25+	44:06+	50:22+	53:07+	60:51+	64:47+	69:31+	74:18+	77:16+	80:14+	85:05+	86:35+	86:48+
05:48+	09:10+	11:26+	04:37+	02:37+	01:18+	04:29-	04:41+	06:16+	02:45+	07:44+	03:56+	04:44+	04:47+	02:58+	02:58+	04:51+	01:30+	00:13+
02:06&	05:07@	07:32@	02:38@	01:06&	00:34&	00:14-	02:05&	02:48&	00:55&	04:30@	01:27&	01:23&	00:40#	01:37@	00:30#	01:30&	00:20&	00:03&
<b>Beste stræktid for klassen</b>																		
03:42	04:03	03:25	01:59	01:31	00:44	03:52	02:36	03:28	01:50	03:03	02:29	02:37	03:19	01:21	02:24	02:56	01:09	00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D60-

<b>1</b>	<b>Simonne Silve</b>	<b>11</b>										<b>52:35</b>						
03:13=	06:29=	12:53=	15:35=	18:38=	19:59=	22:26=	26:52=	29:16=	36:07=	39:10=	43:17=	47:16=	51:18=	52:22=	52:35=			
03:13=	03:16=	06:24=	02:42=	03:03=	01:21=	02:27=	04:26=	02:24=	06:51=	03:03=	04:07=	03:59=	04:02=	01:04=	00:13=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
<b>2</b>	<b>Susanne Baun</b>	<b>2</b>										<b>54:09</b>						
03:59+	07:41+	11:50-	14:38-	18:28-	19:45-	21:58-	26:49-	28:56-	35:01-	38:59-	42:53-	48:27+	52:39+	53:57+	54:09+			
03:59+	03:42+	04:09-	02:48+	03:50+	01:17-	02:13-	04:51+	02:07-	06:05-	03:58+	03:54-	05:34+	04:12+	01:18+	00:12-			
00:46#	00:26#	02:15-	00:06+	00:47&	00:04-	00:14-	00:25+	00:17-	00:46-	00:55&	00:13-	01:35&	00:10+	00:14#	00:01-			
<b>3</b>	<b>Lilli Hansen</b>	<b>17</b>										<b>58:03</b>						
03:36+	07:27+	12:06-	14:46-	19:50+	21:11+	23:33+	29:56+	32:48+	39:02+	42:35+	47:23+	52:05+	56:38+	57:51+	58:03+			
03:36+	03:51+	04:39-	02:40-	05:04+	01:21=	02:22-	06:23+	02:52+	06:14-	03:33+	04:48+	04:42+	04:33+	01:13+	00:12-			
00:23#	00:35#	01:45-	00:02-	02:01&	00:00=	00:05-	01:57&	00:28#	00:37-	00:30#	00:41#	00:43#	00:31#	00:09#	00:01-			
<b>4</b>	<b>Pia Gade</b>	<b>7</b>										<b>1:08:34</b>						
04:39+	08:41+	13:17+	19:10+	23:01+	24:29+	27:04+	32:10+	34:53+	41:19+	48:37+	54:12+	62:59+	67:19+	68:24+	68:34+			
04:39+	04:02+	04:36-	05:53+	03:51+	01:28+	02:35+	05:06+	02:43+	06:26-	07:18+	05:35+	08:47+	04:20+	01:05+	00:10-			
01:26&	00:46#	01:48-	03:11@	00:48&	00:07+	00:08+	00:40#	00:19#	00:25-	04:15@	01:28&	04:48@	00:18+	00:01+	00:03-			
<b>5</b>	<b>Kirsten Bobach</b>	<b>8</b>										<b>1:08:40</b>						
03:08-	06:42+	11:47-	16:26+	21:27+	22:41+	25:02+	36:18+	39:02+	45:32+	53:04+	57:19+	63:16+	67:20+	68:28+	68:40+			
03:08-	03:34+	05:05-	04:39+	05:01+	01:14-	02:21-	11:16+	02:44+	06:30-	07:32+	04:15+	05:57+	04:04+	01:08+	00:12-			
00:05-	00:18+	01:19-	01:57&	01:58&	00:07-	00:06-	06:50@	00:20#	00:21-	04:29@	00:08+	01:58&	00:02+	00:04+	00:01-			
<b>6</b>	<b>Hanne H. Poulsen</b>	<b>4</b>										<b>1:13:29</b>						
03:58+	07:33+	13:15+	16:02+	22:07+	23:29+	26:39+	36:25+	38:56+	47:52+	52:08+	60:05+	65:01+	71:11+	73:16+	73:29+			
03:58+	03:35+	05:42-	02:47+	06:05+	01:22+	03:10+	09:46+	02:31+	08:56+	04:16+	07:57+	04:56+	06:10+	02:05+	00:13=			
00:45#	00:19+	00:42-	00:05+	03:02&	00:01+	00:43&	05:20@	00:07+	02:05&	01:13&	03:50&	00:57#	02:08&	01:01&	00:00=			
<b>7</b>	<b>Helga Søby</b>	<b>1</b>										<b>1:13:56</b>						
03:12-	06:53+	17:37+	20:46+	30:35+	32:03+	38:23+	43:04+	45:54+	53:47+	57:58+	63:00+	68:42+	72:31+	73:42+	73:56+			
03:12-	03:41+	10:44+	03:09+	09:49+	01:28+	06:20+	04:41+	02:50+	07:53+	04:11+	05:02+	05:42+	03:49-	01:11+	00:14+			
00:01-	00:25#	04:20&	00:27#	06:46@	00:07+	03:53@	00:15+	00:26#	01:02#	01:08&	00:55#	01:43&	00:13-	00:07#	00:01+			
<b>8</b>	<b>Anni Jensen</b>	<b>1</b>										<b>1:16:48</b>						
06:20+	09:48+	22:57+	27:56+	31:12+	32:24+	35:36+	40:56+	43:09+	49:32+	56:48+	63:29+	70:16+	75:22+	76:34+	76:48+			
06:20+	03:28+	13:09+	04:59+	03:16+	01:12-	03:12+	05:20+	02:13-	06:23-	07:16+	06:41+	06:47+	05:06+	01:12+	00:14+			
03:07&	00:12+	06:45@	02:17&	00:13+	00:09-	00:45&	00:54#	00:11-	00:28-	04:13@	02:34&	02:48&	01:04&	00:08#	00:01+			

Class	Navn	Klasse	Tid
<b>9</b>	<b>Randi Jensen</b>	<b>9</b>	<b>1:17:10</b>
03:11-	07:12+ 14:07+ 19:00+ 22:32+ 24:30+ 28:20+ 34:49+ 41:05+ 54:00+ 57:45+ 62:58+ 69:24+ 75:42+ 76:57+ 77:10+		
03:11-	04:01+ 06:55+ 04:53+ 03:32+ 01:58+ 03:50+ 06:29+ 06:16+ 12:55+ 03:45+ 05:13+ 06:26+ 06:18+ 01:15+ 00:13=		
00:02-	00:45# 00:31+ 02:11& 00:29# 00:37& 01:23& 02:03& 03:52@ 06:04& 00:42# 01:06& 02:27& 02:16& 00:11# 00:00=		
<b>10</b>	<b>Gerda Henriksen</b>	<b>9</b>	<b>1:27:03</b>
04:19+	08:37+ 13:02+ 17:22+ 20:26+ 21:43+ 23:56+ 48:44+ 51:12+ 57:22+ 62:57+ 66:29+ 72:01+ 85:21+ 86:51+ 87:03+		
04:19+	04:18+ 04:25- 04:20+ 03:04+ 01:17- 02:13- 24:48+ 02:28+ 06:10- 05:35+ 03:32- 05:32+ 13:20+ 01:30+ 00:12-		
01:06&	01:02& 01:59- 01:38& 00:01+ 00:04- 00:14- 20:22@ 00:04+ 00:41- 02:32& 00:35- 01:33& 09:18@ 00:26& 00:01-		
<b>11</b>	<b>Birte Sivebæk</b>	<b>9</b>	<b>1:29:48</b>
03:56+	08:14+ 16:44+ 30:34+ 35:57+ 37:47+ 43:18+ 52:10+ 55:57+ 65:41+ 68:49+ 75:42+ 82:21+ 88:09+ 89:32+ 89:48+		
03:56+	04:18+ 08:30+ 13:50+ 05:23+ 01:50+ 05:31+ 08:52+ 03:47+ 09:44+ 03:08+ 06:53+ 06:39+ 05:48+ 01:23+ 00:16+		
00:43#	01:02& 02:06& 11:08@ 02:20& 00:29& 03:04@ 04:26& 01:23& 02:53& 00:05+ 02:46& 02:40& 01:46& 00:19& 00:03#		
<b>12</b>	<b>Nelly Skammelsen</b>	<b>21</b>	<b>1:30:56</b>
04:06+	23:26+ 29:17+ 33:37+ 37:38+ 39:08+ 41:36+ 51:29+ 54:04+ 62:24+ 70:05+ 78:18+ 84:17+ 89:13+ 90:42+ 90:56+		
04:06+	19:20+ 05:51- 04:20+ 04:01+ 01:30+ 02:28+ 09:53+ 02:35+ 08:20+ 07:41+ 08:13+ 05:59+ 04:56+ 01:29+ 00:14+		
00:53&	16:04@ 00:33- 01:38& 00:58& 00:09# 00:01+ 05:27@ 00:11+ 01:29# 04:38@ 04:06& 02:00& 00:54# 00:25& 00:01+		
<b>13</b>	<b>Tove Simonsen</b>	<b>6</b>	<b>1:58:05</b>
04:53+	13:50+ 27:06+ 32:15+ 42:59+ 45:30+ 57:36+ 66:48+ 70:55+ 82:27+ 89:48+ 96:57+ 108:30+ 116:06+ 117:50+ 118:05+		
04:53+	08:57+ 13:16+ 05:09+ 10:44+ 02:31+ 12:06+ 09:12+ 04:07+ 11:32+ 07:21+ 07:09+ 11:33+ 07:36+ 01:44+ 00:15+		
01:40&	05:41@ 06:52@ 02:27& 07:41@ 01:10& 09:39@ 04:46@ 01:43& 04:41& 04:18@ 03:02& 07:34@ 03:34& 00:40& 00:02#		
<b>Beste stræktid for klassen</b>			
03:08	03:16	04:09	02:40
03:03	01:12	02:13	04:26
02:07	06:05	03:03	03:32
03:59	03:49	01:04	00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## D65-

<b>1</b>	<b>Inger Marie Haahr</b>	<b>Htf Ok</b>	<b>59:31</b>
03:18=	06:30= 12:27= 15:01= 20:53= 22:16= 24:47= 30:43= 33:41= 40:40= 44:40= 48:30= 53:49= 58:05= 59:19= 59:31=		
03:18=	03:12= 05:57= 02:34= 05:52= 01:23= 02:31= 05:56= 02:58= 06:59= 04:00= 03:50= 05:19= 04:16= 01:14= 00:12=		
00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=		
<b>2</b>	<b>Susanne Gasbjerg</b>	<b>21</b>	<b>1:00:10</b>
03:18=	06:44+ 11:10- 13:28- 16:30- 18:34- 22:36- 26:50- 29:26- 35:48- 41:39- 47:15- 54:11+ 58:42+ 59:57+ 60:10+		
03:18=	03:26+ 04:26- 02:18- 03:02- 02:04+ 04:02+ 04:14- 02:36- 06:22- 05:51+ 05:36+ 06:56+ 04:31+ 01:15+ 00:13+		
00:00=	00:14+ 01:31- 00:16- 02:50- 00:41& 01:31& 01:42- 00:22- 00:37- 01:51& 01:46& 01:37& 00:15+ 00:01+ 00:01+		
<b>3</b>	<b>Troels Munthe</b>	<b>NOTEAM</b>	<b>1:01:08</b>
02:55-	11:42+ 15:48+ 19:26+ 26:30+ 27:50+ 30:07+ 36:55+ 39:01+ 44:55+ 47:39+ 51:08+ 55:15+ 59:41+ 60:55+ 61:08+		
02:55-	08:47+ 04:06- 03:38+ 07:04+ 01:20- 02:17- 06:48+ 02:06- 05:54- 02:44- 03:29- 04:07- 04:26+ 01:14= 00:13+		
00:23-	05:35@ 01:51- 01:04& 01:12# 00:03- 00:14- 00:52# 00:52- 01:05- 01:16- 00:21- 01:12- 00:10+ 00:00= 00:01+		
<b>4</b>	<b>Else Hass</b>	<b>18</b>	<b>1:01:54</b>
03:17-	07:36+ 14:14+ 16:53+ 20:31- 21:58- 25:00+ 30:07- 32:41- 41:37+ 44:42+ 49:10+ 55:22+ 60:12+ 61:41+ 61:54+		
03:17-	04:19+ 06:38+ 02:39+ 03:38- 01:27+ 03:02+ 05:07- 02:34- 08:56+ 03:05- 04:28+ 06:12+ 04:50+ 01:29+ 00:13+		
00:01-	01:07& 00:41# 00:05+ 02:14- 00:04+ 00:31# 00:49- 00:24- 01:57& 00:55- 00:38# 00:53# 00:34# 00:15# 00:01+		
<b>5</b>	<b>Edith Sørensen</b>	<b>8</b>	<b>1:02:56</b>
03:57+	08:04+ 12:07- 15:50+ 20:11- 22:04- 26:09+ 32:44+ 35:26+ 43:06+ 46:12+ 51:14+ 56:26+ 61:20+ 62:42+ 62:56+		
03:57+	04:07+ 04:03- 03:43+ 04:21- 01:53+ 04:05+ 06:35+ 02:42- 07:40+ 03:06- 05:02+ 05:12- 04:54+ 01:22+ 00:14+		
00:39#	00:55& 01:54- 01:09& 01:31- 00:30& 01:34& 00:39# 00:16- 00:41+ 00:54- 01:12& 00:07- 00:38# 00:08# 00:02#		
<b>6</b>	<b>Mona Nørgaard</b>	<b>18</b>	<b>1:05:22</b>
03:32+	10:47+ 15:18+ 17:53+ 21:35+ 22:59+ 25:35+ 30:33- 33:33- 42:35+ 48:03+ 52:12+ 58:30+ 63:26+ 65:05+ 65:22+		
03:32+	07:15+ 04:31- 02:35+ 03:42- 01:24+ 02:36+ 04:58- 03:00+ 09:02+ 05:28+ 04:09+ 06:18+ 04:56+ 01:39+ 00:17+		
00:14+	04:03@ 01:26- 00:01+ 02:10- 00:01+ 00:05+ 00:58- 00:02+ 02:03& 01:28& 00:19+ 00:59# 00:40# 00:25& 00:05&		
<b>7</b>	<b>Elin holm Jensen</b>	<b>2</b>	<b>1:11:42</b>
07:42+	11:02+ 21:46+ 23:55+ 27:25+ 29:07+ 31:41+ 38:49+ 45:18+ 52:50+ 56:44+ 60:29+ 65:47+ 70:04+ 71:29+ 71:42+		
07:42+	03:20+ 10:44+ 02:09- 03:30- 01:42+ 02:34+ 07:08+ 06:29+ 07:32+ 03:54- 03:45- 05:18- 04:17+ 01:25+ 00:13+		
04:24@	00:08+ 04:47& 00:25- 02:22- 00:19# 00:03+ 01:12# 03:31@ 00:33+ 00:06- 00:05- 00:01- 00:01+ 00:11# 00:01+		
<b>8</b>	<b>Trille Ditlevsen</b>	<b>2</b>	<b>1:12:59</b>
03:16-	07:05+ 21:18+ 26:04+ 29:41+ 31:03+ 33:46+ 38:50+ 41:47+ 48:07+ 51:30+ 62:09+ 66:13+ 71:36+ 72:48+ 72:59+		
03:16-	03:49+ 14:13+ 04:46+ 03:37- 01:22- 02:43+ 05:04- 02:57- 06:20- 03:23- 10:39+ 04:04- 05:23+ 01:12- 00:11-		
00:02-	00:37# 08:16@ 02:12& 02:15- 00:01- 00:12+ 00:52- 00:01- 00:39- 00:37- 06:49@ 01:15- 01:07& 00:02- 00:01-		

Class	Navn	Klasse												Tid			
<b>9</b>	<b>Ann Dorrit Hansen</b>	<b>6</b>												<b>1:14:53</b>			
04:28+	17:11+	24:22+	27:00+	30:45+	32:08+	34:43+	41:09+	44:14+	52:49+	57:57+	62:38+	68:15+	73:03+	74:40+	74:53+		
04:28+	12:43+	07:11+	02:38+	03:45-	01:23=	02:35+	06:26+	03:05+	08:35+	05:08+	04:41+	05:37+	04:48+	01:37+	00:13+		
01:10&	09:31@	01:14#	00:04+	02:07-	00:00=	00:04+	00:30+	00:07+	01:36#	01:08&	00:51#	00:18+	00:32#	00:23&	00:01+		
<b>10</b>	<b>Inge Thorsen</b>	<b>15</b>												<b>1:17:37</b>			
04:21+	13:46+	19:24+	28:34+	33:55+	35:25+	38:49+	45:16+	48:09+	56:36+	60:44+	65:16+	71:11+	76:09+	77:24+	77:37+		
04:21+	09:25+	05:38-	09:10+	05:21-	01:30+	03:24+	06:27+	02:53-	08:27+	04:08+	04:32+	05:55+	04:58+	01:15+	00:13+		
01:03&	06:13@	00:19-	06:36@	00:31-	00:07+	00:53&	00:31+	00:05-	01:28#	00:08+	00:42#	00:36#	00:42#	00:01+	00:01+		
<b>11</b>	<b>Britta Bobach</b>	<b>8</b>												<b>1:23:46</b>			
05:30+	10:19+	19:01+	22:32+	27:44+	29:41+	32:51+	41:21+	45:37+	55:06+	60:40+	67:02+	73:36+	81:32+	83:31+	83:46+		
05:30+	04:49+	08:42+	03:31+	05:12-	01:57+	03:10+	08:30+	04:16+	09:29+	05:34+	06:22+	06:34+	07:56+	01:59+	00:15+		
02:12&	01:37&	02:45&	00:57&	00:40-	00:34&	00:39&	02:34&	01:18&	02:30&	01:34&	02:32&	01:15#	03:40&	00:45&	00:03#		
<b>12</b>	<b>Lene Bank Hansen</b>	<b>5</b>												<b>1:25:17</b>			
04:16+	09:31+	16:09+	22:27+	27:26+	29:23+	33:52+	48:00+	51:49+	61:40+	65:49+	72:01+	77:46+	83:43+	85:02+	85:17+		
04:16+	05:15+	06:38+	06:18+	04:59-	01:57+	04:29+	14:08+	03:49+	09:51+	04:09+	06:12+	05:45+	05:57+	01:19+	00:15+		
00:58&	02:03&	00:41#	03:44@	00:53-	00:34&	01:58&	08:12@	00:51&	02:52&	00:09+	02:22&	00:26+	01:41&	00:05+	00:03#		
<b>13</b>	<b>Lisbet Nielsen</b>	<b>5</b>												<b>1:29:43</b>			
13:10+	16:53+	31:04+	40:22+	43:34+	44:50+	48:00+	57:44+	63:31+	71:22+	75:30+	79:06+	83:32+	88:19+	89:33+	89:43+		
13:10+	03:43+	14:11+	09:18+	03:12-	01:16-	03:10+	09:44+	05:47+	07:51+	04:08+	03:36-	04:26-	04:47+	01:14=	00:10-		
09:52@	00:31#	08:14@	06:44@	02:40-	00:07-	00:39&	03:48&	02:49&	00:52#	00:08+	00:14-	00:53-	00:31#	00:00=	00:02-		
<b>14</b>	<b>Birgit Rasmussen</b>	<b>9</b>												<b>1:30:43</b>			
05:35+	12:02+	19:24+	23:17+	28:20+	30:41+	34:16+	42:10+	46:07+	59:37+	66:37+	72:34+	81:31+	88:23+	90:26+	90:43+		
05:35+	06:27+	07:22+	03:53+	05:03-	02:21+	03:35+	07:54+	03:57+	13:30+	07:00+	05:57+	08:57+	06:52+	02:03+	00:17+		
02:17&	03:15@	01:25#	01:19&	00:49-	00:58&	01:04&	01:58&	00:59&	06:31&	03:00&	02:07&	03:38&	02:36&	00:49&	00:05&		
<b>15</b>	<b>Birthe Helms</b>	<b>21</b>												<b>1:30:52</b>			
09:27+	13:26+	23:57+	27:35+	35:23+	37:04+	40:49+	49:56+	53:56+	65:37+	72:24+	78:27+	83:29+	88:59+	90:41+	90:52+		
09:27+	03:59+	10:31+	03:38+	07:48+	01:41+	03:45+	09:07+	04:00+	11:41+	06:47+	06:03+	05:02-	05:30+	01:42+	00:11-		
06:09@	00:47#	04:34&	01:04&	01:56&	00:18#	01:14&	03:11&	01:02&	04:42&	02:47&	02:13&	00:17-	01:14&	00:28&	00:01-		
<b>16</b>	<b>Lone Christensen</b>	<b>9</b>												<b>1:46:44</b>			
04:07+	21:34+	31:22+	36:26+	45:23+	47:28+	50:33+	58:12+	62:03+	75:57+	82:34+	88:31+	97:35+	104:27+	106:27+	106:44+		
04:07+	17:27+	09:48+	05:04+	08:57+	02:05+	03:05+	07:39+	03:51+	13:54+	06:37+	05:57+	09:04+	06:52+	02:00+	00:17+		
00:49#	14:15@	03:51&	02:30&	03:05&	00:42&	00:34#	01:43&	00:53&	06:55&	02:37&	02:07&	03:45&	02:36&	00:46&	00:05&		

### Beste stræktid for klassen

02:55 03:12 04:03 02:09 03:02 01:16 02:17 04:14 02:06 05:54 02:44 03:29 04:04 04:16 01:12 00:10

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

### D70-

<b>1</b>	<b>Ellen Thomsen</b>	<b>5</b>												<b>53:43</b>			
06:54=	10:22=	12:57=	17:34=	20:47=	26:30=	31:04=	36:13=	40:06=	45:28=	50:30=	53:31=	53:43=					
06:54=	03:28=	02:35=	04:37=	03:13=	05:43=	04:34=	05:09=	03:53=	05:22=	05:02=	03:01=	00:12=					
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=					
<b>2</b>	<b>Bitten Nielsen</b>	<b>1</b>												<b>1:00:02</b>			
07:51+	11:03+	18:01+	24:09+	33:10+	38:11+	41:21+	46:32+	49:16+	53:48+	57:57+	59:44+	60:02+					
07:51+	03:12-	06:58+	06:08+	09:01+	05:01-	03:10-	05:11+	02:44-	04:32-	04:09-	01:47-	00:18+					
00:57#	00:16-	04:23@	01:31&	05:48@	00:42-	01:24-	00:02+	01:09-	00:50-	00:53-	01:14-	00:06&					
<b>3</b>	<b>Rigmor Schou</b>	<b>4</b>												<b>1:03:43</b>			
25:56+	28:57+	31:31+	35:37+	38:38+	42:07+	45:15+	50:26+	52:59+	57:17+	61:59+	63:30+	63:43+					
25:56+	03:01-	02:34-	04:06-	03:01-	03:29-	03:08-	05:11+	02:33-	04:18-	04:42-	01:31-	00:13+					
19:02@	00:27-	00:01-	00:31-	00:12-	02:14-	01:26-	00:02+	01:20-	01:04-	00:20-	01:30-	00:01+					
<b>4</b>	<b>Vivi Arildsen</b>	<b>5</b>												<b>1:12:13</b>			
08:01+	12:51+	15:41+	32:52+	36:38+	42:13+	49:38+	54:24+	58:10+	64:26+	69:50+	71:57+	72:13+					
08:01+	04:50+	02:50+	17:11+	03:46+	05:35-	07:25+	04:46-	03:46-	06:16+	05:24+	02:07-	00:16+					
01:07#	01:22&	00:15+	12:34@	00:33#	00:08-	02:51&	00:23-	00:07-	00:54#	00:22+	00:54-	00:04&					
<b>5</b>	<b>Aase Thyssen</b>	<b>2</b>												<b>1:13:03</b>			
09:56+	13:54+	17:02+	22:12+	26:26+	37:12+	41:53+	48:34+	52:01+	65:01+	70:26+	72:47+	73:03+					
09:56+	03:58+	03:08+	05:10+	04:14+	10:46+	04:41+	06:41+	03:27-	13:00+	05:25+	02:21-	00:16+					
03:02&	00:30#	00:33#	00:33#	01:01&	05:03&	00:07+	01:32&	00:26-	07:38@	00:23+	00:40-	00:04&					

Class	Navn	Klasse	Tid									
<b>6</b>	<b>Bodil Buchtrup Jensen</b>	<b>9</b>	<b>1:16:32</b>									
07:26+	14:54+	19:37+	32:50+	36:38+	41:34+	45:42+	52:19+	55:09+	68:50+	74:23+	76:18+	76:32+
07:26+	07:28+	04:43+	13:13+	03:48+	04:56-	04:08-	06:37+	02:50-	13:41+	05:33+	01:55-	00:14+
00:32+	04:00@	02:08&	08:36@	00:35#	00:47-	00:26-	01:28&	01:03-	08:19@	00:31#	01:06-	00:02#
<b>7</b>	<b>Inger Knudsen</b>	<b>1</b>	<b>1:23:35</b>									
06:54=	11:59+	16:57+	40:18+	43:25+	47:29+	51:51+	67:09+	70:27+	77:29+	81:42+	83:21+	83:35+
06:54=	05:05+	04:58+	23:21+	03:07-	04:04-	04:22-	15:18+	03:18-	07:02+	04:13-	01:39-	00:14+
00:00=	01:37&	02:23&	18:44@	00:06-	01:39-	00:12-	10:09@	00:35-	01:40&	00:49-	01:22-	00:02#
<b>8</b>	<b>Hanne Schultz</b>	<b>2</b>	<b>1:38:20</b>									
09:08+	14:17+	20:09+	28:36+	42:06+	51:18+	57:59+	66:07+	74:48+	85:44+	94:24+	98:00+	98:20+
09:08+	05:09+	05:52+	08:27+	13:30+	09:12+	06:41+	08:08+	08:41+	10:56+	08:40+	03:36+	00:20+
02:14&	01:41&	03:17@	03:50&	10:17@	03:29&	02:07&	02:59&	04:48@	05:34@	03:38&	00:35#	00:08&

### Beste stræktid for klassen

06:54 03:01 02:34 04:06 03:01 03:29 03:08 04:46 02:33 04:18 04:09 01:31 00:12

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-10

<b>1</b>	<b>Frederik Brynning Bøje</b>	<b>2</b>	<b>18:23</b>																	
00:30=	01:09=	01:41=	03:43=	05:39=	06:39=	08:00=	09:39=	10:09=	10:43=	11:47=	12:20=	13:21=	14:45=	15:18=	16:11=	16:50=	17:48=	18:14=	18:23=	
00:30=	00:39=	00:32=	02:02=	01:56=	01:00=	01:21=	01:39=	00:30=	00:34=	01:04=	00:33=	01:01=	01:24=	00:33=	00:53=	00:39=	00:58=	00:26=	00:09=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Lukas Bergmann Verhelst</b>	<b>2</b>	<b>18:34</b>																	
00:33+	01:19+	02:00+	04:11+	06:07+	07:20+	08:49+	09:39+	10:14+	10:50+	11:55+	12:32+	13:29+	15:06+	15:50+	16:20+	17:07+	17:52+	18:24+	18:34+	
00:33+	00:46+	00:41+	02:11+	01:56+	01:13+	01:29+	00:50-	00:35+	00:36+	01:05+	00:37+	00:57-	01:37+	00:44+	00:30-	00:47+	00:45-	00:32+	00:10+	
00:03+	00:07#	00:09&	00:09+	00:00=	00:13#	00:08+	00:49-	00:05#	00:02+	00:01+	00:04#	00:04-	00:13#	00:11&	00:23-	00:08#	00:13-	00:06#	00:01#	
<b>3</b>	<b>Elias Fuglgaard</b>	<b>2</b>	<b>21:02</b>																	
00:26-	00:56-	01:26-	03:33-	05:32-	07:05+	08:32+	09:46+	10:45+	11:30+	12:31+	14:02+	14:59+	15:46+	17:30+	18:10+	18:56+	19:29+	20:28+	20:53+	21:02+
00:26-	00:30-	00:30-	02:07+	01:59+	01:33+	01:27+	01:14-	00:59+	00:45+	01:01-	01:31+	00:57-	00:47-	01:44+	00:40-	00:46+	00:33-	00:59+	00:25+	00:09+
00:04-	00:09-	00:02-	00:05+	00:03+	00:33&	00:06+	00:25-	00:29&	00:11&	00:03-	00:58@	00:04-	00:37-	01:11@	00:13-	00:07#	00:25-	00:33@	00:16@	00:09+
<b>4</b>	<b>Severin Kilden</b>	<b>18</b>	<b>21:39</b>																	
00:31+	01:06-	01:47+	04:30+	06:55+	08:06+	09:32+	10:43+	11:27+	12:10+	13:26+	14:07+	15:15+	16:50+	17:35+	18:33+	19:13+	20:54+	21:26+	21:39+	
00:31+	00:35-	00:41+	02:43+	02:25+	01:11+	01:26+	01:11-	00:44+	00:43+	01:16+	00:41+	01:08+	01:35+	00:45+	00:58+	00:40+	01:41+	00:32+	00:13+	
00:01+	00:04-	00:09&	00:41&	00:29#	00:11#	00:05+	00:28-	00:14&	00:09&	00:12#	00:08#	00:07#	00:11#	00:12&	00:05+	00:01+	00:43&	00:06#	00:04&	
<b>5</b>	<b>Lasse Rahbek Thyssen</b>	<b>2</b>	<b>21:46</b>																	
00:24-	01:00-	01:35-	03:58+	06:21+	07:45+	09:27+	10:37+	11:32+	12:26+	13:36+	14:39+	15:54+	17:19+	18:06+	19:15+	20:02+	21:08+	21:37+	21:46+	
00:24-	00:36-	00:35+	02:23+	02:23+	01:24+	01:42+	01:10-	00:55+	00:54+	01:10+	01:03+	01:15+	01:25+	00:47+	01:09+	00:47+	01:06+	00:29+	00:09=	
00:06-	00:03-	00:03+	00:21#	00:27#	00:24&	00:21&	00:29-	00:25&	00:20&	00:06+	00:30&	00:14#	00:01+	00:14&	00:16&	00:08#	00:08#	00:03#	00:00=	
<b>6</b>	<b>Bertil Ribergaard Skammelsen</b>	<b>18</b>	<b>23:41</b>																	
00:26-	01:16+	01:51+	04:30+	07:12+	11:13+	13:53+	14:45+	15:28+	16:04+	16:58+	17:36+	18:33+	19:59+	20:37+	21:16+	22:04+	22:56+	23:30+	23:41+	
00:26-	00:50+	00:35+	02:39+	02:42+	04:01+	02:40+	00:52-	00:43+	00:36+	00:54-	00:38+	00:57-	01:26+	00:38+	00:39-	00:48+	00:52-	00:34+	00:11+	
00:04-	00:11&	00:03+	00:37&	00:46&	03:01@	01:19&	00:47-	00:13&	00:02+	00:10-	00:05#	00:04-	00:02+	00:05#	00:14-	00:09#	00:06-	00:08&	00:02#	
<b>7</b>	<b>Jakob Wulff Pedersen</b>	<b>2</b>	<b>29:38</b>																	
00:27-	01:16+	02:06+	04:29+	07:50+	09:43+	12:18+	13:10+	13:54+	14:37+	20:51+	21:26+	22:30+	23:54+	25:31+	26:48+	27:37+	28:57+	29:27+	29:38+	
00:27-	00:49+	00:50+	02:23+	03:21+	01:53+	02:35+	00:52-	00:44+	00:43+	06:14+	00:35+	01:04+	01:24=	01:37+	01:17+	00:49+	01:20+	00:30+	00:11+	
00:03-	00:10&	00:18&	00:21#	01:25&	00:53&	01:14&	00:47-	00:14&	00:09&	05:10@	00:02+	00:03+	00:00=	01:04@	00:24&	00:10&	00:22&	00:04#	00:02#	
<b>8</b>	<b>Jonas Klærke Mikkelsen</b>	<b>2</b>	<b>31:52</b>																	
00:28-	01:23+	02:21+	05:34+	09:06+	11:20+	14:18+	15:46+	16:51+	17:54+	19:43+	20:28+	22:55+	25:30+	26:35+	28:11+	29:18+	30:38+	31:39+	31:52+	
00:28-	00:55+	00:58+	03:13+	03:32+	02:14+	02:58+	01:28-	01:05+	01:03+	01:49+	00:45+	02:27+	02:35+	01:05+	01:36+	01:07+	01:20+	01:01+	00:13+	
00:02-	00:16&	00:26&	01:11&	01:36&	01:14@	01:37@	00:11-	00:35@	00:29&	00:45&	00:12&	01:26@	01:11&	00:32&	00:43&	00:28&	00:22&	00:35@	00:04&	
<b>9</b>	<b>Mathias Reiche Sørensen</b>	<b>5</b>	<b>32:04</b>																	
00:39+	01:34+	02:41+	05:50+	09:14+	11:02+	14:20+	15:49+	17:08+	18:04+	19:45+	20:28+	22:51+	25:06+	26:06+	27:22+	28:19+	30:35+	31:50+	32:04+	
00:39+	00:55+	01:07+	03:09+	03:24+	01:48+	03:18+	01:29-	01:19+	00:56+	01:41+	00:43+	02:23+	02:15+	01:00+	01:16+	00:57+	02:16+	01:15+	00:14+	
00:09&	00:16&	00:35@	01:07&	01:28&	00:48&	01:57@	00:10-	00:49@	00:22&	00:37&	00:10&	01:22@	00:51&	00:27&	00:23&	00:18&	01:18@	00:49@	00:05&	
<b>10</b>	<b>Marius Vang Bobach</b>	<b>8</b>	<b>32:34</b>																	
00:25-	01:03-	01:56+	04:41+	07:25+	12:48+	15:11+	16:58+	18:26+	19:21+	21:36+	22:43+	24:50+	27:07+	28:02+	29:04+	29:54+	31:31+	32:22+	32:34+	
00:25-	00:38-	00:53+	02:45+	02:44+	05:23+	02:23+	01:47+	01:28+	00:55+	02:15+	01:07+	02:07+	02:17+	00:55+	01:02+	00:50+	01:37+	00:51+	00:12+	
00:05-	00:01-	00:21&	00:43&	00:48&	04:23@	01:02&	00:08+	00:58@	00:21&	01:11@	00:34@	01:06@	00:53&	00:22&	00:09#	00:11&	00:39&	00:25&	00:03&	



Class	Navn	Klasse	Tid
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### Beste stræktid for klassen

00:24 00:30 00:30 02:02 01:56 01:00 01:21 00:50 00:30 00:34 00:54 00:33 00:57 00:47 00:33 00:30 00:39 00:33 00:26 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-12

### 1 Silas Ribergaard Skammelsen 18

21:57

00:18= 00:55= 01:30= 03:24= 05:41= 06:34= 08:18= 09:37= 10:27= 11:16= 11:48= 13:27= 14:21= 15:51= 16:26= 17:22= 17:57= 18:56= 19:25= 20:31= 21:19= 21:49= 21:57=  
 00:18= 00:37= 00:35= 01:54= 02:17= 00:53= 01:44= 01:19= 00:50= 00:49= 00:32= 01:39= 00:54= 01:30= 00:35= 00:56= 00:35= 00:59= 00:29= 01:06= 00:48= 00:30= 00:08=  
 00:00=

### 2 Jonas Ellegård Kokholm 2

23:27

00:19+ 03:46+ 04:16+ 06:14+ 07:48+ 08:41+ 10:22+ 11:26+ 12:18+ 13:12+ 13:47+ 14:58+ 16:25+ 17:44+ 18:13+ 19:10+ 19:43+ 20:41+ 21:09+ 22:12+ 22:54+ 23:20+ 23:27+  
 00:19+ 03:27+ 00:30- 01:58+ 01:34- 00:53= 01:41- 01:04- 00:52+ 00:54+ 00:35+ 01:11- 01:27+ 01:19- 00:29- 00:57+ 00:33- 00:58- 00:28- 01:03- 00:42- 00:26- 00:07-  
 00:01+ 02:50@ 00:05- 00:04+ 00:43- 00:00= 00:03- 00:15- 00:02+ 00:05# 00:03+ 00:28- 00:33& 00:11- 00:06- 00:01+ 00:02- 00:01- 00:01- 00:03- 00:06- 00:04- 00:01-

### 3 Lucas Hagstrøm 7

25:21

00:18= 00:49- 01:35+ 03:48+ 05:45+ 06:47+ 08:52+ 11:03+ 12:03+ 13:11+ 13:53+ 15:18+ 16:45+ 18:09+ 19:02+ 19:59+ 20:39+ 21:37+ 22:19+ 23:47+ 24:43+ 25:13+ 25:21+  
 00:18= 00:31- 00:46+ 02:13+ 01:57- 01:02+ 02:05+ 02:11+ 01:00+ 01:08+ 00:42+ 01:25- 01:27+ 01:24- 00:53+ 00:57+ 00:40+ 00:58- 00:42+ 01:28+ 00:56+ 00:30= 00:08=  
 00:00= 00:06- 00:11& 00:19# 00:20- 00:09# 00:21# 00:52& 00:10# 00:19& 00:10& 00:14- 00:33& 00:06- 00:18& 00:01+ 00:05# 00:01- 00:13& 00:22& 00:08# 00:00= 00:00=

### 4 Christoffer Vang Bobach 8

26:51

00:21+ 01:06+ 01:43+ 03:55+ 05:51+ 07:09+ 09:37+ 10:40+ 13:26+ 14:35+ 15:16+ 16:40+ 18:05+ 19:23+ 20:05+ 21:05+ 21:42+ 22:48+ 23:18+ 25:22+ 26:11+ 26:40+ 26:51+  
 00:21+ 00:45+ 00:37+ 02:12+ 01:56- 01:18+ 02:28+ 01:03- 02:46+ 01:09+ 00:41+ 01:24- 01:25+ 01:18- 00:42+ 01:00+ 00:37+ 01:06+ 00:30+ 02:04+ 00:49+ 00:29- 00:11+  
 00:03# 00:08# 00:02+ 00:18# 00:21- 00:25& 00:16- 01:56@ 00:20& 00:09& 00:15- 00:31& 00:12- 00:07# 00:04+ 00:02+ 00:07# 00:01+ 00:58& 00:01+ 00:01- 00:03&

### 5 Rasmus Meldgaard Jensen 7

31:19

00:19+ 00:52- 01:28- 05:11+ 10:56+ 11:45+ 13:42+ 17:19+ 18:08+ 19:06+ 19:58+ 21:15+ 22:41+ 24:04+ 24:56+ 25:55+ 26:30+ 27:30+ 28:05+ 29:38+ 30:31+ 31:10+ 31:19+  
 00:19+ 00:33- 00:36+ 03:43+ 05:45+ 00:49- 01:57+ 03:37+ 00:49- 00:58+ 00:52+ 01:17- 01:26+ 01:23- 00:52+ 00:59+ 00:35+ 01:00+ 00:35+ 01:33+ 00:53+ 00:39+ 00:09+  
 00:01+ 00:04- 00:01+ 01:49& 03:28@ 00:04- 00:13# 02:18@ 00:01- 00:09# 00:20& 00:22- 00:32& 00:07- 00:17& 00:03+ 00:00= 00:01+ 00:06# 00:27& 00:05# 00:09& 00:01#

### 6 Anders Haugsted 5

36:40

00:19+ 00:57+ 01:44+ 04:08+ 07:32+ 11:44+ 16:02+ 17:38+ 18:41+ 19:47+ 20:44+ 23:51+ 25:50+ 27:12+ 27:48+ 28:51+ 29:41+ 31:00+ 31:47+ 34:54+ 35:51+ 36:24+ 36:40+  
 00:19+ 00:38+ 00:47+ 02:24+ 03:24+ 04:12+ 04:18+ 01:36+ 01:03+ 01:06+ 00:57+ 03:07+ 01:59+ 01:22- 00:36+ 01:03+ 00:50+ 01:19+ 00:47+ 03:07+ 00:57+ 00:33+ 00:16+  
 00:01+ 00:01+ 00:12& 00:30& 01:07& 03:19@ 02:34@ 00:17# 00:13& 00:17& 00:25& 01:28& 01:05@ 00:08- 00:01+ 00:07# 00:15& 00:20& 00:18& 02:01@ 00:09# 00:03+ 00:08&

### 7 Nichlas Dag Vestergård 1

46:28

00:21+ 00:57+ 01:35+ 04:02+ 21:13+ 22:26+ 24:50+ 26:19+ 27:32+ 28:29+ 29:10+ 30:31+ 32:16+ 33:51+ 34:32+ 35:49+ 36:22+ 37:38+ 38:10+ 44:27+ 45:44+ 46:18+ 46:28+  
 00:21+ 00:36- 00:38+ 02:27+ 17:11+ 01:13+ 02:24+ 01:29+ 01:13+ 00:57+ 00:41+ 01:21- 01:45+ 01:35+ 00:41+ 01:17+ 00:33- 01:16+ 00:32+ 06:17+ 01:17+ 00:34+ 00:10+  
 00:03# 00:01- 00:03+ 00:33& 14:54@ 00:20& 00:40& 00:10# 00:23& 00:08# 00:09& 00:18- 00:51& 00:05+ 00:06# 00:21& 00:02- 00:17& 00:03# 05:11@ 00:29& 00:04# 00:02#

### Beste stræktid for klassen

00:18 00:31 00:30 01:54 01:34 00:49 01:41 01:03 00:49 00:49 00:32 01:11 00:54 01:18 00:29 00:56 00:33 00:58 00:28 01:03 00:42 00:26 00:07

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-12B

### 1 Simon Karl Martinsson 2

32:32

00:31= 01:30= 02:21= 07:08= 10:37= 12:44= 15:16= 16:44= 17:46= 18:59= 21:17= 22:07= 23:58= 26:32= 27:45= 28:44= 29:30= 31:10= 32:19= 32:32=  
 00:31= 00:59= 00:51= 04:47= 03:29= 02:07= 02:32= 01:28= 01:02= 01:13= 02:18= 00:50= 01:51= 02:34= 01:13= 00:59= 00:46= 01:40= 01:09= 00:13=  
 00:00=

### Beste stræktid for klassen

00:31 00:59 00:51 04:47 03:29 02:07 02:32 01:28 01:02 01:13 02:18 00:50 01:51 02:34 01:13 00:59 00:46 01:40 01:09 00:13

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-14

### 1 Erik Hedver Thesbjerg 2

36:42

03:16= 05:58= 07:33= 08:35= 09:59= 14:18= 17:04= 19:52= 22:30= 25:20= 28:42= 32:45= 34:09= 35:29= 36:32= 36:42=  
 03:16= 02:42= 01:35= 01:02= 01:24= 04:19= 02:46= 02:48= 02:38= 02:50= 03:22= 04:03= 01:24= 01:20= 01:03= 00:10=  
 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=

Class	Navn	Klasse	Tid												
<b>2</b>	<b>Mikkel Bo Kølbæk</b>	<b>9</b>	<b>53:04</b>												
03:37+	06:05+	09:45+	11:29+	13:22+	19:20+	23:58+	29:06+	33:12+	37:24+	42:58+	48:25+	49:52+	51:27+	52:57+	53:04+
03:37+	02:28-	03:21+	02:18+	01:53+	05:58+	04:38+	05:08+	04:06+	04:12+	05:34+	05:27+	01:27+	01:35+	01:30+	00:07-
00:21#	00:14-	02:05@	00:42&	00:29&	01:39&	01:52&	02:20&	01:28&	01:22&	02:12&	01:24&	00:03+	00:15#	00:27&	00:03-
<b>3</b>	<b>Thor Sættrup</b>	<b>7</b>	<b>58:31</b>												
05:12+	07:54+	11:15+	13:33+	16:20+	22:47+	27:40+	32:45+	36:46+	41:19+	45:29+	52:01+	53:40+	56:55+	58:18+	58:31+
05:12+	02:42=	03:21+	02:18+	02:47+	06:27+	04:53+	05:05+	04:01+	04:33+	04:10+	06:32+	01:39+	03:15+	01:23+	00:13+
01:56&	00:00=	01:46@	01:16@	01:23&	02:08&	02:07&	02:17&	01:23&	01:43&	00:48#	02:29&	00:15#	01:55@	00:20&	00:03&
<b>4</b>	<b>Mathias Veggerby Jensen</b>	<b>20</b>	<b>1:22:29</b>												
05:40+	09:53+	13:51+	22:03+	25:13+	33:07+	39:43+	47:16+	53:23+	59:30+	67:45+	75:49+	79:05+	81:08+	82:16+	82:29+
05:40+	04:13+	03:58+	08:12+	03:10+	07:54+	06:36+	07:33+	06:07+	06:07+	08:15+	08:04+	03:16+	02:03+	01:08+	00:13+
02:24&	01:31&	02:23@	07:10@	01:46@	03:35&	03:50@	04:45@	03:29@	03:17@	04:53@	04:01&	01:52@	00:43&	00:05+	00:03&
<b>Beste stræktid for klassen</b>															
03:16	02:28	01:35	01:02	01:24	04:19	02:46	02:48	02:38	02:50	03:22	04:03	01:24	01:20	01:03	00:07

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-14B

<b>1</b>	<b>Mathias Klinge Cornelius</b>	<b>2</b>	<b>30:29</b>																			
00:22=	00:55=	01:31=	03:49=	08:29=	09:33=	12:06=	13:19=	14:24=	15:28=	16:14=	18:09=	19:40=	21:38=	22:18=	23:40=	24:23=	25:43=	26:22=	28:36=	29:49=	30:19=	30:29=
00:22=	00:33=	00:36=	02:18=	04:40=	01:04=	02:33=	01:13=	01:05=	01:04=	00:46=	01:55=	01:31=	01:58=	00:40=	01:22=	00:43=	01:20=	00:39=	02:14=	01:13=	00:30=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Jacob Jørgensen</b>	<b>1</b>	<b>47:13</b>																			
00:21-	00:58+	01:28-	04:11+	06:10-	07:03-	09:47-	14:46+	16:32+	17:13+	17:40+	34:38+	36:20+	38:16+	39:38+	40:48+	41:35+	43:18+	43:53+	45:26+	46:23+	47:04+	47:13+
00:21-	00:37+	00:30-	02:43+	01:59-	00:53-	02:44+	04:59+	01:46+	00:41-	00:27-	16:58+	01:42+	01:56-	01:22+	01:10-	00:47+	01:43+	00:35-	01:33-	00:57-	00:41+	00:09-
00:01-	00:04#	00:06-	00:25#	02:41-	00:11-	00:11+	03:46@	00:41&	00:23-	00:19-	15:03@	00:11#	00:02-	00:42@	00:12-	00:04+	00:23&	00:04-	00:41-	00:16-	00:11&	00:01-
<b>Beste stræktid for klassen</b>																						
00:21	00:33	00:30	02:18	01:59	00:53	02:33	01:13	01:05	00:41	00:27	01:55	01:31	01:56	00:40	01:10	00:43	01:20	00:35	01:33	00:57	00:30	00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-16

<b>1</b>	<b>Marko Birk Nielsen</b>	<b>8</b>	<b>37:57</b>															
02:14=	03:47=	05:33=	07:04=	08:32=	11:27=	13:16=	14:25=	18:32=	20:06=	22:49=	26:50=	27:57=	31:14=	34:37=	35:26=	36:55=	37:50=	37:57=
02:14=	01:33=	01:46=	01:31=	01:28=	02:55=	01:49=	01:09=	04:07=	01:34=	02:43=	04:01=	01:07=	03:17=	03:23=	00:49=	01:29=	00:55=	00:07=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Jacob Klærke Mikkelsen</b>	<b>2</b>	<b>41:35</b>															
02:17+	04:13+	06:19+	08:15+	09:49+	12:20+	14:12+	15:27+	19:35+	21:27+	24:04+	27:50+	28:53+	34:23+	37:59+	38:57+	40:34+	41:28+	41:35+
02:17+	01:56+	02:06+	01:56+	01:34+	02:31-	01:52+	01:15+	04:08+	01:52+	02:37-	03:46-	01:03-	05:30+	03:36+	00:58+	01:37+	00:54-	00:07=
00:03+	00:23#	00:20#	00:25&	00:06+	00:24-	00:03+	00:06+	00:01+	00:18#	00:06-	00:15-	00:04-	02:13&	00:13+	00:09#	00:08+	00:01-	00:00=
<b>Beste stræktid for klassen</b>																		
02:14	01:33	01:46	01:31	01:28	02:31	01:49	01:09	04:07	01:34	02:37	03:46	01:03	03:17	03:23	00:49	01:29	00:54	00:07

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-20

<b>1</b>	<b>Christian Møller</b>	<b>8</b>	<b>1:00:32</b>																						
03:13=	04:03=	05:30=	06:58=	09:06=	10:23=	13:17=	13:54=	16:07=	19:08=	27:35=	28:43=	33:09=	34:35=	37:03=	40:00=	42:35=	46:25=	50:26=	52:27=	54:07=	57:38=	58:35=	59:36=	60:25=	60:32=
03:13=	00:50=	01:27=	01:28=	02:08=	01:17=	02:54=	00:37=	02:13=	03:01=	08:27=	01:08=	04:26=	01:26=	02:28=	02:57=	02:35=	03:50=	04:01=	02:01=	01:40=	03:31=	00:57=	01:01=	00:49=	00:07=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Alex Heldgaard Kristensen</b>	<b>1</b>	<b>1:05:19</b>																						
03:37+	04:20+	05:51+	07:49+	09:38+	10:41+	15:50+	16:22+	19:06+	22:47+	32:02+	33:01+	36:30+	38:45+	40:58+	44:15+	47:01+	50:46+	54:17+	56:18+	58:07+	61:57+	63:12+	64:17+	65:10+	65:19+
03:37+	00:43-	01:31+	01:58+	01:49-	01:03-	05:09+	00:32-	02:44+	03:41+	09:15+	00:59-	03:29-	02:15+	02:13-	03:17+	02:46+	03:45-	03:31-	02:01=	01:49+	03:50+	01:15+	01:05+	00:53+	00:09+
00:24#	00:07-	00:04+	00:30&	00:19-	00:14-	02:15&	00:05-	00:31#	00:40#	00:48+	00:09-	00:57-	00:49&	00:15-	00:20#	00:11+	00:05-	00:30-	00:00=	00:09+	00:19+	00:18&	00:04+	00:04+	00:02&

Class	Navn	Klasse	Tid																						
<b>3</b>	<b>Simon Reimers</b>	<b>8</b>	<b>1:06:27</b>																						
04:02+	06:21+	08:05+	09:52+	12:08+	13:32+	16:38+	17:11+	21:03+	24:35+	33:54+	34:50+	38:25+	40:21+	42:39+	45:33+	48:41+	53:00+	56:05+	58:16+	60:01+	63:20+	64:20+	65:20+	66:20+	66:27+
04:02+	02:19+	01:44+	01:47+	02:16+	01:24+	03:06+	00:33-	03:52+	03:32+	09:19+	00:56-	03:35-	01:56+	02:18-	02:54-	03:08+	04:19+	03:05-	02:11+	01:45+	03:19-	01:00+	01:00-	01:00+	00:07=
00:49&	01:29@	00:17#	00:19#	00:08+	00:07+	00:12+	00:04-	01:39&	00:31#	00:52#	00:12-	00:51-	00:30&	00:10-	00:03-	00:33#	00:29#	00:56-	00:10+	00:05+	00:12-	00:03+	00:01-	00:11#	00:00=
<b>4</b>	<b>Thomas Emil Jensen</b>	<b>2</b>	<b>1:18:54</b>																						
04:37+	05:39+	07:46+	10:02+	11:35+	12:58+	18:08+	18:56+	21:53+	26:06+	37:35+	38:56+	45:02+	46:56+	49:16+	53:34+	57:08+	62:26+	66:07+	68:42+	70:43+	75:16+	76:34+	77:50+	78:46+	78:54+
04:37+	01:02+	02:07+	02:16+	01:33-	01:23+	05:10+	00:48+	02:57+	04:13+	11:29+	01:21+	06:06+	01:54+	02:20-	04:18+	03:34+	05:18+	03:41-	02:35+	02:01+	04:33+	01:18+	01:16+	00:56+	00:08+
01:24&	00:12#	00:40&	00:48&	00:35-	00:06+	02:16&	00:11&	00:44&	01:12&	03:02&	00:13#	01:40&	00:28&	00:08-	01:21&	00:59&	01:28&	00:20-	00:34&	00:21#	01:02&	00:21&	00:15#	00:07#	00:01#
<b>5</b>	<b>Mathias Mønster Jørgensen</b>	<b>2</b>	<b>1:23:36</b>																						
04:21+	05:18+	07:02+	09:43+	11:15+	12:32+	16:01+	16:49+	24:56+	28:31+	41:18+	42:24+	46:12+	48:46+	51:14+	58:25+	61:59+	66:33+	70:15+	72:43+	75:10+	79:40+	80:59+	82:19+	83:27+	83:36+
04:21+	00:57+	01:44+	02:41+	01:32-	01:17=	03:29+	00:48+	08:07+	03:35+	12:47+	01:06-	03:48-	02:34+	02:28=	07:11+	03:34+	04:34+	03:42-	02:28+	02:27+	04:30+	01:19+	01:20+	01:08+	00:09+
01:08&	00:07#	00:17#	01:13&	00:36-	00:00=	00:35#	00:11&	05:54@	00:34#	04:20&	00:02-	00:38-	01:08&	00:00=	04:14@	00:59&	00:44#	00:19-	00:27#	00:47&	00:59&	00:22&	00:19&	00:19&	00:02&
<b>6</b>	<b>Jonas Abildgård Poulsen</b>	<b>9</b>	<b>1:29:24</b>																						
07:12+	08:23+	09:57+	11:53+	13:40+	14:54+	19:53+	20:30+	23:48+	28:20+	39:46+	41:40+	46:39+	48:54+	51:38+	57:10+	62:08+	69:17+	73:48+	77:29+	80:09+	85:20+	86:52+	88:12+	89:18+	89:24+
07:12+	01:11+	01:34+	01:56+	01:47-	01:14-	04:59+	00:37=	03:18+	04:32+	11:26+	01:54+	04:59+	02:15+	02:44+	05:32+	04:58+	07:09+	04:31+	03:41+	02:40+	05:11+	01:32+	01:20+	01:06+	00:06-
03:59@	00:22&	00:07+	00:28&	00:21-	00:03-	02:05&	00:00=	01:05&	01:31&	02:59&	00:46&	00:33#	00:49&	00:16#	02:35&	02:23&	03:19&	00:30#	01:40&	01:00&	01:40&	00:35&	00:19&	00:17&	00:01-
<b>7</b>	<b>Nicklas Sandbæk Olsen</b>	<b>1</b>	<b>1:32:14</b>																						
08:01+	09:43+	15:26+	18:30+	21:48+	23:26+	30:49+	31:23+	34:08+	38:09+	50:10+	51:54+	56:14+	58:27+	61:01+	64:38+	68:55+	74:39+	79:25+	82:05+	84:24+	88:43+	90:01+	91:11+	92:06+	92:14+
08:01+	01:42+	05:43+	03:04+	03:18+	01:38+	07:23+	00:34-	02:45+	04:01+	12:01+	01:44+	04:20-	02:13+	02:34+	03:37+	04:17+	05:44+	04:46+	02:40+	02:19+	04:19+	01:18+	01:10+	00:55+	00:08+
04:48@	00:52@	04:16@	01:36@	01:10&	00:21&	04:29@	00:03-	00:32#	01:00&	03:34&	00:36&	00:06-	00:47&	00:06+	00:40#	01:42&	01:54&	00:45#	00:39&	00:39&	00:48#	00:21&	00:09#	00:06#	00:01#

**Beste stræktid for klassen**  
03:13 00:43 01:27 01:28 01:32 01:03 02:54 00:32 02:13 03:01 08:27 00:56 03:29 01:26 02:13 02:54 02:35 03:45 03:05 02:01 01:40 03:19 00:57 01:00 00:49 00:06

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-20B

<b>1</b>	<b>Lasse Djernæs</b>	<b>6</b>	<b>46:13</b>												
03:55=	05:41=	07:50=	12:51=	14:06=	18:00=	22:14=	25:10=	28:35=	33:42=	37:52=	42:05=	43:37=	45:00=	46:01=	46:13=
03:55=	01:46=	02:09=	05:01=	01:15=	03:54=	04:14=	02:56=	03:25=	05:07=	04:10=	04:13=	01:32=	01:23=	01:01=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Frederik Nørgaard Pedersen</b>	<b>8</b>	<b>46:32</b>												
04:22+	06:15+	07:49-	08:46-	10:02-	13:53-	17:36-	21:06-	24:01-	26:33-	34:48-	42:43+	44:31+	45:37+	46:24+	46:32+
04:22+	01:53+	01:34-	00:57-	01:16+	03:51-	03:43-	03:30+	02:55-	02:32-	08:15+	07:55+	01:48+	01:06-	00:47-	00:08-
00:27#	00:07+	00:35-	04:04-	00:01+	00:03-	00:31-	00:34#	00:30-	02:35-	04:05&	03:42&	00:16#	00:17-	00:14-	00:04-

**Beste stræktid for klassen**  
03:55 01:46 01:34 00:57 01:15 03:51 03:43 02:56 02:55 02:32 04:10 04:13 01:32 01:06 00:47 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H-20C

<b>1</b>	<b>Marius Gjøderum-Svenningsen</b>	<b>9</b>	<b>31:37</b>																			
00:33=	01:38=	02:15=	04:27=	06:35=	07:52=	09:36=	11:12=	12:07=	12:57=	13:41=	18:23=	21:38=	23:19=	24:21=	25:40=	26:21=	27:36=	28:18=	29:41=	30:45=	31:29=	31:37=
00:33=	01:05=	00:37=	02:12=	02:08=	01:17=	01:44=	01:36=	00:55=	00:50=	00:44=	04:42=	03:15=	01:41=	01:02=	01:19=	00:41=	01:15=	00:42=	01:23=	01:04=	00:44=	00:08=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Andreas Smallwood</b>	<b>4</b>	<b>50:28</b>																			
00:26-	01:12-	01:52-	04:28+	10:35+	11:49+	18:25+	25:28+	27:17+	28:32+	29:54+	33:16+	35:08+	37:55+	39:12+	40:51+	41:31+	43:06+	43:48+	47:48+	49:28+	50:18+	50:28+
00:26-	00:46-	00:40+	02:36+	06:07+	01:14-	06:36+	07:03+	01:49+	01:15+	01:22+	03:22-	01:52-	02:47+	01:17+	01:39+	00:40-	01:35+	00:42=	04:00+	01:40+	00:50+	00:10+
00:07-	00:19-	00:03+	00:24#	03:59@	00:03-	04:52@	05:27@	00:54&	00:25&	00:38&	01:20-	01:23-	01:06&	00:15#	00:20&	00:01-	00:20&	00:00=	02:37@	00:36&	00:06#	00:02#

**Beste stræktid for klassen**  
00:26 00:46 00:37 02:12 02:08 01:14 01:44 01:36 00:55 00:50 00:44 03:22 01:52 01:41 01:02 01:19 00:40 01:15 00:42 01:23 01:04 00:44 00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H21-

Class	Navn	Klasse	Tid																						
<b>1</b>	<b>Nicolai Zaar Nielsen</b>	<b>4</b>	<b>49:54</b>																						
03:13=	03:54=	05:21=	06:32=	07:32=	08:36=	11:00=	11:31=	16:14=	19:49=	25:47=	26:39=	28:48=	29:59=	31:24=	33:46=	35:51=	38:42=	41:03=	42:55=	44:23=	47:20=	48:11=	49:05=	49:47=	49:54=
03:13=	00:41=	01:27=	01:11=	01:00=	01:04=	02:24=	00:31=	04:43=	03:35=	05:58=	00:52=	02:09=	01:11=	01:25=	02:22=	02:05=	02:51=	02:21=	01:52=	01:28=	02:57=	00:51=	00:54=	00:42=	00:07=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Rico Hejlskov Mogensen</b>	<b>22</b>	<b>52:43</b>																						
03:04-	03:45-	04:59-	06:21-	07:31-	08:28-	10:50-	11:23-	13:32-	15:56-	22:25-	24:48-	27:27-	28:43-	30:22-	33:54+	36:35+	40:55+	43:27+	45:21+	46:45+	49:51+	50:46+	51:45+	52:35+	52:43+
03:04-	00:41=	01:14-	01:22+	01:10+	00:57-	02:22-	00:33+	02:09-	02:24-	06:29+	02:23+	02:39+	01:16+	01:39+	03:32+	02:41+	04:20+	02:32+	01:54+	01:24-	03:06+	00:55+	00:59+	00:50+	00:08+
00:09-	00:00=	00:13-	00:11#	00:10#	00:07-	00:02-	00:02+	02:34-	01:11-	00:31+	01:31@	00:30#	00:05+	00:14#	01:10&	00:36&	01:29&	00:11+	00:02+	00:04-	00:09+	00:04+	00:05+	00:08#	00:01#
<b>3</b>	<b>Lennart Rebsdorf</b>	<b>4</b>	<b>58:06</b>																						
03:21+	04:15+	06:20+	08:18+	09:48+	10:55+	14:30+	15:09+	17:32+	20:35+	27:52+	29:05+	31:47+	33:15+	35:06+	38:47+	41:13+	44:52+	47:59+	49:59+	51:42+	55:08+	56:06+	57:07+	57:56+	58:06+
03:21+	00:54+	02:05+	01:58+	01:30+	01:07+	03:35+	00:39+	02:23-	03:03-	07:17+	01:13+	02:42+	01:28+	01:51+	03:41+	02:26+	03:39+	03:07+	02:00+	01:43+	03:26+	00:58+	01:01+	00:49+	00:10+
00:08+	00:13&	00:38&	00:47&	00:30&	00:03+	01:11&	00:08&	02:20-	00:32-	01:19#	00:21&	00:33&	00:17#	00:26&	01:19&	00:21#	00:48&	00:46&	00:08+	00:15#	00:29#	00:07#	00:07#	00:07#	00:03&
<b>4</b>	<b>Morten Schou</b>	<b>8</b>	<b>59:31</b>																						
04:55+	05:39+	07:09+	08:39+	09:46+	10:47+	14:18+	14:57+	18:16+	21:25+	29:01+	29:54+	34:01+	35:25+	37:11+	40:25+	42:55+	46:38+	49:33+	51:35+	53:09+	56:35+	57:34+	58:31+	59:23+	59:31+
04:55+	00:44+	01:30+	01:30+	01:07+	01:01-	03:31+	00:39+	03:19-	03:09-	07:36+	00:53+	04:07+	01:24+	01:46+	03:14+	02:30+	03:43+	02:55+	02:02+	01:34+	03:26+	00:59+	00:57+	00:52+	00:08+
01:42&	00:03+	00:03+	00:19&	00:07#	00:03-	01:07&	00:08&	01:24-	00:26-	01:38&	00:01+	01:58&	00:13#	00:21#	00:52&	00:25#	00:52&	00:34#	00:10+	00:06+	00:29#	00:08#	00:03+	00:10#	00:01#
<b>5</b>	<b>Sune Dupont</b>	<b>9</b>	<b>1:00:14</b>																						
03:39+	04:47+	06:36+	08:22+	09:50+	11:04+	14:00+	14:41+	17:01+	20:23+	28:48+	29:55+	33:39+	35:05+	37:01+	40:28+	43:10+	47:04+	49:57+	51:56+	53:34+	57:01+	58:02+	59:11+	60:05+	60:14+
03:39+	01:08+	01:49+	01:46+	01:28+	01:14+	02:56+	00:41+	02:20-	03:22-	08:25+	01:07+	03:44+	01:26+	01:56+	03:27+	02:42+	03:54+	02:53+	01:59+	01:38+	03:27+	01:01+	01:09+	00:54+	00:09+
00:26#	00:27&	00:02&	00:35&	00:28&	00:10#	00:32#	00:10&	02:23-	00:13-	02:27&	00:15&	01:35&	00:15#	00:31&	01:05&	00:37&	01:03&	00:32#	00:07+	00:10#	00:30#	00:10#	00:15&	00:12&	00:02&
<b>6</b>	<b>Christian Bertel Andersen</b>	<b>9</b>	<b>1:03:31</b>																						
03:47+	04:37+	06:09+	09:36+	10:53+	12:05+	15:06+	15:46+	18:02+	21:07+	29:14+	30:47+	34:07+	35:34+	37:57+	41:19+	44:09+	47:55+	51:25+	53:30+	55:46+	59:25+	61:13+	62:21+	63:23+	63:31+
03:47+	00:50+	01:32+	03:27+	01:17+	01:12+	03:01+	00:40+	02:16-	03:05-	08:07+	01:33+	03:20+	01:27+	02:23+	03:22+	02:50+	03:46+	03:30+	02:05+	02:16+	03:39+	01:48+	01:08+	01:02+	00:08+
00:34#	00:09#	00:05+	02:16@	00:17&	00:08#	00:37&	00:09&	02:27-	00:30-	02:09&	00:41&	01:11&	00:16#	00:58&	01:00&	00:45&	00:55&	01:09&	00:13#	00:48&	00:42#	00:57@	00:14&	00:20&	00:01#
<b>7</b>	<b>Mads Alexander Krogh Simonsen</b>	<b>9</b>	<b>1:06:35</b>																						
04:24+	06:40+	08:30+	10:25+	12:34+	13:52+	18:10+	18:58+	21:30+	24:21+	32:30+	33:56+	36:59+	38:45+	40:32+	43:41+	47:55+	51:46+	55:58+	58:25+	59:51+	63:06+	64:31+	65:32+	66:26+	66:35+
04:24+	02:16+	01:50+	01:55+	02:09+	01:18+	04:18+	00:48+	02:32-	02:51-	08:09+	01:26+	03:03+	01:46+	01:47+	03:09+	04:14+	03:51+	04:12+	02:27+	01:26-	03:15+	01:25+	01:01+	00:54+	00:09+
01:11&	01:35@	00:23&	00:44&	01:09@	00:14#	01:54&	00:17&	02:11-	00:44-	02:11&	00:34&	00:54&	00:35&	00:22&	00:47&	02:09@	01:00&	01:51&	00:35&	00:02-	00:18#	00:34&	00:07#	00:12&	00:02&
<b>8</b>	<b>Søren Vestergaard Christensen</b>	<b>9</b>	<b>1:06:45</b>																						
05:15+	06:08+	07:44+	09:17+	10:40+	11:44+	16:51+	17:34+	20:33+	23:37+	35:51+	36:30+	40:13+	41:42+	43:49+	46:57+	49:38+	55:07+	57:44+	59:32+	61:02+	64:01+	64:53+	65:49+	66:38+	66:45+
05:15+	00:53+	01:36+	01:33+	01:23+	01:04+	05:07+	00:43+	02:59-	03:04-	12:14+	00:39-	03:43+	01:29+	02:07+	03:08+	02:41+	05:29+	02:37+	01:48-	01:30+	02:59+	00:52+	00:56+	00:49+	00:07+
02:02&	00:12&	00:09#	00:22&	00:23&	00:00=	02:43@	00:12&	01:44-	00:31-	06:16@	00:13-	01:34&	00:18&	00:42&	00:46&	00:36&	02:38&	00:16#	00:04-	00:02+	00:02+	00:01+	00:02+	00:07#	00:00=
<b>9</b>	<b>Nicklas Mønster Jørgensen</b>	<b>2</b>	<b>1:07:09</b>																						
03:27+	04:36+	06:27+	08:08+	09:29+	10:46+	13:58+	14:36+	16:59+	19:48-	26:59+	30:04+	33:43+	35:14+	39:00+	43:39+	47:23+	52:11+	56:25+	58:38+	60:31+	64:02+	65:04+	66:08+	67:01+	67:09+
03:27+	01:09+	01:51+	01:41+	01:21+	01:17+	03:12+	00:38+	02:23-	02:49-	07:11+	03:05+	03:39+	01:31+	03:46+	04:39+	03:44+	04:48+	04:14+	02:13+	01:53+	03:31+	01:02+	01:04+	00:53+	00:08+
00:14+	00:28&	00:24&	00:30&	00:21&	00:13#	00:48&	00:07#	02:20-	00:46-	01:13#	02:13@	01:30&	00:20&	02:21@	02:17&	01:39&	01:57&	01:53&	00:21#	00:25&	00:34#	00:11#	00:10#	00:11&	00:01#
<b>10</b>	<b>Tue Strøm Jensen</b>	<b>Akif</b>	<b>1:09:34</b>																						
06:41+	07:41+	09:28+	11:06+	12:48+	14:00+	16:56+	17:30+	20:51+	23:45+	32:02+	33:06+	38:29+	39:51+	42:04+	48:59+	51:45+	55:42+	59:09+	61:19+	62:59+	66:28+	67:27+	68:31+	69:25+	69:34+
06:41+	01:00+	01:47+	01:38+	01:42+	01:12+	02:56+	00:34+	03:21-	02:54-	08:17+	01:04+	05:23+	01:22+	02:13+	06:55+	02:46+	03:57+	03:27+	02:10+	01:40+	03:29+	00:59+	01:04+	00:54+	00:09+
03:28@	00:19&	00:20#	00:27&	00:42&	00:08#	00:32#	00:03+	01:22-	00:41-	02:19&	00:12#	03:14@	00:11#	00:48&	04:33@	00:41&	01:06&	01:06&	00:18#	00:12#	00:32#	00:08#	00:10#	00:12&	00:02&
<b>11</b>	<b>Mátyás Péntek</b>	<b>2</b>	<b>1:13:03</b>																						
03:21+	04:08+	09:59+	14:35+	15:48+	16:52+	19:20+	19:52+	23:14+	25:57+	32:49+	35:40+	39:33+	40:23+	43:57+	45:23+	51:00+	53:55+	56:25+	59:37+	63:03+	64:53+	66:28+	69:36+	71:08+	72:08+
03:21+	00:47+	05:51+	04:36+	01:13+	01:04=	02:28+	00:32+	03:22-	02:43-	06:52+	02:51+	03:53+	00:50-	03:34+	01:26-	05:37+	02:55+	02:30+	03:12+	03:26+	01:50-	01:35+	03:08+	01:32+	01:00+
00:08+	00:06#	04:24@	03:25@	00:13#	00:00=	00:04+	00:01+	01:21-	00:52-	00:54#	01:59@	01:44&	00:21-	02:09@	00:56-	03:32@	00:04+	00:09+	01:20&	01:58@	01:07-	00:44&	02:14@	00:50@	00:53@
72:55+	73:03+																								
00:47+	00:08+																								
00:47+	00:08+																								
<b>12</b>	<b>Jens Brandt</b>	<b>8</b>	<b>1:14:38</b>																						
09:23+	13:23+	15:04+	16:25+	18:11+	19:28+	21:59+	22:32+	25:11+	28:29+	36:03+	39:20+	42:24+	43:44+	45:45+	53:13+	55:47+	59:37+	63:34+	66:24+	68:02+	71:27+	72:29+	73:29+	74:30+	74:38+
09:23+	04:00+	01:41+	01:21+	01:46+	01:17+	02:31+	00:33+	02:39-	03:18-	07:34+	03:17+	03:04+	01:20+	02:01+	07:28+	02:34+	03:50+	03:57+	02:50+	01:38+	03:25+	01:02+	01:00+	01:01+	00:08+
06:10@	03:19@	00:14#	00:10#	00:46&	00:13#	00:07+	00:02+	02:04-	00:17-	01:36&	02:25@	00:55&	00:09#	00:36&	05:06@	00:29#	00:59&	01:36&	00:58&	00:10#	00:28#	00:11#	00:06#	00:19&	00:01#
<b>13</b>	<b>Kjeld Arildsen</b>	<b>5</b>	<b>1:21:39</b>																						
05:04+	06:05+	08:06+	10:57+	12:58+	14:32+	18:35+	19:21+	25:27+	29:09+	39:44+	40:59+	44:38+	46:22+	48:49+	53:04+	56:49+	62:28+	67:18+	7						

Class	Navn	Klasse										Tid													
<b>16</b>	<b>Kåre Sandvei Jensen</b>	<b>1</b>										<b>1:48:42</b>													
04:53+	06:35+	09:04+	11:23+	13:12+	14:57+	19:35+	20:17+	23:32+	29:01+	46:03+	47:17+	55:51+	59:50+	63:15+	67:54+	74:17+	79:56+	84:25+	87:31+	90:18+	104:53+	106:14+	107:33+	108:32+	108:42+
04:53+	01:42+	02:29+	02:19+	01:49+	01:45+	04:38+	00:42+	03:15-	05:29+	17:02+	01:14+	08:34+	03:59+	03:25+	04:39+	06:23+	05:39+	04:29+	03:06+	02:47+	14:35+	01:21+	01:19+	00:59+	00:10+
01:40&	01:01@	01:02&	01:08&	00:49&	00:41&	02:14&	00:11&	01:28-	01:54&	11:04@	00:22&	06:25@	02:48@	02:00@	02:17&	04:18@	02:48&	02:08&	01:14&	01:19&	11:38@	00:30&	00:25&	00:17&	00:03&

### Beste stræktid for klassen

03:04	00:41	01:14	01:11	01:00	00:57	02:22	00:31	02:09	02:24	05:58	00:39	02:09	00:50	01:25	01:26	02:05	02:51	02:21	01:48	01:24	01:50	00:51	00:54	00:42	00:07
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H21-B

<b>1</b>	<b>Rasmus Mølgaard Andersen</b>	<b>1</b>										<b>49:11</b>													
03:50=	05:46=	10:02=	12:09=	13:48=	18:25=	24:47=	30:27=	33:58=	37:21=	40:37=	45:31=	46:54=	48:07=	49:03=	49:11=										
03:50=	01:56=	04:16=	02:07=	01:39=	04:37=	06:22=	05:40=	03:31=	03:23=	03:16=	04:54=	01:23=	01:13=	00:56=	00:08=										
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=										

<b>2</b>	<b>Anders Moen Flytkjær</b>	<b>8</b>										<b>55:05</b>													
03:18-	05:40-	12:53+	13:54+	15:23+	19:38+	22:56-	26:22-	29:30-	32:53-	37:17-	50:50+	52:19+	53:41+	54:54+	55:05+										
03:18-	02:22+	07:13+	01:01-	01:29-	04:15-	03:18-	03:26-	03:08-	03:23=	04:24+	13:33+	01:29+	01:22+	01:13+	00:11+										
00:32-	00:26#	02:57&	01:06-	00:10-	00:22-	03:04-	02:14-	00:23-	00:00=	01:08&	08:39@	00:06+	00:09#	00:17&	00:03&										

<b>3</b>	<b>Jacob Brinkmann</b>	<b>8</b>										<b>55:05</b>													
04:16+	06:42+	10:26+	11:46-	13:46-	19:42+	26:21+	30:55+	34:56+	38:52+	43:05+	48:52+	51:06+	53:12+	54:55+	55:05+										
04:16+	02:26+	03:44-	01:20-	02:00+	05:56+	06:39+	04:34-	04:01+	03:56+	04:13+	05:47+	02:14+	02:06+	01:43+	00:10+										
00:26#	00:30&	00:32-	00:47-	00:21#	01:19&	00:17+	01:06-	00:30#	00:33#	00:57&	00:53#	00:51&	00:53&	00:47&	00:02#										

<b>4</b>	<b>Kim Jensen</b>	<b>5</b>										<b>58:57</b>													
03:55+	07:35+	10:57+	12:44+	15:30+	20:55+	24:43-	30:39+	34:13+	38:14+	43:50+	54:56+	56:23+	57:42+	58:48+	58:57+										
03:55+	03:40+	03:22-	01:47-	02:46+	05:25+	03:48-	05:56+	03:34+	04:01+	05:36+	11:06+	01:27+	01:19+	01:06+	00:09+										
00:05+	01:44&	00:54-	00:20-	01:07&	00:48#	02:34-	00:16+	00:03+	00:38#	02:20&	06:12@	00:04+	00:06+	00:10#	00:01#										

<b>5</b>	<b>Casper Bertel Andersen</b>	<b>3</b>										<b>1:03:26</b>													
09:11+	18:13+	20:48+	22:25+	24:37+	30:43+	35:23+	40:36+	44:44+	49:34+	53:09+	58:26+	60:20+	61:30+	63:17+	63:26+										
09:11+	09:02+	02:35-	01:37-	02:12+	06:06+	04:40-	05:13-	04:08+	04:50+	03:35+	05:17+	01:54+	01:10-	01:47+	00:09+										
05:21@	07:06@	01:41-	00:30-	00:33&	01:29&	01:42-	00:27-	00:37#	01:27&	00:19+	00:23+	00:31&	00:03-	00:51&	00:01#										

<b>6</b>	<b>Lars Bach</b>	<b>6</b>										<b>1:20:32</b>													
04:47+	08:14+	12:47+	14:58+	18:20+	26:45+	35:50+	43:23+	49:02+	55:51+	63:58+	72:33+	75:38+	78:14+	80:19+	80:32+										
04:47+	03:27+	04:33+	02:11+	03:22+	08:25+	09:05+	07:33+	05:39+	06:49+	08:07+	08:35+	03:05+	02:36+	02:05+	00:13+										
00:57#	01:31&	00:17+	00:04+	01:43@	03:48&	02:43&	01:53&	02:08&	03:26@	04:51@	03:41&	01:42@	01:23@	01:09@	00:05&										

### Beste stræktid for klassen

03:18	01:56	02:35	01:01	01:29	04:15	03:18	03:26	03:08	03:23	03:16	04:54	01:23	01:10	00:56	00:08
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H21-C

<b>1</b>	<b>Jørn Blom</b>	<b>4</b>										<b>32:04</b>												
00:30=	01:09=	01:58=	05:03=	07:35=	09:22=	12:16=	14:23=	15:39=	16:52=	17:37=	19:23=	20:40=	22:34=	23:22=	24:45=	25:26=	26:57=	27:41=	29:49=	31:07=	31:51=	32:04=		
00:30=	00:39=	00:49=	03:05=	02:32=	01:47=	02:54=	02:07=	01:16=	01:13=	00:45=	01:46=	01:17=	01:54=	00:48=	01:23=	00:41=	01:31=	00:44=	02:08=	01:18=	00:44=	00:13=		
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

<b>2</b>	<b>Hans Chr. Sønderriis</b>	<b>7</b>										<b>32:19</b>												
00:25-	01:07-	01:50-	04:40-	06:55-	08:36-	11:28-	13:26-	14:46-	16:01-	16:51-	18:40-	20:21-	22:07-	22:57-	24:35-	25:16-	26:45-	27:30-	29:58+	31:14+	32:05+	32:19+		
00:25-	00:42+	00:43-	02:50-	02:15-	01:41-	02:52-	01:58-	01:20+	01:15+	00:50+	01:49+	01:41+	01:46-	00:50+	01:38+	00:41=	01:29-	00:45+	02:28+	01:16-	00:51+	00:14+		
00:05-	00:03+	00:06-	00:15-	00:17-	00:06-	00:02-	00:09-	00:04+	00:02+	00:05#	00:03+	00:24&	00:08-	00:02+	00:15#	00:00=	00:02-	00:01+	00:20#	00:02-	00:07#	00:01+		

### Beste stræktid for klassen

00:25	00:39	00:43	02:50	02:15	01:41	02:52	01:58	01:16	01:13	00:45	01:46	01:17	01:46	00:48	01:23	00:41	01:29	00:44	02:08	01:16	00:44	00:13
-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------	-------

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H35-

Class	Navn	Klasse															Tid														
<b>1</b>	<b>Allan Reiche</b>	<b>5</b>															<b>1:06:45</b>														
07:48=	08:42=	10:57=	12:36=	14:04=	15:25=	18:44=	19:23=	21:43=	25:06=	33:24=	34:28=	37:39=	39:14=	41:15=	44:42=	47:19=	52:30=	55:42=	57:51=	59:41=	63:34=	64:35=	65:43=	66:35=	66:45=						
07:48=	00:54=	02:15=	01:39=	01:28=	01:21=	03:19=	00:39=	02:20=	03:23=	08:18=	01:04=	03:11=	01:35=	02:01=	03:27=	02:37=	05:11=	03:12=	02:09=	01:50=	03:53=	01:01=	01:08=	00:52=	00:10=						
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=						
<b>2</b>	<b>Carsten Thyssen</b>	<b>2</b>															<b>1:08:32</b>														
04:59-	05:50-	07:42-	09:21-	10:48-	11:57-	15:01-	15:42-	19:13-	21:58-	31:15-	35:37+	40:45+	42:11+	44:25+	47:12+	49:42+	53:45+	57:10+	59:21+	61:27+	65:16+	66:21+	67:28+	68:22+	68:32+						
04:59-	00:51-	01:52-	01:39=	01:27-	01:09-	03:04-	00:41+	03:31+	02:45-	09:17+	04:22+	05:08+	01:26-	02:14+	02:47-	02:30-	04:03-	03:25+	02:11+	02:06+	03:49-	01:05+	01:07-	00:54+	00:10=						
02:49-	00:03-	00:23-	00:00=	00:01-	00:12-	00:15-	00:02+	01:11&	00:38-	00:59#	03:18@	01:57&	00:09-	00:13#	00:40-	00:07-	01:08-	00:13+	00:02+	00:16#	00:04-	00:04+	00:01-	00:02+	00:00=						
<b>3</b>	<b>Sune Ribergaard Henriksen</b>	<b>18</b>															<b>1:11:06</b>														
04:30-	05:26-	09:26-	11:19-	12:37-	14:03-	19:48+	20:21+	22:31+	25:46+	35:13+	36:47+	39:47+	41:30+	44:34+	48:37+	52:00+	56:21+	59:42+	62:32+	64:31+	67:58+	69:04+	70:03+	70:59+	71:06+						
04:30-	00:56+	04:00+	01:53+	01:18-	01:26+	05:45+	00:33-	02:10-	03:15-	09:27+	01:34+	03:00-	01:43+	03:04+	04:03+	03:23+	04:21-	03:21+	02:50+	01:59+	03:27-	01:06+	00:59-	00:56+	00:07-						
03:18-	00:02+	01:45&	00:14#	00:10-	00:05+	02:26&	00:06-	00:10-	00:08-	01:09#	00:30&	00:11-	00:18+	01:03&	00:36#	00:46&	00:50-	00:09+	00:41&	00:09+	00:26-	00:05+	00:09-	00:04+	00:03-						
<b>4</b>	<b>Claus Bobach</b>	<b>8</b>															<b>1:13:15</b>														
05:37-	06:34-	08:21-	10:21-	12:10-	13:31-	17:17-	18:02-	20:53-	24:09-	34:09+	35:44+	39:02+	41:01+	43:25+	47:21+	51:16+	56:21+	60:22+	62:51+	65:06+	69:39+	70:54+	72:10+	73:05+	73:15+						
05:37-	00:57+	01:47-	02:00+	01:49+	01:21=	03:46+	00:45+	02:51+	03:16-	10:00+	01:35+	03:18+	01:59+	02:24+	03:56+	03:55+	05:05-	04:01+	02:29+	02:15+	04:33+	01:15+	01:16+	00:55+	00:10=						
02:11-	00:03+	00:28-	00:21#	00:21#	00:00=	00:27#	00:06#	00:31#	00:07-	01:42#	00:31&	00:07+	00:24&	00:23#	00:29#	01:18&	00:06-	00:49&	00:20#	00:25#	00:40#	00:14#	00:08#	00:03+	00:00=						
<b>5</b>	<b>Thorkild Jensen</b>	<b>6</b>															<b>1:13:44</b>														
05:36-	06:51-	08:41-	10:28-	12:42-	13:55-	17:15-	17:47-	20:12-	23:11-	29:39-	30:33-	33:59-	35:35-	37:31-	40:31-	42:47-	59:25+	63:08+	65:29+	67:13+	70:47+	71:45+	72:46+	73:36+	73:44+						
05:36-	01:15+	01:50-	01:47+	02:14+	01:13-	03:20+	00:32-	02:25+	02:59-	06:28-	00:54-	03:26+	01:36+	01:56-	03:00-	02:16-	16:38+	03:43+	02:21+	01:44-	03:34-	00:58-	01:01-	00:50-	00:08-						
02:12-	00:21&	00:25-	00:07+	00:46&	00:08-	00:01+	00:07-	00:05+	00:24-	01:50-	00:10-	00:15+	00:01+	00:05-	00:27-	00:21-	11:27@	00:31#	00:12+	00:06-	00:19-	00:03-	00:07-	00:02-	00:02-						
<b>6</b>	<b>Søren Skovrider</b>	<b>4</b>															<b>1:15:39</b>														
04:30-	05:30-	08:07-	09:53-	11:34-	12:55-	17:01-	17:45-	23:05+	26:16+	35:41+	37:05+	40:58+	43:03+	45:19+	49:20+	52:43+	58:29+	62:40+	65:00+	67:21+	71:48+	73:03+	74:31+	75:28+	75:39+						
04:30-	01:00+	02:37+	01:46+	01:41+	01:21=	04:06+	00:44+	05:20+	03:11-	09:25+	01:24+	03:53+	02:05+	02:16+	04:01+	03:23+	05:46+	04:11+	02:20+	02:21+	04:27+	01:15+	01:28+	00:57+	00:11+						
03:18-	00:06#	00:22#	00:07+	00:13#	00:00=	00:47#	00:05#	00:12-	01:07#	00:20&	00:42#	00:20&	00:30&	00:15#	00:34#	00:46&	00:35#	00:59&	00:11+	00:31&	00:34#	00:14#	00:20&	00:05+	00:01+						
<b>7</b>	<b>Jakob Gade</b>	<b>7</b>															<b>1:16:09</b>														
04:12-	05:25-	07:22-	09:45-	11:38-	16:04+	20:05+	20:51+	23:46+	27:04+	36:35+	38:51+	42:44+	44:48+	47:14+	51:28+	55:24+	60:02+	63:44+	66:01+	68:11+	72:35+	73:51+	75:05+	76:00+	76:09+						
04:12-	01:13+	01:57-	02:23+	01:53+	04:26+	04:01+	00:46+	02:55+	03:18-	09:31+	02:16+	03:53+	02:04+	02:26+	04:14+	03:56+	04:38-	03:42+	02:17+	02:10+	04:24+	01:16+	01:16+	00:55+	00:09-						
03:36-	00:19&	00:18-	00:44&	00:25&	03:05@	00:42#	00:07#	00:35#	00:05-	01:13#	01:12@	00:42#	00:29&	00:25#	00:47#	01:19&	00:33-	00:30#	00:08+	00:20#	00:31#	00:15#	00:06+	00:03+	00:01-						
<b>8</b>	<b>Søren Andersen</b>	<b>1</b>															<b>1:20:39</b>														
04:19-	05:22-	09:09-	11:06-	12:54-	14:08-	17:40-	18:25-	21:27-	25:04-	39:43+	40:45+	44:40+	46:23+	50:07+	54:26+	58:11+	63:11+	67:16+	69:47+	71:58+	76:48+	78:08+	79:29+	80:29+	80:39+						
04:19-	01:03+	03:47+	01:57+	01:48+	01:14-	03:32+	00:45+	03:02+	03:37+	14:39+	01:02-	03:55+	01:43+	03:44+	04:19+	03:45+	05:00-	04:05+	02:31+	02:11+	04:50+	01:20+	01:21+	01:00+	00:10=						
03:29-	00:09#	01:32&	00:18#	00:20#	00:07-	00:13+	00:06#	00:42&	00:14+	06:21&	00:02-	00:44#	00:08+	01:43&	00:52&	01:08&	00:11-	00:53&	00:22#	00:21#	00:57#	00:19&	00:13#	00:08#	00:00=						
<b>9</b>	<b>Jess Rasmussen</b>	<b>7</b>															<b>1:24:23</b>														
05:04-	08:21-	14:10+	15:50+	18:54+	20:08+	23:20+	24:07+	36:10+	39:04+	48:26+	49:29+	52:59+	54:45+	57:03+	60:40+	63:36+	67:57+	72:10+	74:34+	76:43+	80:52+	82:02+	83:15+	84:13+	84:23+						
05:04-	03:17+	05:49+	01:40+	03:04+	01:14-	03:12-	00:47+	12:03+	02:54-	09:22+	01:03-	03:30+	01:46+	02:18+	03:37+	02:56+	04:21-	04:13+	02:24+	02:09+	04:09+	01:10+	01:13+	00:58+	00:10=						
02:44-	02:23@	03:34@	00:01+	01:36@	00:07-	00:07-	00:08#	09:43@	00:29-	01:04#	00:01-	00:19+	00:11#	00:17#	00:10+	00:19#	00:50-	01:01&	00:15#	00:19#	00:16+	00:09#	00:05+	00:06#	00:00=						
<b>10</b>	<b>Niels Jensen</b>	<b>16</b>															<b>1:25:32</b>														
06:39-	07:52-	09:48-	12:05-	13:44-	15:09-	20:36+	21:17+	27:57+	31:17+	39:42+	41:10+	50:23+	52:40+	55:19+	59:05+	62:15+	67:09+	71:12+	74:03+	76:32+	81:35+	82:51+	84:12+	85:20+	85:32+						
06:39-	01:13+	01:56-	02:17+	01:39+	01:25+	05:27+	00:41+	06:40+	03:20-	08:25+	01:28+	09:13+	02:17+	02:39+	03:46+	03:10+	04:54-	04:03+	02:51+	02:29+	05:03+	01:16+	01:21+	01:08+	00:12+						
01:09-	00:19&	00:19-	00:38&	00:11#	00:04+	02:08&	00:02+	04:20@	00:03-	00:07+	00:24&	06:02@	00:42&	00:38&	00:19+	00:33#	00:17-	00:51&	00:42&	00:39&	01:10&	00:15#	00:13#	00:16&	00:02#						
<b>11</b>	<b>Henrik Bach</b>	<b>4</b>															<b>1:28:01</b>														
04:37-	17:06+	21:47+	23:38+	25:04+	26:10+	31:09+	31:48+	36:59+	40:40+	50:08+	51:09+	55:26+	59:08+	61:07+	64:34+	67:44+	73:02+	76:22+	78:33+	80:21+	84:21+	85:29+	86:57+	87:52+	88:01+						
04:37-	12:29+	04:41+	01:51+	01:26-	01:06-	04:59+	00:39=	05:11+	03:41+	09:28+	01:01-	04:17+	03:42+	01:59-	03:27=	03:10+	05:18+	03:20+	02:11+	01:48-	04:00+	01:08+	01:28+	00:55+	00:09-						
03:11-	11:35@	02:26@	00:12#	00:02-	00:15-	01:40&	00:00=	02:51@	00:18+	00:11#	00:03-	01:06&	02:07@	00:02-	00:00=	00:33#	00:07+	00:08+	00:02+	00:02-	00:07+	00:07#	00:20&	00:03+	00:01-						
<b>12</b>	<b>Morten Vium Ebbesen</b>	<b>7</b>															<b>1:33:54</b>														
04:35-	06:21-	08:18-	10:36-	12:36-	16:43+	20:32+	21:22+	28:15+	32:06+	42:20+	44:13+	48:16+	50:10+	52:48+	57:11+	62:22+	67:56+	77:52+	81:28+	83:57+	89:24+	90:41+	92:05+	93:46+	93:54+						
04:35-	01:46+	01:57-	02:18+	02:00+	04:07+	03:49+	00:50+	06:53+	03:51+	10:14+	01:53+	04:03+	01:54+	02:38+	04:23+	05:11+	05:34+	09:56+	03:36+	02:29+	05:27+	01:17+	01:24+	01:41+	00:08-						
03:13-	00:52&	00:18-	00:39&	00:32&	02:46@	00:30#	00:11&	04:33@	00:28#	01:56#	00:49&	00:52&	00:19#	00:37&	00:56&	02:34&	00:23+	06:44@	01:27&	00:39&	01:34&	00:16&	00:16#	00:49&	00:02-						
<b>13</b>	<b>Andreas Popp</b>	<b>8</b>															<b>1:34:42</b>														
08:06+	08:56+	11:48+	14:24+	15:49+	18:24+	22:00+	22:45+	29:52+	33:53+	47:45+	49:09+	53:26+	58:12+	60:42+	65:25+	72:05+	78:30+	82:07+	84:45+	86:51+	91:03+	92:18+	93:37+	94:33+	94:42+						
08:06+	00:50-	02:52+	02:36+	01:25-	02:35+	03:36+	00:45+	07:07+	04:01+	13:52+	01:24+	04:17+	04:46+	02:30+	04:43+	06:25+	03:07+	03:37+	02:38+	02:06+	04:12+	01:15+	01:19+	00:56+	00:09-						
00:18+	00																														

Class	Navn	Klasse										Tid													
<b>16</b>	<b>Jens B Christensen</b>	<b>5</b>										<b>1:36:58</b>													
05:41-	07:09-	10:03-	14:18+	16:36+	18:55+	22:35+	23:21+	27:16+	31:06+	41:30+	42:59+	48:27+	51:15+	53:54+	64:13+	68:50+	75:31+	80:37+	84:51+	87:23+	92:16+	93:45+	95:12+	96:36+	96:58+
05:41-	01:28+	02:54+	04:15+	02:18+	02:19+	03:40+	00:46+	03:55+	03:50+	10:24+	01:29+	05:28+	02:48+	02:39+	10:19+	04:37+	06:41+	05:06+	04:14+	02:32+	04:53+	01:29+	01:27+	01:24+	00:22+
02:07-	00:34&	00:39&	02:36@	00:50&	00:58&	00:21#	00:07#	01:35&	00:27#	02:06&	00:25&	02:17&	01:13&	00:38&	06:52@	02:00&	01:30&	01:54&	02:05&	00:42&	01:00&	00:28&	00:19&	00:32&	00:12@

### Beste stræktid for klassen

04:12	00:50	01:47	01:39	01:18	01:06	03:04	00:32	02:10	02:45	06:28	00:54	03:00	01:26	01:56	02:47	02:16	04:03	03:12	02:09	01:44	03:27	00:58	00:59	00:50	00:07
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= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H35-B

<b>1</b>	<b>Martin Søvang Ditlevsen</b>	<b>2</b>										<b>34:21</b>														
03:32=	05:01=	06:53=	07:51=	09:09=	12:55=	15:41=	18:26=	21:00=	23:59=	26:53=	30:44=	32:03=	33:15=	34:11=	34:21=											
03:32=	01:29=	01:52=	00:58=	01:18=	03:46=	02:46=	02:45=	02:34=	02:59=	02:54=	03:51=	01:19=	01:12=	00:56=	00:10=											
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=											
<b>2</b>	<b>Erik Søgaard</b>	<b>9</b>										<b>41:02</b>														
03:11-	06:12+	08:15+	09:47+	11:07+	14:42+	20:05+	23:06+	26:01+	28:56+	32:01+	36:22+	38:32+	39:50+	40:53+	41:02+											
03:11-	03:01+	02:03+	01:32+	01:20+	03:35-	05:23+	03:01+	02:55+	02:55-	03:05+	04:21+	02:10+	01:18+	01:03+	00:09-											
00:21-	01:32@	00:11+	00:34&	00:02+	00:11-	02:37&	00:16+	00:21#	00:04-	00:11+	00:30#	00:51&	00:06+	00:07#	00:01-											
<b>3</b>	<b>Frank Krog Jensen</b>	<b>2</b>										<b>45:05</b>														
04:32+	07:29+	09:48+	11:30+	13:13+	18:44+	22:39+	26:08+	29:06+	32:04+	36:29+	41:02+	42:32+	43:52+	44:55+	45:05+											
04:32+	02:57+	02:19+	01:42+	01:43+	05:31+	03:55+	03:29+	02:58+	02:58-	04:25+	04:33+	01:30+	01:20+	01:03+	00:10=											
01:00&	01:28&	00:27#	00:44&	00:25&	01:45&	01:09&	00:44&	00:24#	00:01-	01:31&	00:42#	00:11#	00:08#	00:07#	00:00=											
<b>4</b>	<b>Erik Brixen</b>	<b>1</b>										<b>45:42</b>														
03:54+	08:14+	10:30+	12:01+	13:55+	18:18+	21:45+	27:08+	30:18+	33:28+	36:52+	41:01+	42:27+	43:55+	45:27+	45:42+											
03:54+	04:20+	02:16+	01:31+	01:54+	04:23+	03:27+	05:23+	03:10+	03:10+	03:24+	04:09+	01:26+	01:28+	01:32+	00:15+											
00:22#	02:51@	00:24#	00:33&	00:36&	00:37#	00:41#	02:38&	00:36#	00:11+	00:30#	00:18+	00:07+	00:16#	00:36&	00:05&											
<b>5</b>	<b>Zijad Cosic</b>	<b>8</b>										<b>46:15</b>														
03:52+	05:29+	09:34+	10:41+	12:14+	15:32+	19:28+	29:25+	32:05+	34:56+	38:23+	42:22+	43:53+	45:13+	46:07+	46:15+											
03:52+	01:37+	04:05+	01:07+	01:33+	03:18-	03:56+	09:57+	02:40+	02:51-	03:27+	03:59+	01:31+	01:20+	00:54-	00:08-											
00:20+	00:08+	02:13@	00:09#	00:15#	00:28-	01:10&	07:12@	00:06+	00:08-	00:33#	00:08+	00:12#	00:08#	00:02-	00:02-											
<b>6</b>	<b>Christian Bøje</b>	<b>2</b>										<b>47:25</b>														
06:38+	10:24+	12:34+	14:00+	15:40+	20:00+	25:48+	29:25+	32:32+	35:36+	39:27+	43:21+	44:40+	45:55+	47:15+	47:25+											
06:38+	03:46+	02:10+	01:26+	01:40+	04:20+	05:48+	03:37+	03:07+	03:04+	03:51+	03:54+	01:19=	01:15+	01:20+	00:10=											
03:06&	02:17@	00:18#	00:28&	00:22&	00:34#	03:02@	00:52&	00:33#	00:05+	00:57&	00:03+	00:00=	00:03+	00:24&	00:00=											
<b>7</b>	<b>Troels B. Trabjerg</b>	<b>15</b>										<b>51:19</b>														
03:32=	07:41+	10:31+	12:00+	14:11+	20:08+	26:45+	31:21+	34:25+	37:56+	41:56+	46:57+	48:42+	50:08+	51:08+	51:19+											
03:32=	04:09+	02:50+	01:29+	02:11+	05:57+	06:37+	04:36+	03:04+	03:31+	04:00+	05:01+	01:45+	01:26+	01:00+	00:11+											
00:00=	02:40@	00:58&	00:31&	00:53&	02:11&	03:51@	01:51&	00:30#	00:32#	01:06&	01:10&	00:26&	00:14#	00:04+	00:01+											
<b>8</b>	<b>Allan Skouboe</b>	<b>2</b>										<b>51:27</b>														
03:37+	07:38+	14:05+	15:12+	17:11+	21:33+	25:54+	29:53+	33:14+	37:30+	41:36+	46:45+	48:26+	49:58+	51:17+	51:27+											
03:37+	04:01+	06:27+	01:07+	01:59+	04:22+	04:21+	03:59+	03:21+	04:16+	04:06+	05:09+	01:41+	01:32+	01:19+	00:10=											
00:05+	02:32@	04:35@	00:09#	00:41&	00:36#	01:35&	01:14&	00:47&	01:17&	01:12&	01:18&	00:22&	00:20&	00:23&	00:00=											
<b>9</b>	<b>Henrik Henriksen</b>	<b>2</b>										<b>53:19</b>														
03:00-	08:09+	09:54+	11:57+	13:24+	17:29+	21:44+	27:30+	30:30+	33:51+	37:16+	49:00+	50:42+	52:07+	53:08+	53:19+											
03:00-	05:09+	01:45-	02:03+	01:27+	04:05+	04:15+	05:46+	03:00+	03:21+	03:25+	11:44+	01:42+	01:25+	01:01+	00:11+											
00:32-	03:40@	00:07-	01:05@	00:09#	00:19+	01:29&	03:01@	00:26#	00:22#	00:31#	07:53@	00:23&	00:13#	00:05+	00:01+											
<b>10</b>	<b>Erik Dag Nielsen</b>	<b>1</b>										<b>53:40</b>														
04:57+	07:22+	10:15+	11:44+	13:53+	19:14+	24:09+	28:46+	32:54+	37:16+	42:16+	48:19+	50:16+	52:03+	53:29+	53:40+											
04:57+	02:25+	02:53+	01:29+	02:09+	05:21+	04:55+	04:37+	04:08+	04:22+	05:00+	06:03+	01:57+	01:47+	01:26+	00:11+											
01:25&	00:56&	01:01&	00:31&	00:51&	01:35&	02:09&	01:52&	01:34&	01:23&	02:06&	02:12&	00:38&	00:35&	00:30&	00:01+											
<b>11</b>	<b>Tommy Jakobsen</b>	<b>2</b>										<b>53:55</b>														
03:43+	05:40+	07:57+	09:27+	11:46+	16:56+	26:25+	30:29+	34:26+	38:33+	43:24+	48:42+	50:35+	52:20+	53:46+	53:55+											
03:43+	01:57+	02:17+	01:30+	02:19+	05:10+	09:29+	04:04+	03:57+	04:07+	04:51+	05:18+	01:53+	01:45+	01:26+	00:09-											
00:11+	00:28&	00:25#	00:32&	01:01&	01:24&	06:43@	01:19&	01:23&	01:08&	01:57&	01:27&	00:34&	00:33&	00:30&	00:01-											
<b>12</b>	<b>Ole Pedersen</b>	<b>7</b>										<b>58:10</b>														
04:55+	07:39+	10:05+	11:33+	13:29+	21:27+	27:37+	32:56+	36:52+	41:26+	47:01+	52:15+	54:56+	56:45+	57:59+	58:10+											
04:55+	02:44+	02:26+	01:28+	01:56+	07:58+	06:10+	05:19+	03:56+	04:34+	05:35+	05:14+	02:41+	01:49+	01:14+	00:11+											
01:23&	01:15&	00:34&	00:30&	00:38&	04:12@	03:24@	02:34&	01:22&	01:35&	02:41&	01:23&	01:22@	00:37&	00:18&	00:01+											

Class	Navn	Klasse														Tid
<b>13</b>	<b>Niels Jørgen Iversen</b>	<b>4</b>														<b>58:26</b>
04:52+	09:07+	12:09+	13:26+	15:52+	20:57+	26:08+	31:15+	35:39+	40:36+	46:03+	52:39+	54:51+	56:37+	58:13+	58:26+	
04:52+	04:15+	03:02+	01:17+	02:26+	05:05+	05:11+	05:07+	04:24+	04:57+	05:27+	06:36+	02:12+	01:46+	01:36+	00:13+	
01:20&	02:46@	01:10&	00:19&	01:08&	01:19&	02:25&	02:22&	01:50&	01:58&	02:33&	02:45&	00:53&	00:34&	00:40&	00:03&	
<b>14</b>	<b>Sannie Jacobsen</b>	<b>20</b>														<b>1:02:55</b>
05:16+	10:22+	13:20+	15:01+	16:52+	25:01+	35:12+	39:54+	43:31+	47:05+	52:25+	57:44+	59:33+	61:12+	62:45+	62:55+	
05:16+	05:06+	02:58+	01:41+	01:51+	08:09+	10:11+	04:42+	03:37+	03:34+	05:20+	05:19+	01:49+	01:39+	01:33+	00:10=	
01:44&	03:37@	01:06&	00:43&	00:33&	04:23@	07:25@	01:57&	01:03&	00:35#	02:26&	01:28&	00:30&	00:27&	00:37&	00:00=	
<b>15</b>	<b>Karsten Christiansen</b>	<b>7</b>														<b>1:03:06</b>
04:11+	06:38+	09:29+	10:55+	13:02+	24:38+	34:12+	39:48+	43:41+	47:30+	52:15+	57:35+	59:52+	61:25+	62:53+	63:06+	
04:11+	02:27+	02:51+	01:26+	02:07+	11:36+	09:34+	05:36+	03:53+	03:49+	04:45+	05:20+	02:17+	01:33+	01:28+	00:13+	
00:39#	00:58&	00:59&	00:28&	00:49&	07:50@	06:48@	02:51@	01:19&	00:50&	01:51&	01:29&	00:58&	00:21&	00:32&	00:03&	
<b>16</b>	<b>Carl Henrik Pedersen</b>	<b>4</b>														<b>1:04:49</b>
04:13+	07:57+	14:48+	16:18+	19:04+	23:01+	28:06+	39:58+	43:08+	46:46+	51:26+	59:48+	61:25+	62:56+	64:38+	64:49+	
04:13+	03:44+	06:51+	01:30+	02:46+	03:57+	05:05+	11:52+	03:10+	03:38+	04:40+	08:22+	01:37+	01:31+	01:42+	00:11+	
00:41#	02:15@	04:59@	00:32&	01:28@	00:11+	02:19&	09:07@	00:36#	00:39#	01:46&	04:31@	00:18#	00:19&	00:46&	00:01+	
<b>17</b>	<b>Karen Daugaard</b>	<b>3</b>														<b>1:07:18</b>
67:00+	67:18+															
67:00+	00:18-															
63:28@	01:11-															
<b>18</b>	<b>Bent Hansen</b>	<b>7</b>														<b>1:08:53</b>
05:01+	09:46+	11:58+	13:25+	15:27+	21:11+	32:51+	38:19+	43:17+	48:46+	54:00+	61:53+	64:13+	66:37+	68:32+	68:53+	
05:01+	04:45+	02:12+	01:27+	02:02+	05:44+	11:40+	05:28+	04:58+	05:29+	05:14+	07:53+	02:20+	02:24+	01:55+	00:21+	
01:29&	03:16@	00:20#	00:29&	00:44&	01:58&	08:54@	02:43&	02:24&	02:30&	02:20&	04:02@	01:01&	01:12&	00:59@	00:11@	
<b>19</b>	<b>Bjørn Hansen</b>	<b>1</b>														<b>1:13:52</b>
04:19+	07:15+	10:42+	12:40+	15:02+	19:53+	24:11+	44:45+	47:44+	51:25+	59:19+	69:04+	70:50+	72:20+	73:37+	73:52+	
04:19+	02:56+	03:27+	01:58+	02:22+	04:51+	04:18+	20:34+	02:59+	03:41+	07:54+	09:45+	01:46+	01:30+	01:17+	00:15+	
00:47#	01:27&	01:35&	01:00@	01:04&	01:05&	01:32&	17:49@	00:25#	00:42#	05:00@	05:54@	00:27&	00:18#	00:21&	00:05&	
<b>20</b>	<b>Hans Ole Steffensen</b>	<b>5</b>														<b>1:15:35</b>
05:28+	08:17+	25:43+	28:15+	30:51+	42:43+	46:45+	52:14+	56:41+	60:37+	65:32+	70:28+	72:12+	73:45+	75:21+	75:35+	
05:28+	02:49+	17:26+	02:32+	02:36+	11:52+	04:02+	05:29+	04:27+	03:56+	04:55+	04:56+	01:44+	01:33+	01:36+	00:14+	
01:56&	01:20&	15:34@	01:34@	01:18&	08:06@	01:16&	02:44&	01:53&	00:57&	02:01&	01:05&	00:25&	00:21&	00:40&	00:04&	
<b>21</b>	<b>Thorkil Mølle</b>	<b>4</b>														<b>1:17:17</b>
04:32+	08:33+	31:25+	34:44+	36:21+	42:59+	46:45+	50:24+	53:22+	58:15+	62:50+	69:11+	73:56+	75:30+	77:02+	77:17+	
04:32+	04:01+	22:52+	03:19+	01:37+	06:38+	03:46+	03:39+	02:58+	04:53+	04:35+	06:21+	04:45+	01:34+	01:32+	00:15+	
01:00&	02:32@	21:00@	02:21@	00:19#	02:52&	01:00&	00:54&	00:24#	01:54&	01:41&	02:30&	03:26@	00:22&	00:36&	00:05&	
<b>22</b>	<b>Jens Rasmussen</b>	<b>5</b>														<b>1:32:01</b>
09:14+	14:15+	19:15+	23:16+	26:22+	33:35+	39:50+	47:45+	54:14+	61:07+	71:09+	80:14+	83:02+	87:15+	91:41+	92:01+	
09:14+	05:01+	05:00+	04:01+	03:06+	07:13+	06:15+	07:55+	06:29+	06:53+	10:02+	09:05+	02:48+	04:13+	04:26+	00:20+	
05:42@	03:32@	03:08@	03:03@	01:48@	03:27&	03:29@	05:10@	03:55@	03:54@	07:08@	05:14@	01:29@	03:01@	03:30@	00:10&	
<b>23</b>	<b>Thomas Nikolajsen</b>	<b>2</b>														<b>1:48:32</b>
08:16+	15:38+	21:17+	24:05+	28:07+	37:24+	56:44+	66:55+	73:03+	80:37+	89:38+	98:46+	102:01+	104:51+	108:18+	108:32+	
08:16+	07:22+	05:39+	02:48+	04:02+	09:17+	19:20+	10:11+	06:08+	07:34+	09:01+	09:08+	03:15+	02:50+	03:27+	00:14+	
04:44@	05:53@	03:47@	01:50@	02:44@	05:31@	16:34@	07:26@	03:34@	04:35@	06:07@	05:17@	01:56@	01:38@	02:31@	00:04&	
<b>24</b>	<b>Jørgen A. Jacobsen</b>	<b>9</b>														<b>2:42:05</b>
11:38+	17:12+	29:13+	63:18+	65:06+	71:25+	80:47+	111:20+	116:01+	125:07+	133:03+	139:27+	155:01+	158:33+	161:38+	162:05+	
11:38+	05:34+	12:01+	34:05+	01:48+	06:19+	09:22+	30:33+	04:41+	09:06+	07:56+	06:24+	15:34+	03:32+	03:05+	00:27+	
08:06@	04:05@	10:09@	33:07@	00:30&	02:33&	06:36@	27:48@	02:07&	06:07@	05:02@	02:33&	14:15@	02:20@	02:09@	00:17@	
<b>Beste stræktid for klassen</b>	03:00 00:18 01:45 00:58 01:18 03:18 02:46 02:45 02:34 02:51 02:54 03:51 01:19 01:12 00:54 00:08															

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H40-

<b>1</b>	<b>Mikkel Holm Nielsen</b>	<b>18</b>														<b>42:31</b>					
01:35=	03:28=	05:01=	08:24=	09:23=	09:57=	12:16=	14:22=	16:24=	21:37=	22:42=	24:12=	27:27=	29:03=	31:20=	32:29=	36:07=	39:25=	40:34=	41:46=	42:23=	42:31=
01:35=	01:53=	01:33=	03:23=	00:59=	00:34=	02:19=	02:06=	02:02=	05:13=	01:05=	01:30=	03:15=	01:36=	02:17=	01:09=	03:38=	03:18=	01:09=	01:12=	00:37=	00:08=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=



Class	Navn	Klasse	Tid																		
<b>2</b>	<b>Nicolaj Nielsen</b>	<b>2</b>	<b>48:41</b>																		
01:55+	04:04+	05:38+	09:36+	10:45+	11:23+	16:06+	18:28+	20:32+	27:18+	28:27+	29:59+	32:54+	34:21+	36:56+	38:13+	41:59+	45:29+	46:39+	47:53+	48:32+	48:41+
01:55+	02:09+	01:34+	03:58+	01:09+	00:38+	04:43+	02:22+	02:04+	06:46+	01:09+	01:32+	02:55-	01:27-	02:35+	01:17+	03:46+	03:30+	01:10+	01:14+	00:39+	00:09+
00:20#	00:16#	00:01+	00:35#	00:10#	00:04#	02:24@	00:16#	00:02+	01:33&	00:04+	00:02+	00:20-	00:09-	00:18#	00:08#	00:08+	00:12+	00:01+	00:02+	00:02+	00:01#
<b>3</b>	<b>Elias Hinge Krogsgaard</b>	<b>21</b>	<b>48:57</b>																		
02:51+	04:51+	06:12+	09:35+	10:32+	11:05+	13:23+	16:04+	18:07+	26:01+	27:07+	29:49+	32:31+	34:09+	36:16+	37:24+	42:42+	45:50+	46:57+	48:10+	48:49+	48:57+
02:51+	02:00+	01:21-	03:23=	00:57-	00:33-	02:18-	02:41+	02:03+	07:54+	01:06+	02:42+	02:42-	01:38+	02:07-	01:08-	05:18+	03:08-	01:07-	01:13+	00:39+	00:08=
01:16&	00:07+	00:12-	00:00=	00:02-	00:01-	00:01-	00:35&	00:01+	02:41&	00:01+	01:12&	00:33-	00:02+	00:10-	00:01-	01:40&	00:10-	00:02-	00:01+	00:02+	00:00=
<b>4</b>	<b>Andreas Hagner</b>	<b>21</b>	<b>49:47</b>																		
02:04+	04:13+	05:57+	10:18+	11:23+	11:59+	14:54+	17:15+	19:11+	27:30+	28:37+	30:21+	33:37+	35:35+	38:37+	39:55+	43:18+	46:39+	47:48+	48:55+	49:39+	49:47+
02:04+	02:09+	01:44+	04:21+	01:05+	00:36+	02:55+	02:21+	01:56-	08:19+	01:07+	01:44+	03:16+	01:58+	03:02+	01:18+	03:23-	03:21+	01:09=	01:07-	00:44+	00:08=
00:29&	00:16#	00:11#	00:58&	00:06#	00:02+	00:36&	00:15#	00:06-	03:06&	00:02+	00:14#	00:01+	00:22#	00:45&	00:09#	00:15-	00:03+	00:00=	00:05-	00:07#	00:00=
<b>5</b>	<b>Flemming Thyssen</b>	<b>2</b>	<b>50:27</b>																		
01:54+	04:03+	09:04+	12:40+	13:56+	14:31+	17:07+	20:09+	22:39+	28:24+	30:20+	32:03+	34:42+	36:19+	38:59+	40:09+	43:47+	47:00+	48:10+	49:34+	50:18+	50:27+
01:54+	02:09+	05:01+	03:36+	01:16+	00:35+	02:36+	03:02+	02:30+	05:45+	01:56+	01:43+	02:39-	01:37+	02:40+	01:10+	03:38=	03:13-	01:10+	01:24+	00:44+	00:09+
00:19#	00:16#	03:28@	00:13+	00:17&	00:01+	00:17#	00:56&	00:28#	00:32#	00:51&	00:13#	00:36-	00:01+	00:23#	00:01+	00:00=	00:05-	00:01+	00:12#	00:07#	00:01#
<b>6</b>	<b>Mogens Hagner</b>	<b>21</b>	<b>51:32</b>																		
01:59+	04:14+	05:56+	09:49+	10:59+	11:39+	17:10+	19:36+	21:59+	28:18+	29:37+	31:35+	34:45+	36:29+	39:21+	40:44+	44:25+	48:01+	49:14+	50:32+	51:22+	51:32+
01:59+	02:15+	01:42+	03:53+	01:10+	00:40+	05:31+	02:26+	02:23+	06:19+	01:19+	01:58+	03:10-	01:44+	02:52+	01:23+	03:41+	03:36+	01:13+	01:18+	00:50+	00:10+
00:24&	00:22#	00:09+	00:30#	00:11#	00:06#	03:12@	00:20#	00:21#	01:06#	00:14#	00:28&	00:05-	00:08+	00:35&	00:14#	00:03+	00:18+	00:04+	00:06+	00:13&	00:02#
<b>7</b>	<b>Per O. Espegren</b>	<b>9</b>	<b>58:01</b>																		
01:49+	03:44+	05:37+	09:52+	17:19+	17:52+	25:21+	27:57+	29:53+	34:45+	36:30+	38:06+	40:48+	42:21+	45:02+	46:14+	49:45+	54:28+	55:43+	56:54+	57:53+	58:01+
01:49+	01:55+	01:53+	04:15+	07:27+	00:33-	07:29+	02:36+	01:56-	04:52-	01:45+	01:36+	02:42-	01:33-	02:41+	01:12+	03:31-	04:43+	01:15+	01:11-	00:59+	00:08=
00:14#	00:02+	00:20#	00:52&	06:28@	00:01-	05:10@	00:30#	00:06-	00:21-	00:40&	00:06+	00:33-	00:03-	00:24#	00:03+	00:07-	01:25&	00:06+	00:01-	00:22&	00:00=
<b>8</b>	<b>Preben Brinch</b>	<b>12</b>	<b>59:57</b>																		
02:10+	04:27+	06:25+	11:19+	12:35+	13:19+	17:00+	19:54+	22:49+	28:45+	30:14+	32:34+	37:17+	39:20+	42:40+	48:07+	52:20+	56:14+	57:37+	58:57+	59:49+	59:57+
02:10+	02:17+	01:58+	04:54+	01:16+	00:44+	03:41+	02:54+	02:55+	05:56+	01:29+	02:20+	04:43+	02:03+	03:20+	04:13+	03:54+	01:23+	01:20+	00:52+	00:08=	00:00=
00:35&	00:24#	00:25&	01:31&	00:17&	00:10&	01:22&	00:48&	00:53&	00:43#	00:24&	00:50&	01:28&	00:27&	01:03&	04:18@	00:35#	00:36#	00:14#	00:08#	00:15&	00:00=
<b>9</b>	<b>Uffe Rasmussen</b>	<b>4</b>	<b>1:10:38</b>																		
02:12+	04:32+	06:41+	11:52+	12:57+	13:39+	18:25+	21:07+	25:53+	33:51+	35:27+	44:46+	49:52+	51:41+	54:46+	56:21+	60:37+	64:47+	66:03+	69:34+	70:30+	70:38+
02:12+	02:20+	02:09+	05:11+	01:05+	00:42+	04:46+	02:42+	04:46+	07:58+	01:36+	09:19+	05:06+	01:49+	03:05+	01:35+	04:16+	04:10+	01:16+	03:31+	00:56+	00:08=
00:37&	00:27#	00:36&	01:48&	00:06#	00:08#	02:27@	00:36&	02:44@	02:45&	00:31&	07:49@	01:51&	00:13#	00:48&	00:26&	00:38#	00:52&	00:07#	02:19@	00:19&	00:00=
<b>10</b>	<b>Leif Rønn Olsen</b>	<b>1</b>	<b>1:11:17</b>																		
02:40+	05:01+	11:11+	21:24+	22:44+	23:31+	28:09+	31:14+	33:48+	40:04+	41:34+	43:48+	47:13+	49:09+	52:44+	54:30+	62:24+	67:00+	68:29+	70:08+	71:06+	71:17+
02:40+	02:21+	06:10+	10:13+	01:20+	00:47+	04:38+	03:05+	02:34+	06:16+	01:30+	02:14+	03:25+	01:56+	03:35+	01:46+	07:54+	04:36+	01:29+	01:39+	00:58+	00:11+
01:05&	00:28#	04:37@	06:50@	00:21&	00:13&	02:19&	00:59&	00:32&	01:03#	00:25&	00:44&	00:10+	00:20#	01:18&	00:37&	04:16@	01:18&	00:20&	00:27&	00:21&	00:03&
<b>11</b>	<b>Morten Kappel Jensen</b>	<b>20</b>	<b>1:15:04</b>																		
03:23+	06:13+	09:08+	14:55+	17:01+	17:54+	23:55+	27:54+	31:09+	38:26+	40:36+	44:54+	49:11+	53:25+	57:07+	58:38+	65:56+	70:40+	72:10+	73:55+	74:53+	75:04+
03:23+	02:50+	02:55+	05:47+	02:06+	00:53+	06:01+	03:59+	03:15+	07:17+	02:10+	04:18+	04:17+	04:14+	03:42+	01:31+	07:18+	04:44+	01:30+	01:45+	00:58+	00:11+
01:48@	00:57&	01:22&	02:24&	01:07@	00:19&	03:42@	01:53&	01:13&	02:04&	01:05&	02:48@	01:02&	02:38@	01:25&	00:22&	03:40@	01:26&	00:21&	00:33&	00:21&	00:03&
<b>12</b>	<b>Flemming Futtrup</b>	<b>7</b>	<b>1:18:27</b>																		
02:32+	04:54+	07:25+	13:18+	14:43+	15:33+	19:45+	28:00+	31:15+	40:14+	41:56+	44:07+	48:55+	51:32+	55:57+	57:26+	68:59+	73:59+	75:29+	77:18+	78:17+	78:27+
02:32+	02:22+	02:31+	05:53+	01:25+	00:50+	04:12+	08:15+	03:15+	08:59+	01:42+	02:11+	04:48+	02:37+	04:25+	01:29+	11:33+	05:00+	01:30+	01:49+	00:59+	00:10+
00:57&	00:29&	00:58&	02:30&	00:26&	00:16&	01:53&	06:09@	01:13&	03:46&	00:37&	00:41&	01:33&	01:01&	02:08&	00:20&	07:55@	01:42&	00:21&	00:37&	00:22&	00:02#
<b>13</b>	<b>Bjarke Rasmussen</b>	<b>4</b>	<b>1:29:07</b>																		
02:28+	05:17+	08:38+	16:31+	18:54+	20:12+	26:07+	31:09+	34:56+	45:08+	47:06+	49:56+	54:40+	58:06+	63:12+	65:33+	73:55+	81:36+	84:15+	87:14+	88:43+	89:07+
02:28+	02:49+	03:21+	07:53+	02:23+	01:18+	05:55+	05:02+	03:47+	10:12+	01:58+	02:50+	04:44+	03:26+	05:06+	02:21+	08:22+	07:41+	02:39+	02:59+	01:29+	00:24+
00:53&	00:56&	01:48@	04:30@	01:24@	00:44@	03:36@	02:56@	01:45&	04:59&	00:53&	01:20&	01:29&	01:50@	02:49@	01:12@	04:44@	04:23@	01:30@	01:47@	00:52@	00:16@
<b>Beste stræktid for klassen</b>																					
01:35	01:53	01:21	03:23	00:57	00:33	02:18	02:06	01:56	04:52	01:05	01:30	02:39	01:27	02:07	01:08	03:23	03:08	01:07	01:07	00:37	00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H45-

Class	Navn	Klasse	Tid																		
<b>1</b>	<b>Jørgen Schnack</b>	<b>8</b>	<b>43:40</b>																		
01:52=	03:45=	05:16=	08:35=	09:33=	10:08=	13:27=	15:57=	18:01=	22:27=	23:57=	25:32=	28:19=	29:51=	32:26=	33:40=	36:59=	40:10=	41:32=	42:42=	43:30=	43:40=
01:52=	01:53=	01:31=	03:19=	00:58=	00:35=	03:19=	02:30=	02:04=	04:26=	01:30=	01:35=	02:47=	01:32=	02:35=	01:14=	03:19=	03:11=	01:22=	01:10=	00:48=	00:10=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=

Class	Navn	Klasse	Tid																		
<b>2</b>	<b>Keld Hinge Krogsgaard</b>	<b>21</b>	<b>45:09</b>																		
01:39-	03:46+	05:20+	09:08+	10:12+	10:50+	13:43+	16:01+	18:06+	23:34+	24:36+	26:16+	29:06+	30:42+	33:29+	34:40+	38:17+	41:51+	43:05+	44:19+	44:59+	45:09+
01:39-	02:07+	01:34+	03:48+	01:04+	00:38+	02:53-	02:18-	02:05+	05:28+	01:02-	01:40+	02:50+	01:36+	02:47+	01:11-	03:37+	03:34+	01:14-	01:14+	00:40-	00:10=
00:13-	00:14#	00:03+	00:29#	00:06#	00:03+	00:26-	00:12-	00:01+	01:02#	00:28-	00:05+	00:03+	00:04+	00:12+	00:03-	00:18+	00:23#	00:08-	00:04+	00:08-	00:00=
<b>3</b>	<b>Kell Sønnichsen</b>	<b>18</b>	<b>50:21</b>																		
01:50-	03:56+	06:13+	09:51+	10:55+	11:33+	13:57+	16:16+	18:21+	26:26+	27:26+	29:08+	32:19+	34:57+	37:44+	38:53+	42:41+	46:40+	48:01+	49:29+	50:13+	50:21+
01:50-	02:06+	02:17+	03:38+	01:04+	00:38+	02:24-	02:19-	02:05+	08:05+	01:00-	01:42+	03:11+	02:38+	02:47+	01:09-	03:48+	03:59+	01:21-	01:28+	00:44-	00:08-
00:02-	00:13#	00:46&	00:19+	00:06#	00:03+	00:55-	00:11-	00:01+	03:39&	00:30-	00:07+	00:24#	01:06&	00:12+	00:05-	00:29#	00:48&	00:01-	00:18&	00:04-	00:02-
<b>4</b>	<b>Per Mønster Jørgensen</b>	<b>2</b>	<b>54:22</b>																		
01:56+	04:39+	06:29+	11:57+	13:48+	16:56+	19:40+	22:10+	27:17+	28:31+	31:55+	34:36+	37:47+	41:47+	43:14+	47:10+	50:49+	52:08+	53:23+	54:11+	54:22+	
01:56+	02:43+	01:50+	05:28+	01:15+	00:36+	03:08-	02:44+	02:30+	05:07+	01:14-	03:24+	02:41-	03:11+	04:00+	01:27+	03:56+	03:39+	01:19-	01:15+	00:48=	00:11+
00:04+	00:50&	00:19#	02:09&	00:01+	00:11-	00:14+	00:26#	00:41#	00:16-	01:49@	00:06-	01:39@	01:25&	00:13#	00:37#	00:28#	00:03-	00:05+	00:00=	00:01+	
<b>5</b>	<b>Kenn Heldgaard Kristensen</b>	<b>1</b>	<b>55:37</b>																		
02:02+	04:14+	06:14+	10:26+	11:33+	12:22+	15:33+	18:12+	20:42+	29:07+	30:37+	34:54+	37:48+	39:35+	42:30+	43:58+	48:19+	51:59+	53:16+	54:40+	55:27+	55:37+
02:02+	02:12+	02:00+	04:12+	01:07+	00:49+	03:11-	02:39+	02:30+	08:25+	01:30=	04:17+	02:54+	01:47+	02:55+	01:28+	04:21+	03:40+	01:17-	01:24+	00:47-	00:10=
00:10+	00:19#	00:29&	00:53&	00:09#	00:14&	00:08-	00:09+	00:26#	03:59&	00:00=	02:42@	00:07+	00:15#	00:20#	00:14#	01:02&	00:29#	00:05-	00:14#	00:01-	00:00=
<b>6</b>	<b>Frank Dabelstein</b>	<b>9</b>	<b>57:00</b>																		
02:02+	04:35+	06:41+	11:12+	12:37+	13:24+	16:47+	19:25+	21:53+	30:45+	32:00+	33:58+	37:03+	40:01+	43:03+	44:31+	48:46+	52:41+	54:28+	55:56+	56:49+	57:00+
02:02+	02:33+	02:06+	04:31+	01:25+	00:47+	03:23+	02:38+	02:28+	08:52+	01:15-	01:58+	03:05+	02:58+	03:02+	01:28+	04:15+	03:55+	01:47+	01:28+	00:53+	00:11+
00:10+	00:40&	00:35&	01:12&	00:27&	00:12&	00:04+	00:08+	00:24#	04:26&	00:15-	00:23#	00:18#	01:26&	00:27#	00:14#	00:56&	00:44#	00:25&	00:18&	00:05#	00:01+
<b>7</b>	<b>Niels Stadel</b>	<b>21</b>	<b>57:55</b>																		
02:45+	05:14+	07:09+	11:34+	14:51+	15:36+	19:10+	22:46+	25:21+	31:37+	33:13+	35:04+	38:28+	40:46+	44:05+	45:36+	49:47+	53:45+	55:26+	56:51+	57:43+	57:55+
02:45+	02:29+	01:55+	04:25+	03:17+	00:45+	03:34+	03:36+	02:35+	06:16+	01:36+	01:51+	03:24+	02:18+	03:19+	01:31+	04:11+	03:58+	01:41+	01:25+	00:52+	00:12+
00:53&	00:36&	00:24&	01:06&	02:19@	00:10&	00:15+	01:06&	00:31#	01:50&	00:06+	00:16#	00:37#	00:46&	00:44&	00:17#	00:52&	00:47#	00:19#	00:15#	00:04+	00:02#
<b>8</b>	<b>Tommy Damsgaard</b>	<b>7</b>	<b>1:01:33</b>																		
02:13+	04:24+	06:25+	10:41+	12:03+	12:47+	17:07+	20:17+	23:05+	29:02+	31:56+	36:20+	40:41+	43:28+	47:41+	49:03+	52:56+	57:01+	59:17+	60:36+	61:24+	61:33+
02:13+	02:11+	02:01+	04:16+	01:22+	00:44+	04:20+	03:10+	02:48+	05:57+	02:54+	04:24+	04:21+	02:47+	04:13+	01:22+	03:53+	04:05+	02:16+	01:19+	00:48=	00:09-
00:21#	00:18#	00:30&	00:57&	00:24&	00:09&	01:01&	00:40&	00:44&	01:31&	01:24&	02:49@	01:34&	01:15&	01:38&	00:08#	00:34#	00:54&	00:54&	00:09#	00:00=	00:01-
<b>9</b>	<b>Peter Kilden Jensen</b>	<b>18</b>	<b>1:01:39</b>																		
02:13+	04:37+	06:28+	11:37+	14:58+	15:37+	18:51+	21:48+	24:36+	31:10+	32:57+	36:08+	41:03+	43:15+	47:41+	49:08+	53:45+	57:33+	59:06+	60:27+	61:27+	61:39+
02:13+	02:24+	01:51+	05:09+	03:21+	00:39+	03:14-	02:57+	02:48+	06:34+	01:47+	03:11+	04:55+	02:12+	04:26+	01:27+	04:37+	03:48+	01:33+	01:21+	01:00+	00:12+
00:21#	00:31&	00:20#	01:50&	02:23@	00:04#	00:05-	00:27#	00:44&	02:08&	00:17#	01:36@	02:08&	00:40&	01:51&	00:13#	01:18&	00:37#	00:11#	00:11#	00:12#	00:02#
<b>10</b>	<b>Ole Jensen</b>	<b>4</b>	<b>1:01:43</b>																		
02:14+	04:36+	06:10+	13:47+	14:50+	15:26+	18:02+	20:20+	22:16+	32:53+	35:25+	36:48+	41:50+	43:42+	49:45+	51:22+	55:11+	58:23+	59:40+	60:44+	61:35+	61:43+
02:14+	02:22+	01:34+	07:37+	01:03+	00:36+	02:36-	02:18-	01:56-	10:37+	02:32+	01:23-	05:02+	01:52+	06:03+	01:37+	03:49+	03:12+	01:17-	01:04-	00:51+	00:08-
00:22#	00:29&	00:03+	04:18@	00:05+	00:01+	00:43-	00:12-	00:08-	06:11@	01:02&	00:12-	02:15&	00:20#	03:28@	00:23&	00:30#	00:01+	00:05-	00:06-	00:03+	00:02-
<b>11</b>	<b>Mads Mikkelsen</b>	<b>2</b>	<b>1:02:49</b>																		
02:06+	04:32+	06:21+	10:52+	14:25+	15:08+	18:51+	21:43+	24:06+	33:37+	34:58+	39:06+	42:43+	45:05+	48:18+	49:42+	54:21+	58:42+	60:09+	61:45+	62:39+	62:49+
02:06+	02:26+	01:49+	04:31+	03:33+	00:43+	03:43+	02:52+	02:23+	09:31+	01:21-	04:08+	03:37+	02:22+	03:13+	01:24+	04:39+	04:21+	01:27+	01:36+	00:54+	00:10=
00:14#	00:33&	00:18#	01:12&	02:35@	00:08#	00:24#	00:22#	00:19#	05:05@	00:09-	02:33@	00:50&	00:50&	00:38#	00:10#	01:20&	01:10&	00:05+	00:26&	00:06#	00:00=
<b>12</b>	<b>Thomas Ullner</b>	<b>6</b>	<b>1:03:10</b>																		
02:35+	05:12+	07:13+	12:03+	13:16+	13:58+	17:48+	21:04+	23:44+	30:23+	32:00+	37:30+	40:19+	42:31+	49:57+	51:17+	55:26+	59:09+	60:50+	62:13+	62:59+	63:10+
02:35+	02:37+	02:01+	04:50+	01:13+	00:42+	03:50+	03:16+	02:40+	06:39+	01:37+	05:30+	02:49+	02:12+	07:26+	01:20+	04:09+	03:43+	01:41+	01:23+	00:46-	00:11+
00:43&	00:44&	00:30&	01:31&	00:15&	00:07#	00:31#	00:46&	00:36&	02:13&	00:07+	03:55@	00:02+	00:40&	04:51@	00:06+	00:50&	00:32#	00:19#	00:13#	00:02-	00:01+
<b>13</b>	<b>Kim Poulsen</b>	<b>9</b>	<b>1:03:25</b>																		
02:06+	04:30+	06:32+	10:48+	12:49+	13:28+	16:49+	20:25+	23:39+	35:23+	36:36+	38:38+	41:51+	44:57+	48:25+	49:39+	55:44+	59:33+	61:02+	62:24+	63:16+	63:25+
02:06+	02:24+	02:02+	04:16+	02:01+	00:39+	03:21+	03:36+	03:14+	11:44+	01:13-	02:02+	03:13+	03:06+	03:28+	01:14=	06:05+	03:49+	01:29+	01:22+	00:52+	00:09-
00:14#	00:31&	00:31&	00:57&	01:03@	00:04#	00:02+	01:06&	00:31&	07:18@	00:17-	00:27&	00:26#	01:34@	00:53&	00:00=	02:46&	00:38#	00:07+	00:12#	00:04+	00:01-
<b>14</b>	<b>Allan Baagø</b>	<b>7</b>	<b>1:03:31</b>																		
02:51+	05:31+	07:59+	14:44+	16:05+	16:54+	21:04+	23:52+	26:51+	33:14+	34:48+	36:42+	41:03+	45:14+	49:53+	51:27+	55:33+	59:43+	61:05+	62:34+	63:23+	63:31+
02:51+	02:40+	02:28+	06:45+	01:21+	00:49+	04:10+	02:48+	02:59+	06:23+	01:34+	01:54+	04:21+	04:11+	04:39+	01:34+	04:06+	04:10+	01:22=	01:29+	00:49+	00:08-
00:59&	00:47&	00:57&	03:26@	00:23&	00:14&	00:51&	00:18#	00:55&	01:57&	00:04+	00:19#	01:34&	02:39@	02:04&	00:20&	00:47#	00:59&	00:00=	00:19&	00:01+	00:02-
<b>15</b>	<b>Allan Thesbjerg</b>	<b>2</b>	<b>1:03:41</b>																		
02:07+	04:42+	08:24+	12:52+	14:17+	14:59+	18:02+	20:54+	23:24+	31:35+	32:59+	38:37+	41:59+	44:21+	47:54+	49:33+	55:33+	59:47+	61:12+	62:42+	63:33+	63:41+
02:07+	02:35+	03:42+	04:28+	01:25+	00:42+	03:03-	02:52+	02:30+	08:11+	01:24-	05:38+	03:22+	02:22+	03:33+	01:39+	06:00+	04:14+	01:25+	01:30+	00:51+	00:08-
00:15#	00:42&	02:11@	01:09&	00:27&	00:07#	00:16-	00:22#	00:26#	03:45&	00:06-	04:03@	00:35#	00:50&	00:58&	00:25&	02:41&	01:03&	00:03+	00:20&	00:03+	00:02-
<b>16</b>	<b>Finn Rosenqvist</b>	<b>8</b>	<b>1:05:18</b>																		
02:27+	05:01+	07:12+	12:27+	13:42+	14:25+	19:05+	21:44+	24:20+	30:49+	38:15+	40:08+	43:24+	46:07+	51:17+	52:37+	57:16+	61:24+	62:53+	64:17+	65:09+	65:18+
02:27+	02:34+	02:11+	05:15+	01:15+	00:43+	04:40+	02:39+	02:36+	06:29+	07:26+	01:53+	03:16+	02:43+	05:10+	01:20+	04:39+	04:08+	01:29+	01:24+	00:52+	00:09-
00:35&	00:41&	00:40&	01:56&	00:17&	00:08#	01:21&	00:09+	00:32&	02:03&	05:56@	00:18#	00:29#	01:11&	02:35&	00:06+	01:20&	00:57&	00:07+	00:		

Class	Navn	Klasse										Tid									
<b>17</b>	<b>Torben Isen</b>	<b>1</b>										<b>1:13:26</b>									
02:22+	05:22+	07:38+	13:28+	15:07+	16:10+	20:22+	24:23+	27:37+	35:26+	37:28+	42:48+	48:41+	51:43+	56:07+	58:05+	62:51+	68:51+	70:35+	72:10+	73:15+	73:26+
02:22+	03:00+	02:16+	05:50+	01:39+	01:03+	04:12+	04:01+	03:14+	07:49+	02:02+	05:20+	05:53+	03:02+	04:24+	01:58+	04:46+	06:00+	01:44+	01:35+	01:05+	00:11+
00:30&	01:07&	00:45&	02:31&	00:41&	00:28&	00:53&	01:31&	01:10&	03:23&	00:32&	03:45@	03:06@	01:30&	01:49&	00:44&	01:27&	02:49&	00:22&	00:25&	00:17&	00:01+
<b>18</b>	<b>John Holm</b>	<b>18</b>										<b>1:13:52</b>									
03:15+	05:56+	08:05+	13:18+	17:14+	17:59+	23:35+	27:15+	30:01+	35:50+	38:10+	40:44+	44:31+	49:20+	52:52+	54:25+	65:19+	69:26+	71:08+	72:37+	73:40+	73:52+
03:15+	02:41+	02:09+	05:13+	03:56+	00:45+	05:36+	03:40+	02:46+	05:49+	02:20+	02:34+	03:47+	04:49+	03:32+	01:33+	10:54+	04:07+	01:42+	01:29+	01:03+	00:12+
01:23&	00:48&	00:38&	01:54&	02:58@	00:10&	02:17&	01:10&	00:42&	01:23&	00:50&	00:59&	01:00&	03:17@	00:57&	00:19&	07:35@	00:56&	00:20#	00:19&	00:15&	00:02#
<b>19</b>	<b>Kim B. Schmidt</b>	<b>1</b>										<b>1:15:11</b>									
02:22+	04:55+	10:01+	22:38+	24:55+	25:36+	28:59+	31:50+	34:19+	40:52+	42:20+	46:00+	53:58+	56:46+	61:01+	62:25+	66:58+	71:07+	72:42+	74:02+	75:01+	75:11+
02:22+	02:33+	05:06+	12:37+	02:17+	00:41+	03:23+	02:51+	02:29+	06:33+	01:28-	03:40+	07:58+	02:48+	04:15+	01:24+	04:33+	04:09+	01:35+	01:20+	00:59+	00:10=
00:30&	00:40&	03:35@	09:18@	01:19@	00:06#	00:04+	00:21#	00:25#	02:07&	00:02-	02:05@	05:11@	01:16&	01:40&	00:10#	01:14&	00:58&	00:13#	00:10#	00:11#	00:00=
<b>20</b>	<b>Sven Ove Thimm</b>	<b>5</b>										<b>1:15:20</b>									
06:13+	09:06+	11:53+	17:31+	19:09+	20:02+	24:07+	27:28+	30:36+	38:59+	40:32+	48:14+	53:09+	55:57+	59:21+	61:08+	65:46+	70:36+	72:21+	74:07+	75:09+	75:20+
06:13+	02:53+	02:47+	05:38+	01:38+	00:53+	04:05+	03:21+	03:08+	08:23+	01:33+	07:42+	04:55+	02:48+	03:24+	01:47+	04:38+	04:50+	01:45+	01:46+	01:02+	00:11+
04:21@	01:00&	01:16&	02:19&	00:40&	00:18&	00:46#	00:51&	01:04&	03:57&	00:03+	06:07@	02:08&	01:16&	00:49&	00:33&	01:19&	01:39&	00:23&	00:36&	00:14&	00:01+
<b>21</b>	<b>Uffe Bach</b>	<b>6</b>										<b>1:26:31</b>									
02:35+	06:09+	09:14+	16:55+	23:24+	24:23+	28:56+	33:19+	36:51+	46:19+	48:27+	51:49+	56:30+	59:50+	65:53+	68:21+	74:38+	80:40+	82:58+	85:00+	86:18+	86:31+
02:35+	03:34+	03:05+	07:41+	06:29+	00:59+	04:33+	04:23+	03:32+	09:28+	02:08+	03:22+	04:41+	03:20+	06:03+	02:28+	06:17+	06:02+	02:18+	02:02+	01:18+	00:13+
00:43&	01:41&	01:34@	04:22@	05:31@	00:24&	01:14&	01:53&	01:28&	05:02@	00:38&	01:47@	01:54&	03:28@	01:14&	02:58&	02:51&	00:56&	00:52&	00:30&	00:03&	
<b>22</b>	<b>Kristian Arnborg Nielsen</b>	<b>6</b>										<b>1:29:40</b>									
03:07+	06:13+	09:44+	32:03+	33:11+	34:00+	39:13+	42:23+	45:32+	55:40+	57:43+	60:18+	65:34+	68:22+	73:28+	75:11+	80:23+	84:30+	86:21+	87:56+	89:26+	89:40+
03:07+	03:06+	03:31+	22:19+	01:08+	00:49+	05:13+	03:10+	03:09+	10:08+	02:03+	02:35+	05:16+	02:48+	05:06+	01:43+	05:12+	04:07+	01:51+	01:35+	01:30+	00:14+
01:15&	01:13&	02:00@	19:00@	00:10#	00:14&	01:54&	00:40&	01:05&	05:42@	00:33&	01:00&	02:29&	01:16&	02:31&	00:29&	01:53&	00:56&	00:29&	00:25&	00:42&	00:04&
<b>23</b>	<b>Henning Bak-Mikkelsen</b>	<b>5</b>										<b>1:35:22</b>									
02:44+	05:28+	07:43+	27:58+	34:02+	34:42+	39:51+	47:52+	50:51+	59:05+	60:38+	68:15+	73:11+	75:54+	79:21+	81:10+	85:52+	90:40+	92:15+	94:08+	95:11+	95:22+
02:44+	02:44+	02:15+	20:15+	06:04+	00:40+	05:09+	08:01+	02:59+	08:14+	01:33+	07:37+	04:56+	02:43+	03:27+	01:49+	04:42+	04:48+	01:35+	01:53+	01:03+	00:11+
00:52&	00:51&	00:44&	16:56@	05:06@	00:05#	01:50&	05:31@	00:55&	03:48&	00:03+	06:02@	02:09&	01:11&	00:52&	00:35&	01:23&	01:37&	00:13#	00:43&	00:15&	00:01+
<b>24</b>	<b>Morten Frederiksen</b>	<b>3</b>										<b>1:43:13</b>									
16:27+	19:24+	21:35+	27:25+	35:12+	36:04+	41:47+	45:07+	47:57+	54:52+	56:29+	59:04+	65:26+	81:13+	87:15+	88:45+	93:18+	97:49+	100:02+	101:41+	103:03+	103:13+
16:27+	02:57+	02:11+	05:50+	07:47+	00:52+	05:43+	03:20+	02:50+	06:55+	01:37+	02:35+	06:22+	15:47+	06:02+	01:30+	04:33+	04:31+	02:13+	01:39+	01:22+	00:10=
14:35@	01:04&	00:40&	02:31&	06:49@	00:17&	02:24&	00:50&	00:46&	02:29&	00:07+	01:00&	03:35@	14:15@	03:27@	00:16#	01:14&	01:20&	00:51&	00:29&	00:34&	00:00=
<b>25</b>	<b>Hans Ingemann Petersen</b>	<b>5</b>										<b>2:04:05</b>									
02:58+	05:53+	08:28+	33:37+	35:25+	36:21+	41:45+	45:27+	48:55+	71:38+	83:27+	88:23+	93:03+	96:47+	101:55+	104:19+	112:07+	117:49+	119:46+	121:51+	123:51+	124:05+
02:58+	02:55+	02:35+	25:09+	01:48+	00:56+	05:24+	03:42+	03:28+	22:43+	11:49+	04:56+	04:40+	03:44+	05:08+	02:24+	07:48+	05:42+	01:57+	02:05+	02:00+	00:14+
01:06&	01:02&	01:04&	21:50@	00:50&	00:21&	02:05&	01:12&	01:24&	18:17@	10:19@	03:21@	01:53&	02:12@	02:33&	01:10&	04:29@	02:31&	00:35&	00:55&	01:12@	00:04&
<b>Beste stræktid for klassen</b>																					
01:39	01:53	01:31	03:19	00:58	00:35	02:24	02:18	01:56	04:26	01:00	01:23	02:41	01:32	02:35	01:09	03:19	03:11	01:14	01:04	00:40	00:08

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

## H50-

<b>1</b>	<b>Jan Møller</b>	<b>8</b>										<b>41:50</b>									
02:30=	04:33=	06:32=	08:14=	09:53=	14:06=	15:42=	16:54=	20:39=	22:13=	25:11=	28:51=	30:05=	34:25=	38:08=	39:08=	40:45=	41:40=	41:50=			
02:30=	02:03=	01:59=	01:42=	01:39=	04:13=	01:36=	01:12=	03:45=	01:34=	02:58=	03:40=	01:14=	04:20=	03:43=	01:00=	01:37=	00:55=	00:10=			
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=			
<b>2</b>	<b>Jan Thomsen</b>	<b>18</b>										<b>45:21</b>									
02:35+	04:28-	06:43+	09:22+	11:09+	14:19+	16:14+	17:39+	22:18+	24:20+	27:16+	31:36+	33:00+	37:23+	41:19+	42:21+	44:12+	45:11+	45:21+			
02:35+	01:53-	02:15+	02:39+	01:47+	03:10-	01:55+	01:25+	04:39+	02:02+	02:56-	04:20+	01:24+	04:23+	03:56+	01:02+	01:51+	00:59+	00:10=			
00:05+	00:10-	00:16#	00:57&	00:08+	01:03-	00:19#	00:13#	00:54#	00:28&	00:02-	00:40#	00:10#	00:03+	00:13+	00:02+	00:14#	00:04+	00:00=			
<b>3</b>	<b>Søren Flytkjær</b>	<b>8</b>										<b>46:45</b>									
02:48+	04:59+	07:18+	09:21+	11:14+	15:34+	17:43+	19:19+	23:38+	25:28+	28:47+	33:46+	35:10+	39:03+	42:53+	43:51+	45:42+	46:38+	46:45+			
02:48+	02:11+	02:19+	02:03+	01:53+	04:20+	02:09+	01:36+	04:19+	01:50+	03:19+	04:59+	01:24+	03:53-	03:50+	00:58-	01:51+	00:56+	00:07-			
00:18#	00:08+	00:20#	00:21#	00:14#	00:07+	00:33&	00:24&	00:34#	00:16#	00:21#	01:19&	00:10#	00:27-	00:07+	00:02-	00:14#	00:01+	00:03-			
<b>4</b>	<b>Keld Gade</b>	<b>7</b>										<b>49:41</b>									
02:41+	04:26-	06:52+	08:48+	10:38+	14:54+	16:36+	22:13+	26:51+	28:47+	31:36+	35:42+	37:17+	40:58+	45:21+	46:26+	48:14+	49:33+	49:41+			
02:41+	01:45-	02:26+	01:56+	01:50+	04:16+	01:42+	05:37+	04:38+	01:56+	02:49-	04:06+	01:35+	03:41-	04:23+	01:05+	01:48+	01:19+	00:08-			
00:11+	00:18-	00:27#	00:14#	00:11#	00:03+	00:06+	04:25@	00:53#	00:22#	00:09-	00:26#	00:21&	00:39-	00:40#	00:05+	00:11#	00:24&	00:02-			

Class	Navn	Klasse	Tid															
<b>5</b>	<b>Lennart Bo Kristiansen</b>	<b>7</b>	<b>51:51</b>															
03:28+	05:44+	08:20+	10:46+	12:48+	16:43+	18:42+	20:36+	25:22+	27:49+	31:16+	36:23+	37:53+	42:37+	47:11+	48:25+	50:43+	51:43+	51:51+
03:28+	02:16+	02:36+	02:26+	02:02+	03:55-	01:59+	01:54+	04:46+	02:27+	03:27+	05:07+	01:30+	04:44+	04:34+	01:14+	02:18+	01:00+	00:08-
00:58&	00:13#	00:37&	00:44&	00:23#	00:18-	00:23#	00:42&	01:01&	00:53&	00:29#	01:27&	00:16#	00:24+	00:51#	00:14#	00:41&	00:05+	00:02-
<b>6</b>	<b>Anders Tversted</b>	<b>9</b>	<b>54:07</b>															
05:40+	07:46+	10:03+	13:30+	15:17+	18:41+	20:40+	25:27+	29:26+	31:15+	36:15+	40:00+	41:06+	44:54+	48:50+	49:44+	51:32+	53:56+	54:07+
05:40+	02:06+	02:17+	03:27+	01:47+	03:24-	01:59+	04:47+	03:59+	01:49+	05:00+	03:45+	01:06-	03:48-	03:56+	00:54-	01:48+	02:24+	00:11+
03:10@	00:03+	00:18#	01:45@	00:08+	00:49-	00:23#	03:35@	00:14+	00:15#	02:02&	00:05+	00:08-	00:32-	00:13+	00:06-	00:11#	01:29@	00:01+
<b>7</b>	<b>Martin Greiner</b>	<b>18</b>	<b>56:00</b>															
03:37+	06:03+	09:20+	11:54+	14:11+	19:04+	21:31+	23:38+	28:31+	31:08+	34:44+	39:48+	41:29+	46:03+	50:48+	52:02+	54:41+	55:48+	56:00+
03:37+	02:26+	03:17+	02:34+	02:17+	04:53+	02:27+	02:07+	04:53+	02:37+	03:36+	05:04+	01:41+	04:34+	04:45+	01:14+	02:39+	01:07+	00:12+
01:07&	00:23#	01:18&	00:52&	00:38&	00:40#	00:51&	00:55&	01:08&	01:03&	00:38#	01:24&	00:27&	00:14+	01:02&	00:14#	01:02&	00:12#	00:02#
<b>8</b>	<b>Ole Jacobsen</b>	<b>1</b>	<b>58:03</b>															
03:03+	08:54+	12:10+	16:06+	18:14+	21:43+	23:57+	25:35+	30:57+	33:11+	37:09+	42:05+	43:47+	48:37+	53:21+	54:37+	56:52+	57:51+	58:03+
03:03+	05:51+	03:16+	03:56+	02:08+	03:29-	02:14+	01:38+	05:22+	02:14+	03:58+	04:56+	01:42+	04:50+	04:44+	01:16+	02:15+	00:59+	00:12+
00:33#	03:48@	01:17&	02:14@	00:29&	00:44-	00:38&	00:26&	01:37&	00:40&	01:00&	01:16&	00:28&	00:30#	01:01&	00:16&	00:38&	00:04+	00:02#
<b>9</b>	<b>Thomas Lindschouw</b>	<b>8</b>	<b>58:39</b>															
03:13+	05:37+	08:29+	11:07+	13:23+	17:14+	19:49+	21:40+	29:02+	31:39+	35:31+	41:20+	42:58+	48:16+	53:37+	54:56+	57:16+	58:26+	58:39+
03:13+	02:24+	02:52+	02:38+	02:16+	03:51-	02:35+	01:51+	07:22+	02:37+	03:52+	05:49+	01:38+	05:18+	05:21+	01:19+	02:20+	01:10+	00:13+
00:43&	00:21#	00:53&	00:56&	00:37&	00:22-	00:59&	00:39&	03:37&	01:03&	00:54&	02:09&	00:24&	00:58#	01:38&	00:19&	00:43&	00:15&	00:03&
<b>10</b>	<b>Poul Erik Bertelsen</b>	<b>1</b>	<b>1:06:08</b>															
04:55+	07:09+	16:06+	18:33+	20:38+	24:42+	27:00+	28:33+	33:46+	36:26+	40:41+	46:34+	48:17+	53:18+	60:52+	62:24+	64:55+	65:51+	66:08+
04:55+	02:14+	08:57+	02:27+	02:05+	04:04-	02:18+	01:33+	05:13+	02:40+	04:15+	05:53+	01:43+	05:01+	07:34+	01:32+	02:31+	00:56+	00:17+
02:25&	00:11+	06:58@	00:45&	00:09-	00:42&	00:21&	01:28&	01:06&	01:17&	02:13&	00:29&	00:29&	00:41#	03:51@	00:32&	00:54&	00:01+	00:07&
<b>11</b>	<b>Franz Thomsen</b>	<b>6</b>	<b>1:08:54</b>															
03:17+	07:30+	11:12+	13:47+	16:11+	20:37+	25:07+	26:53+	34:29+	36:48+	41:57+	49:01+	50:52+	56:48+	63:37+	64:58+	67:25+	68:40+	68:54+
03:17+	04:13+	03:42+	02:35+	02:24+	04:26+	04:30+	01:46+	07:36+	02:19+	05:09+	07:04+	01:51+	05:56+	06:49+	01:21+	02:27+	01:15+	00:14+
00:47&	02:10@	01:43&	00:53&	00:45&	00:13+	02:54@	00:34&	03:51@	00:45&	02:11&	03:24&	00:37&	01:36&	03:06&	00:21&	00:50&	00:20&	00:04&
<b>12</b>	<b>Knud Christensen</b>	<b>2</b>	<b>1:23:58</b>															
04:27+	15:37+	19:29+	24:29+	27:20+	31:34+	34:50+	36:55+	43:00+	46:02+	51:24+	61:36+	64:09+	71:03+	77:05+	78:53+	82:35+	83:46+	83:58+
04:27+	11:10+	03:52+	05:00+	02:51+	04:14+	03:16+	02:05+	06:05+	03:02+	05:22+	10:12+	02:33+	06:54+	06:02+	01:48+	03:42+	01:11+	00:12+
01:57&	09:07@	01:53&	03:18@	01:12&	00:01+	01:40@	00:53&	02:20&	01:28&	02:24&	06:32@	01:19@	02:34&	02:19&	00:48&	02:05@	00:16&	00:02#
<b>13</b>	<b>Peter Fallesen</b>	<b>7</b>	<b>1:50:14</b>															
04:13+	09:51+	13:17+	30:38+	33:39+	38:40+	41:52+	44:27+	52:24+	56:04+	60:59+	80:21+	82:48+	89:38+	97:22+	104:58+	108:15+	109:59+	110:14+
04:13+	05:38+	03:26+	17:21+	03:01+	05:01+	03:12+	02:35+	07:57+	03:40+	04:55+	19:22+	02:27+	06:50+	07:44+	07:36+	03:17+	01:44+	00:15+
01:43&	03:35@	01:27&	15:39@	01:22&	00:48#	01:36&	01:23@	04:12@	02:06@	01:57&	15:42@	01:13&	02:30&	04:01@	06:36@	01:40@	00:49&	00:05&
<b>Beste stræk tid for klassen</b>																		
02:30	01:45	01:59	01:42	01:39	03:10	01:36	01:12	03:45	01:34	02:49	03:40	01:06	03:41	03:43	00:54	01:37	00:55	00:07

= Som klassevinner , - raskere , + senere , # 10% tab , & 25% tab , @ 100% tab.

## H55-

<b>1</b>	<b>Per Filskov</b>	<b>15</b>	<b>47:13</b>															
03:27=	05:10=	07:32=	09:17=	11:02=	14:19=	16:08=	17:40=	22:17=	24:20=	27:50=	32:13=	33:39=	38:15=	42:57=	44:04=	45:55=	47:01=	47:13=
03:27=	01:43=	02:22=	01:45=	01:45=	03:17=	01:49=	01:32=	04:37=	02:03=	03:30=	04:23=	01:26=	04:36=	04:42=	01:07=	01:51=	01:06=	00:12=
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=
<b>2</b>	<b>Hans Jørgen Vad</b>	<b>2</b>	<b>51:46</b>															
03:17-	05:21+	07:31-	09:33+	11:43+	15:46+	17:46+	19:24+	24:08+	26:34+	30:06+	36:50+	38:16+	42:31+	47:05+	48:17+	50:36+	51:37+	51:46+
03:17-	02:04+	02:10-	02:02+	02:10+	04:03+	02:00+	01:38+	04:44+	02:26+	03:32+	06:44+	01:26=	04:15-	04:34-	01:12+	02:19+	01:01-	00:09-
00:10-	00:21#	00:12-	00:17#	00:25#	00:46#	00:11#	00:06+	00:07+	00:23#	00:02+	02:21&	00:00=	00:21-	00:08-	00:05+	00:28&	00:05-	00:03-
<b>3</b>	<b>Kim Gottlieb</b>	<b>1</b>	<b>54:51</b>															
04:09+	06:04+	08:42+	14:23+	16:16+	19:38+	21:33+	23:00+	28:54+	30:57+	34:18+	38:55+	40:28+	44:28+	48:34+	51:59+	53:46+	54:41+	54:51+
04:09+	01:55+	02:38+	05:41+	01:53+	03:22+	01:55+	01:27-	05:54+	02:03=	03:21-	04:37+	01:33+	04:00-	04:06-	03:25+	01:47-	00:55-	00:10-
00:42#	00:12#	00:16#	03:56@	00:08+	00:05+	00:06+	00:05-	01:17&	00:00=	00:09-	00:14+	00:07+	00:36-	00:36-	02:18@	00:04-	00:11-	00:02-
<b>4</b>	<b>Lars Jensen</b>	<b>4</b>	<b>54:59</b>															
02:43-	05:15+	07:36+	10:31+	12:04+	15:35+	17:28+	18:59+	25:22+	27:13+	30:20+	40:04+	41:08+	44:45+	48:32+	52:09+	53:42+	54:51+	54:59+
02:43-	02:32+	02:21-	02:55+	01:33-	03:31+	01:53+	01:31-	06:23+	01:51-	03:07-	09:44+	01:04-	03:37-	03:47-	03:37+	01:33-	01:09+	00:08-
00:44-	00:49&	00:01-	01:10&	00:12-	00:14+	00:04+	00:01-	01:46&	00:12-	00:23-	05:21@	00:22-	00:59-	00:55-	02:30@	00:18-	00:03+	00:04-

Class	Navn	Klasse	Tid
<b>5</b>	<b>Henning Hansen</b>	<b>2</b>	<b>55:37</b>
04:03+	05:59+	08:25+	16:36+
04:03+	01:56+	02:26+	08:11+
00:36#	00:13#	00:04+	06:26@
	22:07+	24:30+	26:02+
	30:31+	32:34+	35:57+
	40:30+	42:18+	46:53+
	51:28+	52:38+	54:27+
	55:27+	55:37+	55:37+
	01:56+	02:26+	08:11+
	03:54+	02:23+	01:37-
	02:03=	03:23-	04:33+
	01:48+	04:35-	01:10+
	01:49-	01:00-	00:10-
	00:07-	00:02-	00:06-
	00:07-	00:03+	00:02-
	00:03+	00:02-	00:06-
	00:02-	00:06-	00:02-
<b>6</b>	<b>Jørgen Jørgensen</b>	<b>21</b>	<b>56:18</b>
03:19-	05:24+	08:08+	10:22+
03:19-	02:05+	02:44+	02:14+
00:08-	00:22#	00:22#	00:29&
	12:15+	16:18+	18:47+
	20:38+	27:03+	29:40+
	33:20+	39:04+	40:55+
	45:44+	51:11+	52:30+
	54:51+	56:06+	56:18+
	56:18+	56:18+	56:18+
	04:03+	02:29+	01:51+
	06:25+	02:37+	03:40+
	05:44+	01:51+	04:49+
	05:27+	01:19+	02:21+
	01:15+	00:12=	00:12=
	00:08+	00:46#	00:40#
	00:40#	00:19#	01:48&
	00:34&	00:10+	01:21&
	00:25&	00:13+	00:45#
	00:12#	00:30&	00:09#
	00:09#	00:00=	00:00=
<b>7</b>	<b>Stig Barrett</b>	<b>7</b>	<b>58:55</b>
04:33+	06:39+	09:19+	19:59+
04:33+	02:06+	02:40+	10:40+
01:06&	00:23#	00:18#	08:55@
	21:42+	26:03+	27:55+
	29:38+	34:26+	36:30+
	40:05+	44:45+	46:11+
	50:22+	54:36+	55:55+
	57:40+	58:47+	58:55+
	01:43-	04:21+	01:52+
	01:43+	04:48+	02:04+
	03:35+	04:40+	01:26=
	04:11-	04:14-	01:19+
	01:45-	01:07+	00:08-
	00:08-	00:04-	00:04-
	00:03+	00:11#	00:11+
	00:11+	00:01+	00:05+
	00:17+	00:00=	00:25-
	00:25-	00:28-	00:12#
	00:06-	00:01+	00:04-
<b>8</b>	<b>Gert Bertel</b>	<b>3</b>	<b>1:02:19</b>
03:55+	06:16+	08:50+	11:02+
03:55+	02:21+	02:34+	02:12+
00:28#	00:38&	00:12+	00:27&
	13:11+	17:52+	20:02+
	21:42+	27:59+	31:04+
	34:57+	41:22+	43:46+
	50:58+	57:04+	58:21+
	60:47+	62:06+	62:19+
	04:41+	02:10+	01:40+
	06:17+	03:05+	03:53+
	06:25+	02:24+	07:12+
	06:06+	01:17+	02:26+
	01:19+	00:13#	00:13#
	00:13+	00:13#	00:01+
<b>9</b>	<b>Michael Straube</b>	<b>2</b>	<b>1:03:27</b>
04:05+	14:45+	17:50+	20:05+
04:05+	10:40+	03:05+	02:15+
00:38#	08:57@	00:43&	00:30&
	22:09+	26:19+	28:29+
	31:50+	37:12+	39:26+
	42:28+	48:28+	50:09+
	54:35+	59:03+	60:10+
	62:15+	63:17+	63:27+
	63:27+	63:27+	63:27+
	02:10+	03:21+	05:22+
	02:14+	03:02-	06:00+
	01:41+	04:26-	04:28-
	01:07=	02:05+	01:02-
	00:10-	00:14-	00:00=
	00:14#	00:04-	00:02-
<b>10</b>	<b>Carl Malling</b>	<b>6</b>	<b>1:04:17</b>
03:11-	05:17+	09:15+	13:05+
03:11-	02:06+	03:58+	03:50+
00:16-	00:23#	01:36&	02:05@
	19:25+	22:02+	24:35+
	29:42+	32:04+	37:38+
	43:34+	45:06+	54:31+
	59:33+	60:51+	62:59+
	64:05+	64:17+	64:17+
	02:37+	02:33+	05:07+
	02:22+	05:34+	05:56+
	01:32+	09:25+	05:02+
	01:18+	02:08+	01:06=
	00:12=	00:00=	00:00=
	00:48&	01:01&	00:30#
	00:30#	00:19#	02:04&
	01:33&	00:06+	00:06+
	00:20+	00:11#	00:17#
	00:00=	00:14#	00:00=
<b>11</b>	<b>Torben Sørensen</b>	<b>2</b>	<b>1:04:38</b>
03:47+	07:35+	12:47+	20:42+
03:47+	03:48+	05:12+	07:55+
00:20+	02:05@	02:50@	06:10@
	22:15+	26:11+	28:34+
	30:05+	34:34+	36:40+
	40:06+	44:43+	46:46+
	51:46+	57:15+	60:12+
	63:11+	64:27+	64:38+
	02:23+	01:31-	04:29-
	02:06+	03:26-	04:37+
	02:03+	02:03+	05:00+
	05:29+	02:57+	02:59+
	01:16+	00:11-	00:11-
	00:03+	00:04-	00:14+
	00:04-	00:14+	00:37&
	00:24+	00:47#	01:50@
	01:08&	00:10#	00:01-
<b>12</b>	<b>Ole Gjøderum</b>	<b>9</b>	<b>1:05:50</b>
03:18-	05:33+	09:06+	12:31+
03:18-	02:15+	03:33+	03:25+
00:09-	00:32&	01:11&	01:40&
	20:48+	23:11+	25:05+
	31:38+	34:14+	38:20+
	47:43+	49:57+	55:32+
	60:49+	62:22+	64:31+
	65:37+	65:50+	65:50+
	03:25+	02:19+	05:58+
	02:23+	01:54+	06:33+
	02:36+	04:06+	09:23+
	02:14+	02:14+	05:35+
	05:17+	01:33+	02:09+
	01:06=	00:13+	00:13+
	00:34&	00:34&	00:22#
	01:56&	00:33&	00:36#
	05:00@	00:48&	00:59#
	00:35#	00:26&	00:35#
	00:26&	00:18#	00:00=
	00:00=	00:01+	00:01+
<b>13</b>	<b>Finn Hørup Nielsen</b>	<b>5</b>	<b>1:08:04</b>
04:39+	07:10+	11:19+	13:46+
04:39+	02:31+	04:09+	02:27+
01:12&	00:48&	01:47&	00:42&
	20:25+	22:43+	24:19+
	30:59+	33:41+	37:50+
	47:04+	48:56+	54:19+
	58:51+	63:31+	66:46+
	67:54+	68:04+	68:04+
	02:18+	01:36+	06:40+
	02:42+	04:09+	09:14+
	01:52+	05:23+	04:32-
	04:40+	03:15+	01:08+
	00:10-	00:10-	03:33@
	01:24&	00:02+	00:02+
	00:02+	00:02+	00:02-
	00:04+	00:04+	00:04+
	00:04+	00:03+	00:36&
	00:04+	00:04+	00:01-
<b>14</b>	<b>Vagn Pedersen</b>	<b>9</b>	<b>1:10:05</b>
02:48-	08:39+	17:09+	21:48+
02:48-	05:51+	08:30+	04:39+
00:39-	04:08@	06:08@	02:54@
	31:04+	33:07+	34:39+
	39:58+	42:12+	46:13+
	52:56+	55:11+	60:21+
	65:07+	66:17+	68:44+
	69:54+	70:05+	70:05+
	02:03+	01:32=	05:19+
	02:14+	04:01+	06:43+
	02:15+	05:10+	04:46+
	01:10+	02:27+	01:10+
	01:10+	02:27+	01:10+
	00:00=	00:42#	00:11+
	00:31#	02:20&	00:49&
	00:34#	00:04+	00:03+
	00:36&	00:04+	00:04+
	00:04+	00:04+	00:01-
<b>15</b>	<b>Mogens Christensen</b>	<b>5</b>	<b>1:11:16</b>
05:07+	08:58+	12:12+	14:34+
05:07+	03:51+	03:14+	02:22+
01:40&	02:08@	00:52&	00:37&
	21:48+	24:04+	25:59+
	33:21+	36:55+	41:03+
	49:20+	51:35+	57:02+
	62:40+	66:58+	69:36+
	71:03+	71:16+	71:16+
	04:29+	02:16+	01:55+
	07:22+	03:34+	04:08+
	08:17+	02:15+	05:27+
	05:38+	04:18+	02:38+
	01:27+	00:13+	00:13+
	00:23#	02:45&	01:31&
	00:38#	03:54&	00:49&
	00:49&	00:56#	03:11@
	00:47&	00:21&	00:21&
	00:21&	00:21&	00:21&
<b>16</b>	<b>Kaj Jansson</b>	<b>6</b>	<b>1:13:20</b>
04:03+	07:23+	10:58+	13:45+
04:03+	03:20+	03:35+	02:47+
00:36#	01:37&	01:13&	01:02&
	25:20+	27:43+	34:40+
	38:42+	43:10+	51:11+
	53:12+	60:42+	66:49+
	68:42+	71:38+	73:09+
	73:09+	73:20+	73:20+
	04:02+	04:28+	08:01+
	02:01+	07:30+	06:07+
	01:53+	02:56+	01:31+
	00:11-	00:11-	00:11-
	02:20&	01:59&	00:58&
	03:38&	00:35&	00:35&
	00:35&	00:25&	00:46&
	01:05&	00:25&	00:25&
	00:01-	00:01-	00:01-
<b>17</b>	<b>Thorkild Holm Pedersen</b>	<b>5</b>	<b>1:14:15</b>
03:30+	06:23+	10:29+	16:11+
03:30+	02:53+	04:06+	05:42+
00:03+	01:10&	01:44&	03:57@
	27:31+	29:28+	36:05+
	43:23+	52:14+	54:01+
	61:32+	68:44+	70:12+
	72:39+	74:02+	74:15+
	74:15+	74:15+	74:15+
	03:37+	01:57+	06:37+
	03:05+	04:13+	08:51+
	01:47+	07:31+	07:12+
	02:27+	01:23+	01:23+
	00:13+	00:13+	00:13+
	01:02&	00:43#	04:28@
	00:21#	02:55&	02:30&
	00:21&	00:21&	00:21&
	00:36&	00:17&	00:01+
<b>18</b>	<b>Kaj Kaspersen</b>	<b>1</b>	<b>1:16:12</b>
02:56-	04:53-	07:20-	12:55+
02:56-	01:57+	02:27+	05:35+
00:31-	00:14#	00:05+	03:50@
	24:34+	26:39+	30:15+
	35:18+	37:45+	44:12+
	52:27+	53:53+	58:29+
	63:01+	72:34+	74:49+
	75:59+	76:12+	76:12+
	09:37+	02:05+	03:36+
	05:03+	02:27+	06:27+
	08:15+	01:26=	04:36=
	04:32-	02:15+	01:10+
	00:13+	00:13+	00:13+
	00:26+	00:24#	02:57&
	03:52&	00:00=	00:00=
	00:10-	08:26@	00:24#
	00:04+	00:04+	00:04+

Class	Navn	Klasse																Tid	
<b>20</b>	<b>Åge Lillethorup</b>	<b>6</b>																<b>1:19:19</b>	
03:42+	06:02+	12:15+	14:49+	17:02+	21:20+	23:51+	26:16+	33:34+	36:19+	40:29+	55:38+	61:10+	66:54+	72:57+	74:47+	77:22+	79:05+	79:19+	
03:42+	02:20+	06:13+	02:34+	02:13+	04:18+	02:31+	02:25+	07:18+	02:45+	04:10+	15:09+	05:32+	05:44+	06:03+	01:50+	02:35+	01:43+	00:14+	
00:15+	00:37&	03:51@	00:49&	00:28&	01:01&	00:42&	00:53&	02:41&	00:42&	00:40#	10:46@	04:06@	01:08#	01:21&	00:43&	00:44&	00:37&	00:02#	
<b>21</b>	<b>Svend Erik Skovsgaard</b>	<b>7</b>																<b>1:22:40</b>	
04:45+	07:32+	18:54+	21:59+	25:29+	30:02+	33:22+	35:41+	42:46+	46:02+	51:09+	59:49+	62:00+	70:25+	76:13+	78:26+	81:06+	82:30+	82:40+	
04:45+	02:47+	11:22+	03:05+	03:30+	04:33+	03:20+	02:19+	07:05+	03:16+	05:07+	08:40+	02:11+	08:25+	05:48+	02:13+	02:40+	01:24+	00:10-	
01:18&	01:04&	09:00@	01:20&	01:45&	01:16&	01:31&	00:47&	02:28&	01:13&	01:37&	04:17&	00:45&	03:49&	01:06#	01:06&	00:49&	00:18&	00:02-	
<b>22</b>	<b>Kim Topp</b>	<b>6</b>																<b>1:35:28</b>	
04:00+	06:52+	10:12+	13:08+	15:45+	22:31+	25:06+	27:06+	33:48+	36:57+	40:49+	61:58+	63:59+	70:51+	77:41+	90:29+	93:46+	95:14+	95:28+	
04:00+	02:52+	03:20+	02:56+	02:37+	06:46+	02:35+	02:00+	06:42+	03:09+	03:52+	21:09+	02:01+	06:52+	06:50+	12:48+	03:17+	01:28+	00:14+	
00:33#	01:09&	00:58&	01:11&	00:52&	03:29@	00:46&	00:28&	02:05&	01:06&	00:22#	16:46@	00:35&	02:16&	02:08&	11:41@	01:26&	00:22&	00:02#	
<b>23</b>	<b>Per Hauge</b>	<b>5</b>																<b>1:40:58</b>	
05:28+	08:38+	12:56+	25:33+	29:02+	35:09+	38:07+	44:07+	51:53+	55:36+	60:33+	73:58+	77:04+	84:53+	93:53+	95:27+	98:52+	100:46+	100:58+	
05:28+	03:10+	04:18+	12:37+	03:29+	06:07+	02:58+	06:00+	07:46+	03:43+	04:57+	13:25+	03:06+	07:49+	09:00+	01:34+	03:25+	01:54+	00:12=	
02:01&	01:27&	01:56&	10:52@	01:44&	02:50&	01:09&	04:28@	03:09&	01:40&	01:27&	09:02@	01:40@	03:13&	04:18&	00:27&	01:34&	00:48&	00:00=	
<b>24</b>	<b>Jakob Holm</b>	<b>18</b>																<b>2:03:43</b>	
73:55+	75:58+	78:35+	81:21+	83:14+	86:55+	89:31+	91:06+	96:23+	98:58+	102:05+	107:46+	109:18+	113:58+	118:56+	120:11+	122:22+	123:30+	123:43+	
73:55+	02:03+	02:37+	02:46+	01:53+	03:41+	02:36+	01:35+	05:17+	02:35+	03:07-	05:41+	01:32+	04:40+	04:58+	01:15+	02:11+	01:08+	00:13+	
70:28@	00:20#	00:15#	01:01&	00:08+	00:24#	00:47&	00:03+	00:40#	00:32&	00:23-	01:18&	00:06+	00:04+	00:16+	00:08#	00:20#	00:02+	00:01+	
<b>Beste stræktid for klassen</b>																			
02:43	01:43	02:10	01:45	01:33	03:17	01:49	01:27	04:29	01:51	03:02	04:23	01:04	03:37	03:47	01:07	01:33	00:55	00:08	
= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.																			
<b>H60-</b>																			
<b>1</b>	<b>Arne Moe-Jensen</b>	<b>7</b>																<b>52:36</b>	
05:08=	09:03=	12:13=	18:34=	19:57=	20:38=	23:48=	26:45=	30:31=	32:49=	35:32=	37:53=	40:17=	44:37=	46:11=	48:39=	51:12=	52:26=	52:36=	
05:08=	03:55=	03:10=	06:21=	01:23=	00:41=	03:10=	02:57=	03:46=	02:18=	02:43=	02:21=	02:24=	04:20=	01:34=	02:28=	02:33=	01:14=	00:10=	
00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	00:00=	
<b>2</b>	<b>Søren Munthe</b>	<b>4</b>																<b>53:12</b>	
04:11-	08:26-	11:50-	14:17-	16:01-	16:55-	21:23-	27:02+	30:00-	32:28-	35:52+	38:58+	42:20+	45:20+	46:43+	48:55+	51:55+	53:01+	53:12+	
04:11-	04:15+	03:24+	02:27-	01:44+	00:54+	04:28+	05:39+	02:58-	02:28+	03:24+	03:06+	03:22+	03:00-	01:23-	02:12-	03:00+	01:06-	00:11+	
00:57-	00:20+	00:14+	03:54-	00:21&	00:13&	01:18&	02:42&	00:48-	00:10+	00:41&	00:45&	00:58&	01:20-	00:11-	00:16-	00:27#	00:08-	00:01+	
<b>3</b>	<b>Ole Andersen</b>	<b>1</b>																<b>53:59</b>	
03:13-	07:32-	15:03+	18:33-	20:21+	21:03+	23:51+	26:19-	30:26-	32:18-	35:35+	38:39+	41:41+	45:06+	46:40+	48:40+	52:29+	53:46+	53:59+	
03:13-	04:19+	07:31+	03:30-	01:48+	00:42+	02:48-	02:28-	04:07+	01:52-	03:17+	03:04+	03:02+	03:25-	01:34=	02:00-	03:49+	01:17+	00:13+	
01:55-	00:24#	04:21@	02:51-	00:25&	00:01+	00:22-	00:29-	00:21+	00:26-	00:34#	00:43&	00:38&	00:55-	00:00=	00:28-	01:16&	00:03+	00:03&	
<b>4</b>	<b>Gert Rebsdorf</b>	<b>4</b>																<b>55:08</b>	
03:28-	07:27-	11:31-	13:47-	15:49-	16:43-	21:18-	24:09-	27:25-	30:30-	33:50-	36:28-	40:41+	44:50+	46:51+	49:39+	53:37+	54:55+	55:08+	
03:28-	03:59+	04:04+	02:16-	02:02+	00:54+	04:35+	02:51-	03:16-	03:05+	03:20+	02:38+	04:13+	04:09-	02:01+	02:48+	03:58+	01:18+	00:13+	
01:40-	00:04+	00:54&	04:05-	00:39&	00:13&	01:25&	00:06-	00:30-	00:47&	00:37#	00:17#	01:49&	00:11-	00:27&	00:20#	01:25&	00:04+	00:03&	
<b>5</b>	<b>Keld Østergaard</b>	<b>4</b>																<b>56:46</b>	
04:02-	09:04+	12:41+	15:13-	17:11-	18:20-	23:11-	26:21-	29:34-	32:49=	36:25+	39:36+	42:21+	46:01+	47:45+	51:30+	54:59+	56:35+	56:46+	
04:02-	05:02+	03:37+	02:32-	01:58+	01:09+	04:51+	03:10+	03:13-	03:15+	03:36+	03:11+	02:45+	03:40-	01:44+	03:45+	03:29+	01:36+	00:11+	
01:06-	01:07&	00:27#	03:49-	00:35&	00:28&	01:41&	00:13+	00:33-	00:57&	00:53&	00:50&	00:21#	00:40-	00:10#	01:17&	00:56&	00:22&	00:01+	
<b>6</b>	<b>Hans Carøe</b>	<b>6</b>																<b>58:02</b>	
03:36-	08:38-	12:26+	18:01-	19:51-	20:37-	23:25-	29:01+	32:50+	35:43+	39:02+	41:26+	44:31+	48:35+	50:35+	53:32+	56:39+	57:50+	58:02+	
03:36-	05:02+	03:48+	05:35-	01:50+	00:46+	02:48-	05:36+	03:49+	02:53+	03:19+	02:24+	03:05+	04:04-	02:00+	02:57+	03:07+	01:11-	00:12+	
01:32-	01:07&	00:38#	00:46-	00:27&	00:05#	00:22-	02:39&	00:03+	00:35&	00:36#	00:03+	00:41&	00:16-	00:26&	00:29#	00:34#	00:03-	00:02#	
<b>7</b>	<b>Ole Nielsen</b>	<b>8</b>																<b>59:09</b>	
04:26-	09:55+	14:34+	17:38-	19:46-	20:46+	25:05+	28:17+	31:34+	34:37+	38:03+	40:35+	44:52+	48:53+	51:03+	53:51+	57:38+	58:59+	59:09+	
04:26-	05:29+	04:39+	03:04-	02:08+	01:00+	04:19+	03:12+	03:17-	03:03+	03:26+	02:32+	04:17+	04:01-	02:10+	02:48+	03:47+	01:21+	00:10=	
00:42-	01:34&	01:29&	03:17-	00:45&	00:19&	01:09&	00:15+	00:29-	00:45&	00:43&	00:11+	01:53&	00:19-	00:36&	00:20#	01:14&	00:07+	00:00=	
<b>8</b>	<b>Frode Mogensen</b>	<b>22</b>																<b>59:42</b>	
04:16-	10:39+	14:22+	16:44-	18:55-	20:08-	23:33-	26:47+	30:44+	33:08+	36:56+	40:51+	45:45+	50:33+	52:23+	54:22+	58:10+	59:29+	59:42+	
04:16-	06:23+	03:43+	02:22-	02:11+	01:13+	03:25+	03:14+	03:57+	02:24+	03:48+	03:55+	04:54+	04:48+	01:50+	01:59-	03:48+	01:19+	00:13+	
00:52-	02:28&	00:33#	03:59-	00:48&	00:32&	00:15+	00:17+	00:11+	00:06+	01:05&	01:34&	02:30@	00:28#	00:16#	00:29-	01:15&	00:05+	00:03&	



Class	Navn	Klasse	Tid
<b>9</b>	<b>Kjeld Simonsen</b>	<b>6</b>	<b>1:03:16</b>
04:21+	12:53+	19:01+	21:23+
04:21+	08:32+	06:08+	02:22+
01:26&	04:40@	03:17@	00:58&
	00:29&	00:07#	01:02&
	01:09&	01:09&	01:29&
	01:27&	01:35&	01:15-
	01:30&	00:50&	01:48@
	01:43&	00:31&	00:01#
<b>10</b>	<b>Henning Larsen</b>	<b>2</b>	<b>1:05:53</b>
05:52+	12:21+	17:07+	20:54+
05:52+	06:29+	04:46+	03:47+
02:57@	02:37&	01:55&	02:23@
	00:31&	02:25@	01:18&
	01:50&	01:37&	00:35&
	01:00&	01:25&	00:24+
	01:08&	01:01&	01:00&
	01:47&	00:36&	00:04&
<b>11</b>	<b>Bent Skjoldborg</b>	<b>5</b>	<b>1:08:11</b>
04:57+	11:30+	16:21+	18:48+
04:57+	06:33+	04:51+	02:27+
02:02&	02:41&	02:00&	01:03&
	00:39&	00:19&	01:24&
	01:50&	01:49&	00:29&
	01:11&	03:14@	03:08&
	02:29@	01:01&	01:09&
	01:30&	00:49&	00:04&
<b>12</b>	<b>Frank Linde</b>	<b>18</b>	<b>1:08:40</b>
04:37+	10:07+	20:10+	22:20+
04:37+	05:30+	10:03+	02:10+
01:42&	01:38&	07:12@	00:46&
	00:56&	00:10&	02:26@
	03:06@	02:11&	01:05&
	01:02&	00:50&	01:15-
	02:07&	00:42&	02:56@
	01:19&	00:22&	00:05&
<b>13</b>	<b>Flemming Brouer</b>	<b>6</b>	<b>1:10:08</b>
04:13+	11:12+	20:47+	24:59+
04:13+	06:59+	09:35+	04:12+
01:18&	03:07&	06:44@	02:48@
	00:19#	03:55@	00:33#
	02:18@	00:49&	00:45&
	01:04&	01:04&	01:15-
	02:59-	03:18+	02:06+
	03:25+	04:20+	02:25+
	00:17+	00:08&	00:08&
<b>14</b>	<b>Chris Krogh</b>	<b>9</b>	<b>1:10:15</b>
05:05+	12:01+	15:50+	18:22+
05:05+	06:56+	03:49+	02:32+
02:10&	03:04&	00:58&	01:08&
	00:24&	00:13&	00:48&
	06:39@	02:21&	00:29&
	03:16+	03:03+	06:20+
	05:07+	02:05+	03:39+
	03:49+	02:38+	01:16&
	01:41@	00:02#	
<b>15</b>	<b>Gert Odgaard</b>	<b>5</b>	<b>1:13:02</b>
04:19+	12:40+	22:25+	28:15+
04:19+	08:21+	09:45+	05:50+
01:24&	04:29@	06:54@	04:26@
	00:19#	00:10&	01:27&
	01:49&	01:56&	00:27&
	00:46&	05:16@	00:31-
	01:25&	00:43&	01:10&
	01:03&	00:27&	00:02#
<b>16</b>	<b>Poul Grøn</b>	<b>18</b>	<b>1:14:15</b>
04:42+	12:45+	18:15+	22:27+
04:42+	08:03+	05:30+	04:12+
01:47&	04:11@	02:39&	02:48@
	01:56@	00:11&	01:01&
	01:51&	02:50@	00:33&
	01:22&	02:12@	00:04-
	06:18@	00:38&	03:17@
	01:06&	00:18&	00:01#
<b>17</b>	<b>Finn Ingwersen</b>	<b>2</b>	<b>1:15:03</b>
04:05+	26:01+	29:54+	33:57+
04:05+	21:56+	03:53+	04:03+
01:10&	18:04@	01:02&	02:39@
	01:01&	00:19&	03:37@
	01:18&	01:03&	00:43&
	00:42&	01:07&	01:27-
	00:53&	01:02&	00:31&
	01:40&	00:15&	00:04&
<b>18</b>	<b>Niels Bobach</b>	<b>8</b>	<b>1:16:58</b>
04:15+	11:29+	22:20+	25:13+
04:15+	07:14+	10:51+	02:53+
01:20&	03:22&	08:00@	01:29@
	00:42&	00:12&	06:01@
	00:51&	00:46&	00:21#
	01:32&	02:34@	00:32#
	02:26@	00:57&	03:50@
	02:10&	00:32&	00:01#
<b>19</b>	<b>Knud Vogelius</b>	<b>21</b>	<b>1:18:56</b>
06:07+	20:12+	24:03+	26:25+
06:07+	14:05+	03:51+	02:22+
03:12@	10:13@	01:00&	00:58&
	00:08+	00:25&	00:38&
	04:52@	05:40@	00:29&
	01:01&	03:00@	01:31&
	01:31&	01:04&	01:44@
	02:04&	00:28&	00:03&
<b>20</b>	<b>Villy Sørensen</b>	<b>6</b>	<b>1:20:22</b>
06:13+	14:38+	20:34+	24:04+
06:13+	08:25+	05:56+	03:30+
03:18@	04:33@	03:05@	02:06@
	00:52&	00:35&	07:34@
	02:33@	02:17&	01:28&
	01:56&	02:01@	00:37#
	05:07+	01:55+	03:20+
	02:54@	00:48&	01:47@
	01:59&	00:35&	00:04&
<b>21</b>	<b>Olaf Christensen</b>	<b>9</b>	<b>1:24:39</b>
06:53+	16:05+	21:44+	24:23+
06:53+	09:12+	05:39+	02:39+
03:58@	05:20@	02:48&	01:15&
	00:40&	00:14&	03:21@
	02:05@	02:25&	01:37&
	02:10&	02:07@	01:48&
	06:10@	01:55@	03:20@
	03:02@	03:02@	01:00@
<b>22</b>	<b>Asbjørn Maintz Andersen</b>	<b>9</b>	<b>1:38:44</b>
06:43+	14:01+	22:14+	25:48+
06:43+	07:18+	08:13+	03:34+
03:48@	03:26&	05:22@	02:10@
	01:20&	00:53@	04:31@
	12:17@	02:50@	01:29&
	03:12@	02:00@	00:42#
	05:52@	02:10@	03:17@
	02:59@	01:00@	00:06&
<b>23</b>	<b>Anders Ladefoged</b>	<b>6</b>	<b>1:51:40</b>
10:03+	24:09+	32:01+	39:18+
10:03+	14:06+	07:52+	07:17+
07:08@	10:14@	05:01@	05:53@
	01:53@	01:12@	06:22@
	04:18@	03:33@	02:01@
	03:25@	03:43@	03:02&
	03:35@	04:05@	02:50@
	02:55@	01:03@	00:07&



**Beste stræktid for klassen**

02:55 03:52 02:51 01:24 01:31 00:39 02:24 01:58 02:40 01:39 02:32 01:57 02:20 02:13 01:07 01:33 02:33 00:57 00:09

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.

**H70-**

<b>1</b>	<b>Finn Søndergaard</b>	<b>6</b>	<b>46:45</b>
04:43=	09:36= 14:15= 16:59=	19:41= 21:41= 24:20=	26:41= 32:03= 35:03= 38:12= 41:31= 45:03= 46:33= 46:45=
04:43=	04:53= 04:39= 02:44= 02:42=	02:00= 02:39= 02:21=	05:22= 03:00= 03:09= 03:19= 03:32= 01:30= 00:12=
00:00=	00:00= 00:00= 00:00=	00:00= 00:00= 00:00=	00:00= 00:00= 00:00= 00:00= 00:00= 00:00= 00:00=
<b>2</b>	<b>Max Hansen</b>	<b>6</b>	<b>47:33</b>
02:30=	05:40= 13:25= 15:49=	19:17= 21:27= 24:15=	26:23= 31:24= 35:18+ 38:43+ 42:15+ 46:04+ 47:22+ 47:33+
02:30=	03:10= 07:45+ 02:24=	03:28+ 02:10+ 02:48+	02:08= 05:01= 03:54+ 03:25+ 03:32+ 03:49+ 01:18= 00:11=
02:13=	01:43= 03:06& 00:20=	00:46& 00:10+ 00:09+	00:13= 00:21= 00:54& 00:16+ 00:13+ 00:17+ 00:12= 00:01=
<b>3</b>	<b>Ole F. Thomsen</b>	<b>5</b>	<b>47:46</b>
02:31=	06:26= 09:59= 12:29=	16:06= 18:11= 21:07=	25:30= 31:02= 34:21= 38:09= 41:15= 45:57+ 47:35+ 47:46+
02:31=	03:55= 03:33= 02:30=	03:37+ 02:05+ 02:56+	04:23+ 05:32+ 03:19+ 03:48+ 03:06= 04:42+ 01:38+ 00:11=
02:12=	00:58= 01:06= 00:14=	00:55& 00:05+ 00:17#	02:02& 00:10+ 00:19# 00:39# 00:13= 01:10& 00:08+ 00:01=
<b>4</b>	<b>Frants Nielsen</b>	<b>1</b>	<b>48:11</b>
02:21=	05:42= 09:42= 12:06=	14:55= 17:04= 23:02=	25:38= 31:56= 35:50+ 39:26+ 42:32+ 46:29+ 47:57+ 48:11+
02:21=	03:21= 04:00= 02:24=	02:49+ 02:09+ 05:58+	02:36+ 06:18+ 03:54+ 03:36+ 03:06= 03:57+ 01:28= 00:14+
02:22=	01:32= 00:39= 00:20=	00:07+ 00:09+ 03:19@	00:15# 00:56# 00:54& 00:27# 00:13= 00:25# 00:02= 00:02#
<b>5</b>	<b>Kai Ø. Laursen</b>	<b>8</b>	<b>50:44</b>
04:18=	07:33= 13:54= 16:14=	20:04+ 22:10+ 24:49+	29:09+ 35:59+ 38:28+ 41:08+ 45:25+ 49:12+ 50:33+ 50:44+
04:18=	03:15= 06:21+ 02:20=	03:50+ 02:06+ 02:39=	04:20+ 06:50+ 02:29= 02:40= 04:17+ 03:47+ 01:21= 00:11=
00:25=	01:38= 01:42& 00:24=	01:08& 00:06+ 00:00=	01:59& 01:28& 00:31= 00:29= 00:58& 00:15+ 00:09= 00:01=
<b>6</b>	<b>Clive Allen</b>	<b>21</b>	<b>51:09</b>
02:44=	05:42= 09:14= 11:17=	14:50= 16:48= 19:26=	21:52= 29:26= 31:51= 39:17+ 44:28+ 49:22+ 50:57+ 51:09+
02:44=	02:58= 03:32= 02:03=	03:33+ 01:58= 02:38=	02:26+ 07:34+ 02:25= 07:26+ 05:11+ 04:54+ 01:35+ 00:12=
01:59=	01:55= 01:07= 00:41=	00:51& 00:02= 00:01=	00:05+ 02:12& 00:35= 04:17@ 01:52& 01:22& 00:05+ 00:00=
<b>7</b>	<b>Tage Baun</b>	<b>2</b>	<b>51:47</b>
02:30=	07:13= 12:34= 14:46=	17:45= 20:44= 25:36+	28:10+ 33:39+ 36:45+ 40:49+ 44:41+ 50:07+ 51:33+ 51:47+
02:30=	04:43= 05:21+ 02:12=	02:59+ 02:59+ 04:52+	02:34+ 05:29+ 03:06+ 04:04+ 03:52+ 05:26+ 01:26= 00:14+
02:13=	00:10= 00:42# 00:32=	00:17# 00:59& 02:13&	00:13+ 00:07+ 00:06+ 00:55& 00:33# 01:54& 00:04= 00:02#
<b>8</b>	<b>Flemming Nørgaard</b>	<b>18</b>	<b>52:32</b>
03:25=	06:51= 14:37+ 20:54+	22:45+ 25:15+ 27:17+	29:58+ 32:15+ 38:06+ 40:57+ 43:57+ 47:23+ 50:49+ 52:21+ 52:32+
03:25=	03:26= 07:46+ 06:17+	01:51= 02:30+ 02:02=	02:41+ 02:17= 05:51+ 02:51= 03:00= 03:26= 03:26+ 01:32+ 00:11+
01:18=	01:27= 03:07& 03:33@	00:51= 00:30# 00:37=	00:20# 03:05= 02:51& 00:18= 00:19= 00:06= 01:56@ 01:20@ 00:11+
<b>9</b>	<b>Poul Nøhr</b>	<b>21</b>	<b>54:09</b>
02:45=	06:33= 11:18= 19:06+	23:05+ 25:31+ 29:28+	33:04+ 38:00+ 41:59+ 44:57+ 48:15+ 52:46+ 53:56+ 54:09+
02:45=	03:48= 04:45+ 07:48+	03:59+ 02:26+ 03:57+	03:36+ 04:56= 03:59+ 02:58= 03:18= 04:31+ 01:10= 00:13+
01:58=	01:05= 00:06+ 05:04@	01:17& 00:26# 01:18&	01:15& 00:26= 00:59& 00:11= 00:01= 00:59& 00:20= 00:01+
<b>10</b>	<b>Ole Christensen</b>	<b>2</b>	<b>55:17</b>
03:45=	08:04= 13:04= 15:56=	18:58= 21:25= 25:02+	28:11+ 35:12+ 39:50+ 44:49+ 48:49+ 53:37+ 55:02+ 55:17+
03:45=	04:19= 05:00+ 02:52+	03:02+ 02:27+ 03:37+	03:09+ 07:01+ 04:38+ 04:59+ 04:00+ 04:48+ 01:25= 00:15+
00:58=	00:34= 00:21+ 00:08+	00:20# 00:27# 00:58&	00:48& 01:39& 01:38& 01:50& 00:41# 01:16& 00:05= 00:03#
<b>11</b>	<b>Jørgen Stamp</b>	<b>15</b>	<b>57:02</b>
02:24=	07:42= 13:34= 22:42+	26:22+ 28:30+ 32:13+	35:24+ 41:32+ 44:44+ 47:46+ 51:48+ 55:30+ 56:48+ 57:02+
02:24=	05:18+ 05:52+ 09:08+	03:40+ 02:08+ 03:43+	03:12+ 06:08+ 03:02= 04:02+ 03:42+ 01:18= 00:14+
02:19=	00:25+ 01:13& 06:24@	00:58& 00:08+ 01:04&	00:50& 00:46# 00:12+ 00:07= 00:43# 00:10+ 00:12= 00:02#
<b>12</b>	<b>Jørn Thomsen</b>	<b>14</b>	<b>58:01</b>
04:06=	08:13= 13:13= 15:55=	19:07= 21:52+ 28:59+	32:09+ 38:45+ 42:54+ 47:21+ 51:14+ 56:13+ 57:48+ 58:01+
04:06=	04:07= 05:00+ 02:42=	03:12+ 02:45+ 07:07+	03:10+ 06:36+ 04:09+ 04:27+ 03:53+ 04:59+ 01:35+ 00:13+
00:37=	00:46= 00:21+ 00:02=	00:30# 00:45& 04:28@	00:49& 01:14# 01:09& 01:18& 00:34# 01:27& 00:05+ 00:01+
<b>13</b>	<b>Arne Pedersen</b>	<b>4</b>	<b>1:00:31</b>
03:10=	08:06= 13:33= 16:18=	20:09+ 23:10+ 27:44+	31:00+ 40:12+ 44:40+ 49:36+ 53:41+ 58:36+ 60:15+ 60:31+
03:10=	04:56+ 05:27+ 02:45+	03:51+ 03:01+ 04:34+	03:16+ 09:12+ 04:28+ 04:56+ 04:05+ 04:55+ 01:39+ 00:16+
01:33=	00:03+ 00:48# 00:01+	01:09& 01:01& 01:55&	00:55& 03:50& 01:28& 01:47& 00:46# 01:23& 00:09+ 00:04&

Class	Navn	Klasse											Tid		
<b>14</b>	<b>Finn Hother Madsen</b>	<b>18</b>											<b>1:03:36</b>		
07:34+	11:26+	20:08+	22:43+	27:07+	29:46+	34:19+	37:37+	43:43+	47:35+	52:38+	57:20+	61:34+	63:20+	63:36+	
07:34+	03:52-	08:42+	02:35-	04:24+	02:39+	04:33+	03:18+	06:06+	03:52+	05:03+	04:42+	04:14+	01:46+	00:16+	
02:51&	01:01-	04:03&	00:09-	01:42&	00:39&	01:54&	00:57&	00:44#	00:52&	01:54&	01:23&	00:42#	00:16#	00:04&	
<b>15</b>	<b>Hans Jørgen Simonsen</b>	<b>18</b>											<b>1:03:41</b>		
05:21+	09:52+	14:43+	18:18+	22:05+	24:45+	28:22+	31:29+	38:14+	41:45+	46:39+	55:14+	61:40+	63:24+	63:41+	
05:21+	04:31-	04:51+	03:35+	03:47+	02:40+	03:37+	03:07+	06:45+	03:31+	04:54+	08:35+	06:26+	01:44+	00:17+	
00:38#	00:22-	00:12+	00:51&	01:05&	00:40&	00:58&	00:46&	01:23&	00:31#	01:45&	05:16@	02:54&	00:14#	00:05&	
<b>16</b>	<b>Kai Hansen</b>	<b>6</b>											<b>1:06:25</b>		
03:23-	08:48-	17:18+	21:45+	26:25+	28:34+	31:51+	34:38+	42:20+	45:21+	49:55+	59:53+	64:41+	66:09+	66:25+	
03:23-	05:25+	08:30+	04:27+	04:40+	02:09+	03:17+	02:47+	07:42+	03:01+	04:34+	09:58+	04:48+	01:28-	00:16+	
01:20-	00:32#	03:51&	01:43&	01:58&	00:09+	00:38#	00:26#	02:20&	00:01+	01:25&	06:39@	01:16&	00:02-	00:04&	
<b>17</b>	<b>Per Lind Jensen</b>	<b>9</b>											<b>1:08:15</b>		
03:35-	10:39+	15:29+	20:24+	26:06+	28:49+	33:20+	36:33+	43:54+	47:48+	55:05+	61:27+	66:21+	67:58+	68:15+	
03:35-	07:04+	04:50+	04:55+	05:42+	02:43+	04:31+	03:13+	07:21+	03:54+	07:17+	06:22+	04:54+	01:37+	00:17+	
01:08-	02:11&	00:11+	02:11&	03:00@	00:43&	01:52&	00:52&	01:59&	00:54&	04:08@	03:03&	01:22&	00:07+	00:05&	
<b>18</b>	<b>Palle Møller Nielsen</b>	<b>15</b>											<b>1:08:54</b>		
03:09-	07:21-	11:24-	14:10-	24:43+	27:07+	31:31+	36:52+	43:45+	47:12+	56:38+	61:55+	67:08+	68:41+	68:54+	
03:09-	04:12-	04:03-	02:46+	10:33+	02:24+	04:24+	05:21+	06:53+	03:27+	09:26+	05:17+	05:13+	01:33+	00:13+	
01:34-	00:41-	00:36-	00:02+	07:51@	00:24#	01:45&	03:00@	01:31&	00:27#	06:17@	01:58&	01:41&	00:03+	00:01+	
<b>19</b>	<b>Bent Nielsen</b>	<b>18</b>											<b>1:10:16</b>		
07:59+	12:27+	18:15+	22:20+	27:32+	30:29+	35:23+	38:44+	45:58+	49:42+	55:47+	63:14+	68:28+	70:02+	70:16+	
07:59+	04:28-	05:48+	04:05+	05:12+	02:57+	04:54+	03:21+	07:14+	03:44+	06:05+	07:27+	05:14+	01:34+	00:14+	
03:16&	00:25-	01:09#	01:21&	02:30&	00:57&	02:15&	01:00&	01:52&	00:44#	02:56&	04:08@	01:42&	00:04+	00:02#	
<b>20</b>	<b>Åge Knudsen</b>	<b>1</b>											<b>1:12:45</b>		
03:26-	08:38-	13:20-	16:03-	21:01+	24:40+	29:12+	37:41+	44:41+	49:52+	60:18+	65:05+	70:12+	72:28+	72:45+	
03:26-	05:12+	04:42+	02:43-	04:58+	03:39+	04:32+	08:29+	07:00+	05:11+	10:26+	04:47+	05:07+	02:16+	00:17+	
01:17-	00:19+	00:03+	00:01-	02:16&	01:39&	01:53&	06:08@	01:38&	02:11&	07:17@	01:28&	01:35&	00:46&	00:05&	
<b>21</b>	<b>Per Jessen-Klixbüll</b>	<b>18</b>											<b>1:14:37</b>		
02:38-	06:02-	11:20-	23:32+	26:21+	29:54+	32:57+	42:35+	48:28+	54:29+	58:30+	68:02+	72:37+	74:20+	74:37+	
02:38-	03:24-	05:18+	12:12+	02:49+	03:33+	03:03+	09:38+	05:53+	06:01+	04:01+	09:32+	04:35+	01:43+	00:17+	
02:05-	01:29-	00:39#	09:28@	00:07+	01:33&	00:24#	07:17@	00:31+	03:01@	00:52&	06:13@	01:03&	00:13#	00:05&	
<b>22</b>	<b>Preben Munk</b>	<b>7</b>											<b>1:16:35</b>		
04:11-	09:23-	15:37+	26:49+	32:01+	35:06+	40:59+	44:42+	53:18+	58:10+	64:28+	69:02+	74:10+	76:16+	76:35+	
04:11-	05:12+	06:14+	11:12+	05:12+	03:05+	05:53+	03:43+	08:36+	04:52+	06:18+	04:34+	05:08+	02:06+	00:19+	
00:32-	00:19+	01:35&	08:28@	02:30&	01:05&	03:14@	01:22&	03:14&	01:52&	03:09&	01:15&	01:36&	00:36&	00:07&	
<b>23</b>	<b>Peter Arildsen</b>	<b>5</b>											<b>1:17:04</b>		
06:34+	12:20+	20:44+	23:52+	28:52+	31:51+	36:46+	40:47+	49:45+	57:17+	63:15+	68:25+	74:58+	76:45+	77:04+	
06:34+	05:46+	08:24+	03:08+	05:00+	02:59+	04:55+	04:01+	08:58+	07:32+	05:58+	05:10+	06:33+	01:47+	00:19+	
01:51&	00:53#	03:45&	00:24#	02:18&	00:59&	02:16&	01:40&	03:36&	04:32@	02:49&	01:51&	03:01&	00:17#	00:07&	
<b>24</b>	<b>Jørgen Jensen</b>	<b>2</b>											<b>1:21:19</b>		
09:38+	14:44+	19:24+	24:34+	29:33+	32:45+	39:19+	48:21+	56:03+	61:12+	66:31+	72:46+	79:34+	81:03+	81:19+	
09:38+	05:06+	04:40+	05:10+	04:59+	03:12+	06:34+	09:02+	07:42+	05:09+	05:19+	06:15+	06:48+	01:29-	00:16+	
04:55@	00:13+	00:01+	02:26&	02:17&	01:12&	03:55@	06:41@	02:20&	02:09&	02:10&	02:56&	03:16&	00:01-	00:04&	
<b>25</b>	<b>Christian Als</b>	<b>7</b>											<b>1:22:39</b>		
03:35-	20:07+	24:45+	28:21+	32:01+	36:12+	46:24+	50:03+	56:51+	61:26+	67:01+	75:46+	80:44+	82:23+	82:39+	
03:35-	16:32+	04:38-	03:36+	03:40+	04:11+	10:12+	03:39+	06:48+	04:35+	05:35+	08:45+	04:58+	01:39+	00:16+	
01:08-	11:39@	00:01-	00:52&	00:58&	02:11@	07:33@	01:18&	01:26&	01:35&	02:26&	05:26@	01:26&	00:09+	00:04&	
<b>26</b>	<b>Vagn Lidegaard</b>	<b>4</b>											<b>1:23:09</b>		
03:16-	08:39-	14:36+	18:42+	29:07+	33:15+	39:28+	43:22+	51:51+	59:24+	68:43+	73:36+	80:40+	82:54+	83:09+	
03:16-	05:23+	05:57+	04:06+	10:25+	04:08+	06:13+	03:54+	08:29+	07:33+	09:19+	04:53+	07:04+	02:14+	00:15+	
01:27-	00:30#	01:18&	01:22&	07:43@	02:08@	03:34@	01:33&	03:07&	04:33@	06:10@	01:34&	03:32&	00:44&	00:03#	
<b>27</b>	<b>Karl Ditlevsen</b>	<b>2</b>											<b>1:26:11</b>		
03:02-	16:25+	36:34+	40:57+	45:17+	48:07+	53:05+	59:55+	67:02+	70:24+	75:48+	80:20+	84:19+	85:56+	86:11+	
03:02-	13:23+	20:09+	04:23+	04:20+	02:50+	04:58+	06:50+	07:07+	03:22+	05:24+	04:32+	03:59+	01:37+	00:15+	
01:41-	08:30@	15:30@	01:39&	01:38&	00:50&	02:19&	04:29@	01:45&	00:22#	02:15&	01:13&	00:27#	00:07+	00:03#	
<b>28</b>	<b>Christen Filskov</b>	<b>14</b>											<b>1:28:24</b>		
05:09+	11:37+	21:09+	25:04+	30:37+	35:13+	42:35+	47:47+	57:10+	63:05+	70:13+	79:00+	85:48+	87:59+	88:24+	
05:09+	06:28+	09:32+	03:55+	05:33+	04:36+	07:22+	05:12+	09:23+	05:55+	07:08+	08:47+	06:48+	02:11+	00:25+	
00:26+	01:35&	04:53@	01:11&	02:51@	02:36@	04:43@	02:51@	04:01&	02:55&	03:59@	05:28@	03:16&	00:41&	00:13@	

Class	Navn	Klasse													Tid
<b>29</b>	<b>Erling G. Jensen</b>	<b>8</b>													<b>1:39:26</b>
09:53+	31:25+	35:50+	38:32+	43:38+	52:18+	59:42+	63:24+	73:48+	78:04+	86:15+	90:37+	97:31+	99:12+	99:26+	
09:53+	21:32+	04:25-	02:42-	05:06+	08:40+	07:24+	03:42+	10:24+	04:16+	08:11+	04:22+	06:54+	01:41+	00:14+	
05:10@	16:39@	00:14-	00:02-	02:24&	06:40@	04:45@	01:21&	05:02&	01:16&	05:02@	01:03&	03:22&	00:11#	00:02#	
<b>30</b>	<b>Tage Arent Jensen</b>	<b>7</b>													<b>1:43:36</b>
07:43+	13:43+	29:30+	49:59+	57:41+	61:47+	66:32+	70:29+	78:04+	83:52+	91:12+	96:32+	101:37+	103:20+	103:36+	
07:43+	06:00+	15:47+	20:29+	07:42+	04:06+	04:45+	03:57+	07:35+	05:48+	07:20+	05:20+	05:05+	01:43+	00:16+	
03:00&	01:07#	11:08@	17:45@	05:00@	02:06@	02:06&	01:36&	02:13&	02:48&	04:11@	02:01&	01:33&	00:13#	00:04&	
<b>Beste stræktid for klassen</b>															
02:21	02:58	03:32	02:03	01:51	01:58	02:02	02:08	02:17	02:25	02:40	03:00	03:26	01:10	00:11	

= Som klassevinner , - raskere, + senere, # 10% tab, & 25% tab, @ 100% tab.